



How can we help?

By Anne Day

As we all watch in horror at what is happening in Ukraine, there is an overwhelming and urgent feeling that we have to do something. To stand by just doesn't seem right.

There are several charities that are seeking donations to help them carry out their essential work in war-torn Ukraine.

For example you can donate to the **Red Cross**. People can also call 1-800-HELP NOW to donate by phone or go to redcross.ca

At the UN, there is the **UNHCR** – the agency that supports refugees and they are asking for monthly donations. Go to Unhcr.ca to learn more.

Food shortages are a big issue, and the **World Food Program** are supporting families. In the worst affected areas, there are reports of severe shortages of food and drinking water. The WFP are scaling up their operations to reach those in need of emergency food assistance. Go to wfp.org

The Samaritan's Purse has deployed an emergency field hospital to Ukraine and it is being set up on the outskirts of Lviv. The field hospital will have two operating rooms, 60 inpatient beds and an emergency room that can handle 100 patients a day. Go to Samaritanspurse.ca

Doctors without borders has already shipped medical supplies. Staff have started to arrive in Ukraine. As the war continues, they are receiving more demands for staff and supplies. Go to Doctorswithoutborders.ca

Shelter Box provides emergency shelter – like a tent, tarpaulins, ropes, blankets, sleeping mats, water carriers, and kitchen sets. They work with network of incredible volunteers who travel to get to the families who need support. Go to Shelterboxcanada.org

Rotary Ukraine has been established by the Rotary Foundation, so donors can support relief efforts, with a Disaster Response Fund as the main avenue for contributions. Rotary.org

Some of you may wish to **sponsor a family** and Canada



Photo credit: Unsplash

has opened up its immigration streams for Ukrainians who want to come temporarily or permanently.

A dedicated service channel is available for people in Canada and abroad and is urgently processing travel documents for those who do not have valid passports.

Here is a link so you can learn more canada.ca/en/immigration-refugees-citizenship/news/2022/03/canada-to-welcome-those-fleeing-the-war-in-ukraine

Support for families when they arrive in our area, in terms of gathering clothing, household items and other necessities. Similar to what we did when the Syrian refugees arrived in Guelph.

Through the *Pioneer* we will update you and keep you informed on opportunities to help.

Many members of our community have ties to Ukraine and are anxious about their families and relatives.

As a community that cares, let's reach out and help families in Ukraine.

Editorial

Our cover article usually focuses on a local event or organization , but not this month. Like many, those of us at the *Pioneer* are alarmed and concerned about what is happening in Ukraine. Many of our residents have relatives and family there and we encourage you to reach out and help.

On a more local front, we are also sharing ways that you can help with local service clubs who are looking for volunteers to assist with events. And you can always support our bag lady, Maureen Smith, with the sale of her bags on April 23rd.

As measures related to the pandemic are reduced, it is exciting to see local events that have been on hold for the past two years are coming back, as you will read with the announcement from the Aberfoyle Agricultural Society and the return of the Aberfoyle Fall Fair. The Aberfoyle Farmers' Market will be back in May and are looking for vendors.

It seems ironic that as our world moves back to normal, whatever that may be, what is happening across the globe with the war in Ukraine, threatens to impact us all. It speaks to the importance of gratitude and taking one day at a time.

A closing thought – "All that we give into the lives of others, comes back into our own."

Anne Day

Our Mission

The *Puslinch Pioneer* is a monthly publication produced by local volunteers to provide an authentic source of local information about the social and political activity within the community, and to encourage participation in community events.

Volume 46: Issue 8 April, 2022
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The *Puslinch Pioneer* does not necessarily endorse the opinions expressed in articles or Letters to the Editor. We reserve the right to refuse items submitted and to edit all material. All advertising is accepted in good faith.

SUBMITTING ARTICLES Items of interest to Puslinch residents are welcome. Letters to the Editor must include a telephone number.

We ask that articles be submitted by email and adhere to the Writers Guidelines which can be downloaded from www.puslinchpioneer.ca

Unless otherwise stated, the deadline for submission is the 2nd Friday of the month. Next deadline is **Friday, April 8, 2022.**

Because of the increased interest we cannot guarantee inclusion, especially those received after deadline.

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Letter to the Editor

Highway 6

I read recently that the province will be widening portions of Highway 6 south of Hamilton.

Really.

The proposal to widen Highway 6 north of Hamilton, and realign it around Morriston has been on the books for nearly half a century now.

I'm told there are 25,000 vehicles per DAY still passing through the little hamlet of Morriston.

And is this to be shelved AGAIN?? Come on people, here's something worthwhile to protest about.

