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Vol. 46, Issue 3 - October 2021

Building brighter futures at Sunrise

By Ann Caine



Respite for young adults with special needs is extremely underserved, with a five-year wait list. Availability of affordable supported housing has an even longer wait list. Having served this vulnerable population for close to 40 years, Sunrise has the experience and ability to support this group of people in a meaningful way.

In 2018, following three years of research into existing Respite and Residential services in several communities, we formed a Capital Steering Committee to begin the process of Rezoning a section of the Sunrise farm in order to create residential and respite services.

This rezoning was approved in September 2019.

It is also planned to expand the horse barn space, equipping Sunrise to serve more individuals with special needs, and to add a small indoor arena for specialized therapy and equine facilitated counselling.

The pandemic has impacted the progress of all major fundraising plans, but the Steering Committee members have been working hard behind the scenes, and several grants have been received to enable us to complete all the necessary architectural and engineering planning.

These plans were submitted in July to Puslinch Township for Site Plan Approval. Now awaiting final approval.

There have been farm visits from several local politicians, MPPs, MPs and the Ministry of Children, Community and Social Services, now under the direction of a new Minister, and we await her visit this Fall.

The Sunrise Board of Directors and Steering Committee members made the decision that rather than approaching the Capital Campaign in "Phases" (raising the funds for one building development at a time), it will be approached in three "Elements".

Element 1 - Residential & Respite Building.

Element 2-Arena Expansion.

Element 3-Barn Expansion & Creative Arts Building.

This will provide prospective donors the opportunity to support the part of the overall project that is most appealing to them.

In this "Quiet Phase" of the fundraising, consider enabling Sunrise to provide supportive care and developing full potential by being a part of "Building a Brighter Future" contact us at *brighterfutures@sunrise-therapeutic.ca* for the many ways in which you can contribute, and any other inquiries.

Editorial



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Our Mission

The *Puslinch Pioneer* is a monthly publication produced by local volunteers to provide an authentic source of local information about the social and political activity within the community, and to encourage participation in community events.

Volume 46: Issue 3 October, 2021 Published by volunteers for the community since 1975.

Ten issues are published a year and distributed free of charge throughout Puslinch. www.puslinchpioneer.com

Note new email addresses

Chair

Karen Harding 519-820-8114 karenpuslinchpioneer@gmail.com

Fditor

Anne Day 519 767 9383 editorpuslinchpioneer@gmail.com

Advertising & Sales
Dianne Churcher 519 763 6564
advertisingpuslinchpioneer@qmail.com

Church/Community Notices & Circulation Stella O'Krafka 519 658 4767 stellao.pioneer@gmail.com

Board members Barbara Bulmer, Barbara Chillingsworth, Genny Ribalko.

The *Puslinch Pioneer* does not necessarily endorse the opinions expressed in articles or Letters to the Editor. We reserve the right to refuse items submitted and to edit all material. All advertising is accepted in good faith.

SUBMITTING ARTICLES Items of interest to Puslinch residents are welcome. Letters to the Editor must include a telephone number.

We ask that articles be submitted by email and adhere to the Writers Guidelines which can be downloaded from www.puslinchpioneer.ca

Unless otherwise stated, the deadline for submission is the 2nd Friday of the month. Next deadline is **Friday**, **October 8**, **2021**.

Because of the increased interest we cannot guarantee inclusion, especially those received after deadline.

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October 2021 2

Council Clips

Township Parks:

PCC Park will receive renovations, while Old Morriston Park will benefit from upgraded washrooms and new lights due to the Township's successful application to the Investing in Canada Infrastructure Program, \$1.66 million in combined federal and provincial funding.

Concession 7:

Council accepted staff recommendation to resurfacing of Concession 7 road between Concessions 1 and 2, construction to begin in 2022.

Community Engagement Survey:

Township has launched a community engagement survey on EngagePuslinch.ca to gain citizen feedback on the Township's 2022 Proposed User Fees and Charges.

Survey active from August 12 to October 4.

Puslinch Information Meeting took place on September 22 at 7 pm.

Site Plan Urban Design Review:

Purpose and effect of application is to review the site plan application with respect to the Township's Urban Design Guidelines for the proposed medical office and pharmacy on a vacant lot zoned as Core Mixed Use, 10-32 Telfer Glen Street, Plan 802, Part Block 42, Morriston.

Investing in Canada Infrastructure Program:

Council authorizes the entering into a Transfer Payment Agreement with the Minister of Infrastructure under the Investing in Canada Infrastructure Program: COVID-19 Resilience Infrastructure Stream for the Renovations and Modifications to the Municipal Office. To be completed before December 31, 2023, maximum funding is 100% of total eligible costs or \$100,000 whichever is less.

Discharge of Firearms:

Council directs staff to report back on the recommendations to the draft Discharge of Firearms By-law from Council and from the public engagement, and to proceed with the public consultation outlined in report.

received Township has several complaints about the discharge of firearms at residential properties within the Township.

Parking By-law:

Council approved a by-law to regulate

parking and traffic around Aberfoyle School.

Includes a drop-off zone in front of the school and a combination of no parking and no stopping zones on both sides of Old Brock Road and Cockburn Street.

Generally restrictions apply during school drop-off and pick-up times.

County Road Closure:

Wellington Road 32 or Lake Road between Sandy Shore Blvd and McClintock Drive closed on August 30 for a culvert replacement for approximately 8 weeks. All local businesses will remain accessible during the project.

Fun at the fall fair event

By Joanne Holt



Well the weather cooperated and the Aberfovle Agricultural event started off with the excitement of horses pulling a wagon into the grounds.

It was like the pied piper with young and old giving shouts of glee. Thanks to Parker Farms.

The display of equipment from vendors was great. The small tractors made a big roar as they pulled down the track.



Then there was the amazing bag of fun and products donated by wonderful sponsors and the Aberfoyle Agricultural Society.

3

Although the event was much reduced from our traditional fair it seems everyone was ready for some good community fun.

The team of volunteers worked hard all week assembling bags, dusting off signs and filling in forms and permits. But we did it. Even the soccer club joined in.

Many thanks to participants and volunteers as well as contributors.

You made the fairgrounds come alive again, giving hope for a big event next year.

Mark your phone calendars now for a reminder. The weekend after Labour day. It's worth the wait.



TOWNSHIP OF PUSLINCH (519) 763-1226

PUSLINCH

Council Meetings (519) 763-1226

Public Information Meeting October 13 at 7am

Regular meeting October 13 at 10am

Capital & Operating Budget Meeting October 27 at 9am Regular meeting October 27 at 10am

Please check the Council Calendar at www.puslinch.ca as meetings may be subject to change.

Library Hours (519) 763-8026

For current hours and services, please call Puslinch Branch at 519.763.8026 or visit us online at www.wellington. ca/Library.

Optimist Recreation Centre Hours

All Municipal indoor facilities including Optimist Recreation the Centre Gymnasium remain closed due to the current Provincial directives. The Township has reopened their outdoor facilities for private rentals (Baseball Diamonds, Rècreation Optimist Centre Rink, Soccer Fields and Picnic Pavilion), as per the current Provincial directives. For further facility updates and media releases, please visit the Township's COVID-19 page on their website https://puslinch.ca/government/covid-19-informationand-updates/

Historical Society Archives

Saturdays 12 noon - 3 pm or for appointment email ardyne.farm@sym-patico.ca or 519-822-8559. WDG COVID restrictions apply.

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The Danish Place in Crieff is open



It is open every Friday, Saturday and Sunday from 11 a.m. to 8 p.m. They do not have a liquor license yet but are working on it and will update as soon as we get it.

Enjoy a meal in the country, close to home. Dine on the patio or indoors, with safely spaced seating. Or get takeout and make a picnic in the park.

Chef Mark Mogensen is very excited to be branching out from Black Birch Restaurant to now also operate The Danish Place. Mark brings more than 30 years of cooking experience to The Danish Place and will be offering both traditional and modern Danish dishes.

Mark received his chef training at George Brown College (after studying Chemistry at Waterloo University) and along the way earned his Red Seal.



Since 2007, he has owned and operated Black Birch Restaurant in Mono, Ontario. Prior to that, his varied career has included cooking at Tony Yorkville restaurants (even cooking for stars such as Marlon Brando and Matthew Broderick), as well as on a small cruise ship in northern Ontario, and at St. Anne's Spa.

Born in Canada, Mark's father is from Thorsager, Denmark near Aarhus, and his mother is of Ukrainian descent. Mark's grandparents immigrated from Denmark to Canada in 1948 on one of the earliest transatlantic commercial flights direct to Canada, settling first in Lucan near London, and then moving to Burlington.

Mark and his large extended Danish family have been coming to Sunset Villa since the beginning, and many have been members for decades.

The Mogensen and Bolt clan were well known for their picnic style lunches in the

park on Constitution Day. Many joined them, including the Pastor from the Danish Lutheran Church in Toronto.

Mark's grandparents Henry and Petra Mogensen and his father Ebe are all laid to rest in the Mindepark, the urn cemetery adjacent to Sunset Villa.

Mark makes his own rullepølse, as well as rye bread, and leverpostejis. He is really looking forward to sharing his love of his Danish heritage and of Danish foods by providing other authentic Danish foods for everyone to enjoy!

Debit & credit cards now accepted and reservations preferred. Please call 519-824-0539.

Election 2021

Just a word of explanation as to why the NDP candidate was not included in our election coverage in the September issue.

While every party was approached to participate, unfortunately at the time of going to print, we had not heard from the NDP candidate.

It is always our practice to be fair in our coverage, and every candidate was given the questions to answer and the number of words allowed for their submission.

AD









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Employment Opportunity School Crossing Guards Part-time/On-call/Casual

The Township of Puslinch is seeking applications for the position of School Crossing Guards to serve our neighbourhood in Aberfoyle. Crossing Guards are responsible for the safe passage of pedestrians (especially students/children) at their respective crossing, stopping traffic in accordance with the Ontario Highway Traffic Act, the Occupational Health and Safety Act and the Township policies and procedures.

Ideal candidates are responsible, community-minded individuals that have their own transportation and are available to respond to various school crossing locations twice daily – mornings and dismissal shifts during the school year. The Crossing Guards must possess strong communication skills to effectively inform students and adults of crossing rules and able to put safety first and foremost.

School Crossing Guards work during the school year, September – June, excluding holidays and Professional Development Days in all weather conditions. Working part-time or on an on-call/casual basis, shifts are approximately one hour in length during the morning and afternoon. On-the-job training is provided. Salary range is \$18.74 to \$21.93 per hour, working up to ten (10) hours per week. A Vulnerable Sector Check is a requirement of employment.

For a more detailed job description, visit our website at www. puslinch.ca. If you have questions regarding the position please email Courtenay Hoytfox at choytfox@puslinch.ca.

If you are interested in joining our team, please email a cover letter and resume in confidence to dchaffe@puslinch.ca.

We appreciate all responses and advise only those applicants selected for an interview will be contacted.

In accordance with the "Municipal Freedom of information and Protection of Privacy Act", personal information is collected under the authority of the Municipal Act, 2001, and will be used for the purpose of candidate selection.

If you need an accessible format, please email *admin@puslinch. ca* or call (519) 763-1226 ext. 227. If you are contacted regarding this position, please advise of any accommodation measures you may require during our selection process. IInformation received relating to accommodation needs of applicants will be addressed confidentially.