Betty Andersen

See response from Ted Arnott, MPP on page 10. AD

Council Clips

Permit to Take Water:

This proposal is for the renewal of Permit to Take Water for Capital Paving 4459 Concession 7 for industrial purposes. Water will be taken from one pond for aggregate washing and four wells for water supply, to operate an asphalt plant and concrete plant.

2022 Municipal Election:

Voting day is October 24, 2022, Advance voting day October 15. Alternative voting method of vote by mail is approved on request. www.puslinch.ca/2022Election

Street Naming Policy:

To outline the process for the naming of new streets and establish a mechanism addressing requests to rename existing streets. Applies only to road allowances under the jurisdiction of the Township.

Flag Flying, Proclamation and Awareness Policy:

To have a formal policy in place to be able to respond appropriately and consistently to requests for flag flying, flag lowering and proclamations.

Puslinch Community Newsletter:

Recreation Committee recommends to terminate the Puslinch Community Newsletter program and use alternative methods to promote community events.

Proposed All-Way Stop Signs:

Installation of a four-way stop at Maltby Rd and Watson Rd and three-way stop at Hume Rd and Watson Rd .

City of Guelph:

Commencing in 2022, a new traffic signal at the intersection of Gordon St and Maltby Rd and all-way stop controls at both the east and west legs of Victoria Rd and Maltby Rd.

Clair Maltby Secondary Plan:

Council believes additional monitoring wells need to be installed and monitored as part of development evolution and this will help identify ambient conditions pre-development and changes post development.

Parks Master Plan:

Construction of Phase 1 of the Parks Master Plan and Soccer Field Lighting will take place in 2022 with the proposed completion in early 2023. The soccer fields would be available for rental in early summer 2023.

Hamilton Conservation Authority:

HCA has provided membership passes to the Wellington library system, allowing library patrons to visit HCA areas at no cost, such as Fletcher Creek, Valens or Christies.

Canada and Federation of Canadian Municipalities:

The Township has been awarded \$50,000 through the Municipal Asset Management Program, to support future work on reporting of conditions and traffic volumes of the Township's road network.

Public Displays on Private Property:

Council approves by-law that will prohibit and regulate publicized displays such as Christmas or Halloween public displays on private properties.

Re-designation of Puslinch Hamlet:

Proposed County Official Plan Amendment looks at the re-designation of the historic hamlet of Puslinch to examine new options of development areas for South Wellington because of the effects of Hwy's 6 and 401 and the Morriston Bypass.

Electric Cars for Township:

The County of Wellington has partnered with neighbouring municipalities to develop a plan for a regional electric vehicle charging network.



Hamilton Conservation Authority (HCA) is excited to announce a new partnership with the Wellington, Hamilton and Grimsby Public Library Systems.

HCA has provided membership passes to these library systems, allowing library patrons to visit HCA areas at no cost! Now everyone can enjoy our fantastic conservation areas. This service is available to December 2024. <https://conservationhamilton.ca/conservation-areas/>.



TOWNSHIP OF PUSLINCH
(519) 763-1226

Council Meetings (519) 763-1226
Heritage Committee April 4th at 1pm
Planning and Development Advisory Committee April 12th at 7pm
Council Meeting April 13th at 10am
Public Information Meeting April 13th at 7pm
Please check the Council Calendar at <https://puslinch.ca/calendar/> as meetings may be subject to change.

Library Hours (519) 763-8026
For current hours and services, please call Puslinch Branch at 519.763.8026 or visit us online at www.wellington.ca/Library.

Optimist Recreation Centre Hours
The Optimist Recreation Centre Rink is closed for the season; thank you to all who attended and participated in our skating programs this year. The Optimist Recreation Centre Gymnasium is open. To view the gym schedule and current rules and restrictions, please visit our Recreation and Leisure Calendar page at <https://puslinch.ca/culture-recreation/festivals-events/recreation-and-leisure-calendar/>. For more information on our facilities, please visit our Community Facilities page at <https://puslinch.ca/culture-recreation/community-facilities/> or email services@puslinch.ca.

Historical Society Archives
Saturdays 12 noon - 3 pm or for appointment email ardyne.farm@sympati-co.ca or 519-822-8559. WDG COVID restrictions apply.

Waste Facility (519) 837-2601
Open Wednesdays, Fridays and Saturdays 8 am - 4 pm. Located at 6922 Concession #4 between County Rd.#35 and Hanlon (Hwy #6)

Attention Grade 1 – Grade 8 Students



Puslinch Junior Garden Club is celebrating 40 years.

Join us and learn a life-skill for a life-time when you grow your own vegetables.

You get to enjoy the unique taste of freshly-picked veggies, having grown them yourself!

Meetings and events will be held at the Community Centre.

Registration for 2022 season: April 6

and 7 from 9 a.m. to 6 p.m. at 4407 Victoria Rd. S., or phone Maryann Hohenadel at 519-763-9849 for an appointment.