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Aberfoyle Garden Tractor and ATV pull a huge success

By Vince Klimkosz

The Aberfoyle Agricultural Society hosted a successful Lawn Tractor and ATV pull at the Agricultural day event on September 11 2021.

We had a record number of pulls on the sled for the afternoon of 104 hooks. After a postponed pull last year, it was great to see all the new shiny machines all ready to compete for the top spot.

The Aberfoyle Agricultural Society would like to say a special thank you to Jamie Bousfield for his time to get the track ready, Martin Deter and Paul Hohenadle for the use of their equipment to make the event happen, President Charlie Tilt for the loan of his tractor for the pull back tractor, and skilled operator Bill Hohenadle for his time to run the tractor.

Colt Laing, Shannon Sauve, Jeremy Dawn, Clayton Proctor all had a hand at registration and helping on the pull track.

I would also like to thank our sponsors of the event, Aberfoyle Snowmobiles, Cedar Power Equipment and Blue Triton (Formerly Nestle Waters) for their donations to help make this event possible.

Many hands make short work, and we are all very happy to have a successful event.



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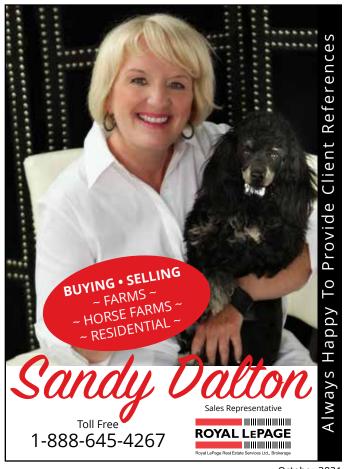
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Karen Crow



Natasha Pederson, Home Group Realty 1/2 page 1 year

In Memoriam

Irene J. Smith



March 27, 1936 Johnstone, Scotland -September 10, 2021 Guelph, Ontario

It is with broken hearts that we share the passing of Irene Smith, beloved wife of husband James (Jim) Smith and mother of Jeffrey Smith (Louise Grègoire), Kirstie Steip (Al Steip) and Elizabeth Wyatt (Joe Wyatt). Irene is survived by her sister Mary Ganson. She was a devoted and loving Grandma to Ethan, Glenn and Michael Steip and Gillian Wyatt.

Born in Johnstone, Irene grew up in Paisley, Scotland. She attended Jordanhill College School in Glasgow where she received her teaching certificate.

Shortly thereafter she emigrated to Canada in October 1957 and married Jim on November 30. Their marriage lasted 64 years. She also began her career as a teacher in Toronto practically the day after her plane landed! During the next four years, Irene balanced teaching with her other lifelong career as mum to three children under the age of five!

Following a move to Mississauga, she became a stay-at-home mum and it must be said that she did an awesome job!

The family moved to Puslinch, the mighty township just outside of Guelph, in 1972. It was here, on the 11th Concession, that she found new friendships through her love of playing Bridge. Irene was an excellent and enthusiastic player. She learned to cross country ski and would take in the fresh country air daily after the kids had hopped on the bus for school. It was always exciting to come home from school and see that mum had spent her day cutting out patterns, pinning fabric and sewing the latest patterns for new outfits while at the same time baking heaps of cookies for three hungry kids!

A short time later she, along with her good friend Cathy Burns, opened The Bathtub Ring, a bath boutique in downtown Guelph. They had contemplated naming the store The Royal Flush (Guelph is known as The Royal City) but decided that the good citizens weren't ready for that, and cooler heads prevailed.

When the kids were in a mix of high school and college, Irene went back to school herself to improve upon her already excellent piano playing. At friend and family gatherings it was certain that Irene would be at the piano accompanying Jim as he sang. That is the stuff that memories are

made of!

After Jim sold his business, Irene's next career became world traveller with Jim. They travelled together extensively, and in recent years loved to especially go on cruises (Holland America 4 Star Mariners!) Irene was an expert packer!

Irene and Jim loved to spend their winters in Florida enjoying the warm weather and playing golf. They built their dream home just a country mile down the 11th Concession after the kids had moved away. It was their summer place where friends and family gathered to swim, play tennis, and celebrate the holidays together.

Irene's greatest pleasure was talking on the phone and visiting with her four grandchildren. She was always keen to know what they were up to and delighted in hearing about their lives.

Irene was a remarkable lady. Her mixture of humour, cleverness, style and compassion has left its mark on all of us. We miss her dearly.

The family would like to give thanks to her doctors, the care teams at Guelph General Hospital, St. Joseph's Health Centre, and Home and Community Support Services Waterloo-Wellington. We are grateful.

Arrangements entrusted to the WALL-CUSTANCE FUNERAL HOME & CHAPEL 519-822-0051 / www.wallcustance.com.

Donations in memory of Irene can be made to your charity of choice and is much appreciated by the Smith family.

A tree will be planted in memory of Irene Smith in the Wall-Custance Memorial Forest.

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- Leaf and yard waste will be collected curbside in urban areas only.
- Place materials curbside by 7:00 am on the date listed here. Collection may take place any time during the week.
- Set out materials in brown paper yard waste bags and/or reusable cans clearly marked "Yard Waste."
- Small sticks can be bundled.
- Loose materials, or any in plastic bags, WILL NOT be collected.

The next leaf and yard waste collection date for Puslinch is:

WEEK B

Monday, October 25



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No one asked...

By Anne Day

If there was just one take away from Karly's talk about being trafficked into the sex trade, for me, it was take an interest in the children/teens in your life. Ask questions. Show you care and are interested in them.

Karly grew up in a small town in north east Ontario, with her parents and two siblings. She hardly saw her father who was working two jobs to keep the family afloat, but as the youngest of three, she felt he didn't love her and she'd been an accident. Her mother was distant, caught up in her own issues.

All of which led Karly to feel she was unlovable. She experienced sexual violence when she was young but with no supports around her, had no one to ask for help.

By grade 6 she was starting to act out at school and was frequently in trouble, but no one asked her why. As for high school, she never went.

By 16 she was a drug addict and at 17 she left town, but no one noticed or asked her about how she felt. Eventually her sister did notice and the family arranged for her to go to a treatment centre in BC.

But when it came time for her to leave the treatment centre, her father told her that they were not going to pay for her airfare home.

It felt like an epic rejection and her whole world crumbled. She slipped back into her drug dependence. The drugs took away the pain.

After two years she tried to get clean and came back to Ontario, to Toronto in the middle of winter, with no where to ao.

Together with another girl, she ended up in an apartment, where a man approached her and asked why she was there. He told her she was too beautiful to be there. "And in two



or three sentences, he built me up again." shared Karly. He also asked what had happened in her life to take her down this self-destructive path?

"I'd waited my whole life for someone to ask, " she confesses. He also asked about her dreams and was "He had already compassionate. identified my vulnerabilities," she adds.

He moved her out into a hotel, where she could shower. He bought her food, clothes, drugs and looked after her. "He gave me a sense of belonging, and I was willing to do anything he wanted."

This Romeo type of manipulation is common. And over time, he would stretch her boundaries and morals, as she did as he requested, just to please him.

Why did she stay? As she shares herself, she could have walked out of that hotel room and never returned, but she didn't.

Fear played a big part - fear of the violence she could receive, fear of the unknown - what would she do and he had a psychological hold over her.

"He'd built me up and broke me down again into small pieces." And he would say to her "Karly, I am so proud of you." Words she'd longed to hear growing up.

How did she get out? An undercover cop came to the hotel, and after he'd shown his badge he asked questions. "He was warm and genuine, did not judge and built a relationship with me." He left his number on a scrap of paper and asked her to call if she needed help.

And she did.

Today she is a Crisis Intervention Counsellor at a regional support service for victims of human trafficking.

She gives talks at schools, particularly with grade nine students and teams up with the Anti Human Trafficking Unit of the regional police force, and often intervenes and talks to individuals who are being trafficked.

Karly is one courageous young woman who not only has turned her life around, but is actively working to help others do the same. Thank you. Karly's presentation was part of the Guelph Rotary Clubs' series to create awareness of human trafficking. Held online the 4th Tuesday of every month at 7.00pm. The next dates are October 26th and November 30.





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In the Optimist Recreation Centre



Cardiac arrest

By Peter VanOordt

Would you know what to do if someone were in cardiac arrest?

According to the Canadian Heart and Stroke Foundation, there are approximately 40,000 cardiac arrests in Canada each year. Without rapid intervention and treatment, almost all of these cases would result in the person dying.

Cardiac arrest is the term used to describe the condition of one's heart no longer beating.

While cardiac arrest is often associated with a heart attack, not all heart attacks result in cardiac arrest, and not all cardiac arrests are caused by a heart attack.

Regardless of the cause, a cardiac arrest is an urgent, life-threatening condition that requires immediate attention.

Members of the public can increase the chances of survival for a cardiac arrest patient by providing three things as quickly as possible:

- Getting medical help by calling 911
- 2. Performing cardiopulmonary resuscitation (CPR) on the patient
- 3. Using an automated external defibrillator (AED) on the patient

An AED is a relatively small, portable device that's designed to analyze cardiac rhythms and deliver an electrical shock to correct abnormal electrical activity in the heart.

While research shows that AEDs are most effectively used by trained individuals, AEDs are safe and easy to use by almost anyone.

In fact, there are studies showing that laypersons can use AEDs safely and effectively. There are also examples



of cases where individuals with no training have successfully used an AED in an emergency situation as they are very straightforward to use and provide instructions to the operator via voice prompts.

An AED is designed to advise the operator to deliver a shock only if the heart is in a rhythm which can be corrected by defibrillation. If a shockable rhythm is not detected, the AED will not allow a shock to be given.

Increasingly, many public and private spaces have AEDs. In Puslinch, there are a number of public access AEDs installed and maintained by either the Township or the County, at locations including: the Township Office, the Puslinch Branch Public Library, the Puslinch Community Centre, the Optimist Recreation Centre, and the Aberfoyle Waste Facility.

AEDs may sometimes also be found in large retail locations, such as grocery and big-box stores, places of worship, public transportation hubs, hotels and conference centres, and other private workplaces.

Generally, public access AEDs are wall-mounted at eye-level and are well-marked as AEDs.

In order to be well-prepared to provide life-saving help in our community, consider familiarizing yourself ahead of time with where an AED can be found in the places you frequent.

Also, consider taking some training in CPR and AED use from a reputable training provider. When an AED and CPR are immediately available, the chance of survival from sudden cardiac arrest is substantially improved. By being prepared, you might be able to help save a life.

(Thank you to the Canadian Heart and Stroke Foundation for making much of the source data for this article available at www.heartandstroke.ca)





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October 2021 14



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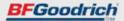


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GOOD YEAR

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UP TO \$100 IN REBATES OCT 8 - DEC 15



UP TO \$100 IN REBATES **SEPT 15 - DEC 15**

WHAT YOU DON'T KNOW ABOUT GRAVEL. BUT SHOULD.

Gravel. We all need it. We all use it. Yet most of us don't know much about it. Here's why we should. Building a community means hospitals, schools, homes, roads, and hockey rinks. For those you need gravel. Lots of it. Fact is, gravel builds strong communities like Puslinch! It's literally the foundation of our lives.

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Why does Puslinch have so many sites? *Nature* decides where gravel is found. Puslinch has some of the best deposits in the Province – used locally and close to important areas of growth in the Greater Golden Horseshoe. Puslinch is helping Ontario grow in an environmentally smart way!