Registration fee of \$5.00 includes seeds and plants.

The bag lady is back



Puslinch resident Maureen Smith has been making cloth bags out of recycled upholstery fabric for the past eleven years.

She donates the proceeds from the sale of the bags to local charities like

Food 4 Kids and the Salvation Army.

"I've probably made over 2,000 bags over the years, and donated close to \$10,000."

For Maureen this is about the joy of giving back. For her this is a win-win situation. "I get to sew with this amazing fabric, that would have been ditched, and the funds go to helping families in the community."

And you have the opportunity to purchase your own bag as Maureen is holding a bag sale on April 23, 11-2 at the Original Home Furniture Store, 259B Woodlawn Road West in Guelph.

The bags will sell from \$15-35 and are one of a kind. "I like to change it up and vary the type of bag I am making."

Proceeds from this sale will be going to Food 4 Kids, a charity that provides food for the weekends and holidays to children, so no child goes hungry. Over 389 children currently benefit from this service.

In recognition of her contribution, the Rotary Guelph Trillium Club presented Maureen with the Peter Moore Vocation Award this January.

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In Memoriam

Marion Louise Summer (Schneller)



1932-2022

Suddenly but peacefully we lost our dearest mother, grandmother and sister in her 90th year.

Most supportive wife of Dr. John Summers for 61 years. Loving and caring mother to Peter (Elizabeth) of Hamilton, David (Sharlene) of Brooklin, Bill (Donna) of Guelph, Karen (Stephen Osborne) of West Guilford and Darius of Eramosa.

Grandma to Jason, Lindsay, Ian and Heather. She is survived by her brother Brad (Sandra) of Mississauga and brother-in-law Malcolm of Barrie as well as many nephews, nieces and cousins and their families.

Marion was born in the village of Baden where she grew up on a dairy farm, the daughter of Wilfred and Edna Schneller.

Completing school in Baden and at Kitchener-Waterloo Collegiate, Marion was a graduate of the 1954 KW Nursing class.

Marion's talents were many including oil painting, piano, crafts and gardening; all which she enjoyed into her 90th year.

Her over 60 paintings will especially be a reminder of her for generations to come.

A resident of Puslinch Township for 54 years, she with John, made friends from around the world but especially at Redstone Lake, Haliburton and most recently at Arbor Trails.

The family extends its sincerest appreciation to the staff at Hospice Wellington.

There will be celebration of life noon on Sunday June 12th at the Guelph Arboretum.

If desired, donations to Hospice Wellington would be appreciated by the family.



Important Notice from Solid Waste Services

Good Friday Waste Facility and Curbside Collection Changes

All County of Wellington waste facilities will be **closed** on **Friday, April 15.**

Friday curbside collection will be **rescheduled** to **Saturday, April 16.**

No other collection days are affected.




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In Memoriam

Albrecht Bienzle



Albrecht Bienzle, was born on January 1, 1930 in Möhringen-Stuttgart and after a long and eventful life passed

away peacefully on Sunday March 6, 2022, at 92 years of age.

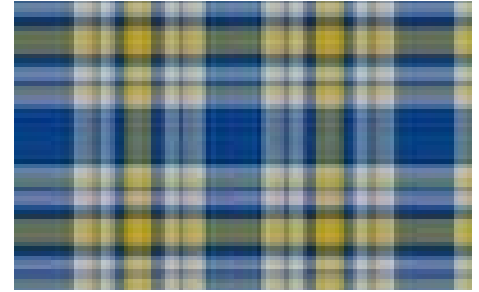
Albrecht was a farmer in Germany, and after immigrating to Canada in 1980 he farmed in Harrow, Ontario until 2001, and then in Puslinch until the end of his life.

He was predeceased by his wife Felicitas in 2014. Albrecht was devoted to his family consisting of children Christoph (Shawnee), Rosemarie (Uli), Felix (Susan), Dorothee (Lev) and Albrecht (Lilo), grandchildren Amanda, Anna, Maria, Jaspar and Katya, and great-grandchildren Riley and Finn Patrick.

He will be remembered for his kindness, his love of farming and forestry, his efforts of planting and nurturing thousands of trees, and for his love of Scrabble.

At his wish, there will be no service. The Nature Conservancy of Canada or Dying with Dignity would welcome donations in his name.

Ukraine tartan



This tartan is called Ukraine Forever. The GREAT SCOT team meticulously designed it to reflect Scotland's solidarity with the people of Ukraine; one sovereign nation to another.

The colour elements of both flags are fused together. It's a strong and emotive tartan. It will endure.

The Ukraine Forever tartan will be a key part of the company's fund raising efforts to support the Ukrainian Humanitarian appeal and the related Disasters Emergency.