Why is close important? If every gravel truck had to travel even one extra km to its jobsite it would release an additional 7,000 tonnes of greenhouse gases into the environment each year. That's not good for anyone.

The aggregate industry continuously rehabilitates sites that have been extracted. In 2020, more than 173 ha, or the equivalent of 326 football fields, were returned to agriculture, acquatic or natural areas in the MNRF Guelph District area alone.

There's a lot to know about gravel. Find out the facts at ONTARIO STONE, SAND GravelFacts.ca & GRAVEL ASSOCIATION

WHAT LOCAL REHABILITATION LOOKS LIKE





Puslinch Branch, Wellington County Library

For current hours and services, please call the Puslinch Branch 519.763.8026 or visit us online at www.wellington.ca/Library.

Take-and-Make Activity Kits

Get creative with activity kits for all ages! Contents may include a hands-on activity, activity sheets, and suggestions for additional library resources. Quantities are limited. Pick up at your local branch on a first-come, first-served basis.

Story Time at Home (All Ages)

Join us virtually for live songs, stories, rhymes, and activities aimed at developing your child's early literacy skills.

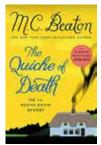
Pre-registration is required to receive a kit and virtual meeting link. If you would like to join us from another branch, please let the hosting branch know upon registration.

Wed, October 6 - 27 at 11:00 am Thur, October 7 - 28 at 11:00 am

First Friday Book Club (Adults)

Discussing *Quiche of Death* by M.C. Beaton. Please contact branch staff for meeting details.

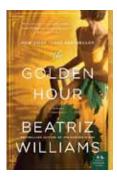
Friday, October 1



Third Tuesday Book Club (Adults) Discussing *The Golden Hour* by Beatriz

Williams. Please contact branch staff for meeting details.

Thursday, October 19



Quilt Block of the Month (Adults)

Get started on a new project by picking up a quilt block take-and-make kit. Each month features a different pattern. Fabric and instructions included. Basic sewing skills required.

Pick up in-branch beginning October 15

Just for You from WCL

Wondering what to read, watch, or listen to next? Wellington County Library staff are here to help! Tell us what you love and we'll hand-pick a selection of titles for you to borrow. For more information, visit www.wellington.ca/Just-ForYou.

While you're waiting for Just for You selections, check out this list of new books at the library.

Fiction

Akinmade-Akerstrom, Lola

In Every Mirror She's Black Boyagoda, Randy Dante's Indiana Portrait of a Scotsman Duncan, Evie Enjeti, Anjali The Parted Earth Best Laid Plans Florio, Gwen Hewitt, Kate The Edelweiss Sisters Laonde, A Glorious Fazzled Michaels, Fern 19 Yellow Moon Road Rooney, Sally Beautiful World,

Where Are You

17

Non-Fiction

Al-Solaylee, Kamal Return: Why We Go Back to Where We Come From

Alter, Lloyd Living the 1.5 Degree Lifestyle: Why Individual Climate Action Matters More Than Ever

Duber, Sarah Make Your Own Indoor Garden: How to Fill Your Home with Low Maintenance Greenery

Fox, Margalit The Confidence Men: How Two Prisoners of War Engineered the Most Remarkable Escape in History

Green, Toby
The Covid Consensus: The New
Politics of Global Inequality

Kapur, Akash Better to Have Gone: Love, Death, and the Quest for Utopia in Auroville

Meyer, Joyce Authentically, Uniquely You: Living Free from Comparison and the Need to Please

Nylund, Joanna Sisu: The Finnish Art of Courage

Thomas, Elizabeth Marshall Growing Old: Notes on Aging with Something Like Grace

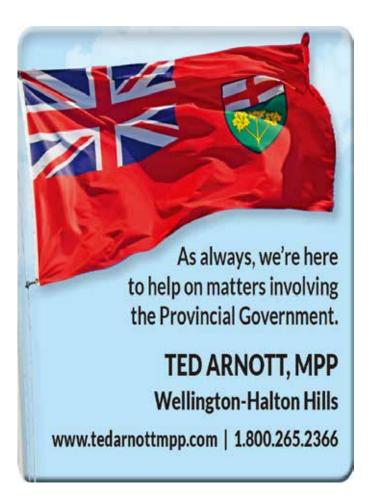
Zielinski, Eric The Essential Oils Apothecary: Advanced Strategies and Protocols for Chronic Disease and Conditions



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Ask the expert

By Katherine Granger

I have Dahlias in my garden. How can I save them over the winter?



Dahlia Fever is a thing! These flowers have an addicting way about them – once bitten by the bug there is no going back!

They add spectacular diversity of beauty to the garden and unparalleled cut flowers for arrangements.

Gardening has seen a massive surge, or more correctly resurgence, in popularity as so many have been at home more than ever.

Dahlias really come into their own this time of year when the temperature cools down. The colours perk up and peek bloom time unveils an astounding array of sizes, shapes, colours and classifications.

The American Dahlia Society (ADS) is the bible for dahlias and a lot of information is available. A couple of Canadian groups for those interested in learning more or

perhaps showing their dahlias are the Canadian Dahlia & Chrysanthemum Society and the Hamilton and District Chrysanthemum & Dahlia Society.

Dahlias are grown from a tuber, much like a potato. Hard to imagine that it will produce buckets of stunning blooms and grow more tubers for you to share.

These tubers are started in the spring. I like to start mine inside in April in pots to give them a head start although they can be started outside directly once the ground has warmed up. Dahlias do not like cold soil and may rot.

Once the frost has blackened the top growth, cut it off and dig the tuber, which hopefully has grown into a clump of tubers. Here's the thing – you don't have to. Just purchase a new tuber next year and try a new variety – there are SO many – try something new.

If you do wish to save the tubers there are a few tried and true methods to choose from.

The clumps will be muddy and must be left to dry/cure somewhere warm and dry for a few days after having been carefully dug so not to break the necks of the tubers.

Wash with a hose before drying which

makes it easier to divide them or store as is once dry and divide in the springyour choice.

The tubers can be packed into slightly damp peat moss, not touching each other to prevent rot, in a plastic container with a lid, or individually wrapped in plastic wrap, and stored in a cool, dark, frost-free space.

Make sure to label each variety. It is important they do not dry out over the storage time.

Check your tubers occasionally throughout the storage time and remove any that may have rot. The tuber has a body, neck and the eyes. If the neck is broken the tuber won't grow so take care when digging and handling.

Above the neck are the eyes, or growth points where the new growth will come from.

If the tuber has no eyes, it may grow roots but will not grow so each new section must have a healthy neck and a viable eye.

Have a happy healthy Fall everyone!

You can connect with Katherine Granger, Seeds of IMBOLC Seed & Flower Farm www.seedsofimbolc.ca

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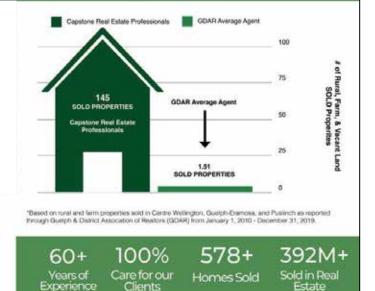
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Remarkable Puslinch People

By Marjorie Clark

Lieutenant-Colonel William Nicoll, Military Man and Politician

Lieutenant-Colonel William Nicoll is remembered in Puslinch for his long service on Council and for his active military career.

His parents, Alexander Nicoll (c.1786-1860) and Mary Alexander (c.1811-Jan. 23, 1892), were married in Saint Vigeans Church, Angus, Forfarshire, Scotland on March 17, 1834 and emigrated that same year

They settled on lot 35, rear Concession 8, Puslinch, in the Badenoch section. They had three children, Elizabeth Jane Idington Nicoll (1835-1918) married William Knowles and lived in Guelph; Mary Ann Nicoll (1842-1927) married William Ross and lived in Morriston, later Guelph, and William Meldrum Nicoll, who was born on April 27, 1845.

From youth, William Nicoll was exceptional. His father died when he was 15 years of age and Will took charge of the farm. Despite obtaining only a primary school eductation at Badenoch School, due to his position as head of the household, he read extensively. He became a man of strong and independent ideas and many endeavours.

He joined the Morriston Infantry Company, a militia unit, in 1861 and was prominent in the military from 1863. In 1865, William Nicoll organized two battalions of 76 men each in Puslinch.

Manoeuvers were held on Brown's Lot on the north-east corner of the Brock Road (Queen St.) and Badenoch St. in Morriston. In 1866, he enrolled in courses at the Toronto Military School and in 1872, at Gunnery School at Kingston.

The Puslinch battalions travelled to a drill at

Kingston in 1872. Twelve-day camps were held annually at Exhibition Park in Guelph. In 1877, he was promoted to captain and in 1881, he became a major. In 1895, he took command as lieutenant-colonel.

While in charge, he won the Governor-General's Cup five times for efficiency and the Mowat Trophy three years in succession. Lieutenant-Colonel Nicoll retired from the military in 1900.



Lieutenant-Colonel Nicoll from the 1906 Wellington County Atlas

Another major area of his endeavours, and probably the one for which he was most notable, was the political arena. He had a long career in Puslinch Council, where he was elected in 1869 and served until 1893, becoming Deputy Reeve in 1870 and holding that position until 1882, when he was elected Reeve from 1882-1894.

He was Warden of Wellington County in 1892. As well, he was appointed Division Court Clerk in Puslinch in 1885 and he found time to work as auditor for Wellington County, Puslinch Township, the Puslinch Mutual Fire Insurance Company and the Puslinch Agricultural Society. He was a member of two lodges, the Loch Buie Lodge of the Sons of Scotland, and Speed Lodge, AF and AM.

Along with all of these activities, he was farming the lot his father had settled, "Creekside Farm," to which he had added another hundred acres adjoining it in 1889, lot 34, rear Concession 8.

Here is an account of a barn raising at Creekside Farm on Saturday, June 5, 1886:

"LARGE BARN - A large barn was raised on the farm of Major Nicoll, Puslinch, on Saturday. The afternoon was wet and the work could not be proceeded with until four o'clock.

Jacob Fritz and David Clark were selected as captains and sides chosen. Everyone worked with a will and in three hours, the erection was completed. The structure is 60x80 and of the most substantial nature, constructed on the most modern principles both for convenience and appearance.

The workmanship is of a superior nature and creditable to both the framer, James McLean and the Messrs. Schultz, who did the mason work."

Unconventionally, the dance to celebrate the event was held the following week on Wednesday, June 16, 1886, instead of immediately following on the evening of the raising:

"BARN RAISING AND SOCIAL – Wednesday last was one of the warmest days of the season but the extreme heat did not prevent the young folks from gathering at Major Nicoll's residence, Puslinch, in the evening to enjoy his hospitality and celebrate the erection of his new, large and commodious barn.

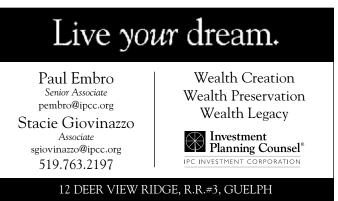
From all points came trooping youth of both sexes, until the total touched the hundreds and although the evening was close and the heat intense, dancing was begun and continued with all the zest imaginable, until nearly 3 a.m.

Music was abundant and refreshments more so, the latter being furnished with a lavishness almost amounting to extravagance.

Whatever the Major does is done well and this social was no exception and will long be remembered by those, who were present, as one of the happiest and most enjoyable of the many successful gatherings for which Badenoch and vicinity are noted."

On July 15, 1874, he married Jane "Jennie" McFarlane of Puslinch. They had a family of nine children. Lieutenant-Colonel Nicoll died on January 3, 1921, after a busy life. He was buried in Crown Cemetery.







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Heritage Matters

The Life and Death of the Calfass-Stewart Home (c.1850 - 2021)

By Mary Tivy

Until this year the homes of the three founding families of Morriston stood on neighbouring lots at the south end of the village. For over 150 years they held stories of immigration, settlement and early life in Puslinch.

One of these homes is now gone. On September 1, the Calfass homestead, a plaqued heritage house, was laid to rest.

The Calfass and Morlock families arrived in Puslinch from Germany in 1832. They settled on adjoining lots beside the Winer family on Brock Road. These families formed the roots of the German community that became Morriston.

Johannes Calfass was a trained veterinarian and a local healer. He and his wife Eva had nine children. They farmed the Calfass lands on Lot 31, Concession 7 that extended east of Queen Street, and south of Calfass Road.

The Calfass family lived in a squared log house on Queen Street, (number 54, that still stands and is plaqued for its heritage significance,) but moved in the early 1850s to a brick and stone house they built to the south.

The brickwork was signed "J Calfass." In 1856 they added a large stone addition to this house, fitted to the original section with a central doorway and peaked gable.

This residence was just one part of the extensive Calfass farm complex that included barns, an icehouse and other outbuildings to the rear of the house. But their footprint in Morriston went far beyond their farmstead.

Johannes Calfass and his family provided land and funds toward the building of the German Evangelical church. They surveyed lots and built properties still standing on Victoria Street that served as residences for hired hands, and other German immigrants.

They also operated a brickyard across the street from the Calfass homestead. Morriston brick is featured in buildings throughout the area including the beautiful 1860 Italianate commercial block at the SW corner of Calfass Road and Queen Street.

In 1906 the Calfass residence and farm was sold to the Harvey Stewart family. For almost a century, three generations of Stewarts lived in the house and farmed the property.

The Puslinch Heritage Committee presented the Stewart family with a plaque in 2000, acknowledging the house's historical significance and the homeowner's good stewardship of the building.

Four years later the Stewart property was sold to a development company. The farm buildings on it were eventually demolished. In 2017 a Heritage Impact Study for the Calfass-Stewart house recommended the developer conserve and incorporate the house into its proposed plan of subdivision called "Stewarts Landing."

In July 2021 a couple bought the house intending to preserve most of the 1850s architecture while expanding it at the rear to accommodate their large family.

But as this work began, the back wall of the original section of the house collapsed overnight. Emergency engineering reports prepared for the homeowner and the Township assessed that at least 75 percent of the house was structurally unsound and recommended demolition.

On September 1, 2021, the Calfass-Stewart house was demolished.

An unfortunate lesson has been learned. A 19th century stone house that sits empty for years without heat or protection from the elements is a recipe for ruin.

Water is the main ingredient in this recipe. It leaks through holes in the roof and down masonry walls from broken eavestrophs and downspouts.



Photo Credit: Calfass-Stewart farmhouse, 2002.

Painting by Yvonne Richardson.

Once inside the house, water leaches back out through the most permeable material in its stone walls; the lime-based mortar that was used in masonry construction until the late 1800s.

Because lime mortar is more porous than stone, and slightly water soluble, it weakens and erodes when it cannot dry out. Annual freeze and thaw cycles cause further crumbling of the mortar, creating unstable foundations and walls.

Inside the house, humidity leads to wood rot of joists, beams and load-bearing walls. Without interventions to prevent or remediate this damage, the house is at risk of collapse. This was the regrettable fate of the Calfass-Stewart house.

The distressed homeowners are salvaging as much stone as possible as they prepare for a new build. They plan to erect a monument on the property to the house and the Calfass family who built it.



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Cook's Corner

By Barbara Paterson

This recipe is quite easy despite the lengthy list of ingredients. The crust can be made while vegetables are roasting to aromatic perfection.

Mediterranean Vegetable Pie



Topping

2 cups thickly sliced mushrooms 1 medium zucchini, chopped (about 1½ cups)

1 sweet red pepper, chopped
1/4 red onion, finely chopped
2 cloves garlic, finely chopped
1 tsp. each dry basil and oregano
1/4 tsp. each salt and pepper
2 tbsp. balsamic or red wine vinegar
1 cup shredded Mozzarella or other cheese

- Place a large 13" x 9" baking sheet upside down in oven and preheat oven to 425°.
- 2. Butter another large baking sheet with a rim.
- Mix vegetables, vinegar and seasonings and place on rimmed baking sheet.

- 4. Place on top of pan already in oven and roast for about 20 minutes or until tender and starting to brown.
- 5. Place vegetables in crust and sprinkle with cheese.
- 6. Place on top of hot pan in oven and bake until crust is golden, about 20 minutes, and cheese is bubbling. Cut into wedges.

Crust

1 cup all-purpose flour 3/4 cup whole wheat flour 2 tsp. baking powder 1 tsp. dried basil 1/4 tsp. salt 3/4 cup milk 3 tbsp. butter, melted

- In a large bowl combine both flours, baking powder, basil and salt.
- 2. Pour in milk and melted butter and stir until a soft dough forms.
- Knead until smooth then roll out to a 12" x 10" oval. Place on a buttered baking sheet.
- 4. Turn in 1/2" at edge and pinch into a raised border.

These bread-crusted zucchini rounds make a perfect appetizer, especially when served with a creamy dip.

Zucchini Parmesan Crisps

3/4 cup dry bread crumbs 3/4 cup Parmesan cheese 1/3 cup all-purpose flour ½ tsp. salt ½ tsp. pepper 2 eggs



1 large zucchini, cut into ¼" thick rounds Vegetable oil Flaked sea salt (optional)

- Combine bread crumbs and Parmesan cheese in a shallow bowl.
- 2. Put all-purpose flour and salt & pepper.in another shallow bowl.
- 3. Beat eggs in a third bowl.
- Dip zucchini rounds in flour mixture first, then eggs and finally bread crumb and Parmesan. Place on a rack on cookie sheet and set aside.
- Pour enough oil into a cast iron frying pan or heavy frying pan to reach 1/2" up the sides. Heat to medium and fry zucchini slices in batches, turning once, until they are brown and crispy, about 2 minutes. Place on rack to drain.
- 6. Shake a bit of salt, if using, on crisps as soon as they are fried.
- Place on serving plate and sprinkle on more grated Parmesan cheese if desired.



Religious Services

In these ever-changing times, it is wise to double-check the website to determine if in-person services are happening or the event is taking place.

ARKELL UNITED CHURCH

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Rev. Deborah Deavu

Until further notice, there are no Sunday worship services at the Church. See the church's website for updates. To receive weekly services via email, send a message to arkellunitedchurch@hotmail.com.

BAHA'I FAITH

www.bahaisofpuslinch.ca.

• You are invited to join us in our study of – Reflections on the Life of the Spirit – a course on the spiritual nature of the human being. During the pandemic, this study will be conducted via the Zoom video conference platform. Call 519-767-3135 or email <code>lsapuslinch@gmail.com</code> for particulars of date, time and Zoom link.

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454 Arkell Road, Arkell, ON NOB 1C0 (519) 824-1161

www. calvaryguelph.com Pastors: Josh Sklar and Joe Yang

- Sunday worship: English 9:45 am Chinese 11:30 am
- Children's Worship: Sunday morning program held during main services.
- Calvary Youth: For Jr. & Sr. High programs please go to church website for more information.
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While the pandemic remains our weekly services are posted on Facebook look for Knox Presbyterian Church, Crieff.

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Email: morristonunitedchurch@gmail.com We are continuing to remain closed but are holding online services every Sunday at 10:30 am on our Facebook page. "Mount Carmel-Zion United Church". Stay tuned for news on re-opening!

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Community Events

At the Puslinch Pioneer, we like to promote community events and we ask for your cooperation in keeping them under the 50 word count so we can accommodate as many as possible. If your event is taking place outside of Puslinch, or is a for-profit venture, there is a \$25 charge for the listing.

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Inquiries call 519-822-5232.

DUFF'S CHURCH

Contact the church office at 519-763-1163 or email office@duffschurch.ca.

FREELTON UNITED CHURCH

Contact Ray McConachie at 905-659-3033 or email rayjo1819@hotmail.ca.

OPTIMIST RECREATION CENTRE AND PUSLINCH COMMUNITY CENTRE

Call (519) 763-1226 or email rentals@ puslinch.ca.

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CROWN CEMETERY PUSLINCH

Crown Cemetery Puslinch is located north of Morriston at Brock Road and Highway 401. It is a non-profit cemetery operated by a volunteer board of managers and a secretary/treasurer. We welcome all denominations for burials. For more information please visit our website at www.crowncemetery.ca or contact Darlene Harrietha at (519) 822-0874 or email darleneharrietha@gmail.com.

THE FRIENDS OF MILL CREEK

Meet at the Puslinch Community Centre at 3:30 pm. on the third Wednesday of every month (except August). If you share our passion for protecting this precious for future generations and in developing resource the next generation of conservationists, join us. For more information https://www.friendsofmillcreek.org

THE MILL CREEK SUBWATERSHED COMMUNITY LIAISON TEAM

Holds its monthly meetings the second last Thursday of each month at 1:00 PM at the Community Centre in Aberfoyle. The public is invited.

OPTIMIST CLUB OF PUSLINCH

Is one of the most active clubs in the Township. Our focus is youth. We meet on the 2nd and 4th Tuesday of each month. Visit www.optimistclubofpuslinch.com and fill out an application or call Ken at 519-763-0309 or contact any club member.

OPP.

If you have a concern about a police matter, please phone 1-888-310-1122 and request to meet an OPP officer at the Puslinch Township office.

PUSLINCH FIDDLE GROUP

Meets the 3rd Sunday of each month at Duff's Church, Nanson Hall, from 1 - 4 pm. Come out and bring your fiddle, guitar, etc. and join in some good old fiddle music. Call Paul McDonald (519)763-9764.

PARENT-CHILD PLACE

Is a free drop-in program for parents and caregivers with children birth to 6 years, running September -June. It runs on Tuesdays at the Puslinch Community Centre from 9:30-11:30.

PUSLINCH LOAN CUPBOARD HOME HEALTH CARE EQUIPMENT SERVICE

is located in Duff's Presbyterian Church. For assistance call:

Gary Will (519) 763-3958 Fred Law (519) 767-2462 Dianne Hersey (519) 824-6304 Carolyn Vandenheuvel (226) 962-1173

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THE ROTARY CLUB OF GUELPH SOUTH

Meets every Thursday at 7:30 am. Check out www.rotary7080.org/guelphsouth for more information. Contact Celia Clark for membership inquiries: (519-766-1097)

METAL RECYCLING BIN - SUNRISE FARM (6920 Conc. 1, Puslinch)

Drop off 'unwanted' metals, e.g. stainless steel, aluminum, copper, tin cans, wire, metal rods, fencing etc. in the 'Gerdau Ameristeel' recycling bin situated in our parking lot. For more info, contact Lynne O'Brien Sunrise (519) 837-0558 x31.



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