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B12: The Anti-Aging and Energy Vitamin

By Dr. Laura Brown, ND



Vitamin B12 deficiency has been estimated to affect about 40 percent of people over 60 years of age, and about 40 percent of the general population are on the lower end of normal.

Vitamin B12 deficiency can look like the signs and symptoms of diseases that are commonly associated with aging such as Alzheimer's, dementia, cognitive disorders, multiple sclerosis, Parkinson's, and other neurological problems; depression and anxiety; cardiovascular disease; cancer; and low libido.

Supplementing with an active form of B12 can help reduce inflammation, which has improved symptoms of arthritis and eczema.

Vitamin B12 works with folate to make DNA, red blood cells and the insulating sheath around the nerves to help with nerve signalling.

This is how it helps symptoms of peripheral neuropathy, Bell's Palsy, shin-

gles, and other conditions that affect nerves.

Causes/Risks of B12 deficiency Vegan/vegetarianism

- Intestinal malabsorption due to low stomach acid
- Celiac disease
- Crohn's disease
- Pernicious anemia (an autoimmune condition affecting our ability to absorb B12)
- Atrophic gastritis (usually H. pylori infection in the elderly)
- Long term use of Proton Pump Inhibitors (PPI's)
- People on Metformin therapy

Symptoms of B12 Deficiency

- not much if it's mild
- weakness
- fatigue
- strange sensations
- numbness, or tingling in hands, legs, or feet
- difficulty walking such as staggering or balance problems
- anemia
- a swollen, inflamed tongue
- yellow skin
- jaundice
- difficulty thinking and reasoning
- memory loss
- paranoia or hallucinations

Testing for B12

It is a good idea to get a lab blood test once in a while to know your levels, as deficiency can start before any symptoms show up.

If there is an absorption issue suspected, we need to identify and correct that as well.

Sources of B12

Best to get B12 from hormone free, responsibly raised animal-based sources – strongest providers are the organ meats (liver, kidney) and seafood like oysters and clams.

To get ahead quickly or to supplement a vegan or vegetarian diet, you will need activated B12, so hydroxy or methyl-based cobalamin are the best.

If there are intestinal absorption issues, then you'll need a pill to dissolve under the tongue or an injection to provide the boost.

B12 Injections

At the clinic B12 injections are available. Research has shown that sublingual tablets are equally effective as injections, however I find for those suffering from mood slumps, poor energy or nerve pain, the injections can be like night and day.

The formula I use include methylated folate to be sure the B12 gets into the red blood cell and also to provide additional energy boost.

Even one shot can make a difference. Typically, once a week for a month and then once a month for a few months gets people on their way to better health.

Dr. Laura M. Brown, ND is a registered naturopathic doctor with a functional medicine approach. She has a practice at SouthEnd Natural Medicine.

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Badenoch Community Centre finally open

By Vinnie Klimkosz

After a long almost two years of being shuttered due to COVID restrictions, the Badenoch Community Centre is now fully open to the public.

Located at 4217 Watson Rd. South the former school house, SS # 9 now community centre, focuses on its Mission Statement: "Striving to offer local residents a place where they can gather to share fellowship, learning and community events in an effort to create a tangible community spirit unique to rural living".

The community centre is run by a small group of volunteers who all pitch in to see that the community centre's value lives on and is enjoyed by everyone who attends the beautiful building and grounds.



Inside you will find a well- equipped kitchen, updated washrooms and gleaming original hardwood floors. Decorated around the walls are historic photographs of some of the original sports teams, awards and accolades and special photos of interest.

Many of the original features of the building have been maintained including original black slate chalk boards, wainscoting and period light figures of the time.

There even are some original school

desks in the attic! Our community centre is a perfect, welcoming place for locals to share family reunions, music gatherings, special dinners, and is a perfect spot to host small outdoor weddings.

Over the years, many have enjoyed 4H achievement dinners, Movie nights, and meeting family and friends in a rural country setting.

There have been some changes in the past two years. Our long time booking agent and board member Florence Peer has decided to retire.

We thank her for all her time and commitment to the centre over the years and wish her a happy retirement.

We are always looking for eager volunteers to help keep the community spirit alive and well in Badenoch.

For booking information please call Ami DeVries at (226) 979 0355.

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Update on Bypass

By Ted Arnott, MPP

As the MPP for Wellington-Halton Hills, I continue to raise the need for the Highway 6 Morriston bypass project.

While we have not yet received a planned date for the construction of the bypass, I believe that progress continues to be made. The 2021 provincial budget and the 2021 fall economic statement presented by the Minister of Finance both made specific reference to the project, underscoring again the Province's commitment. The project is also referenced repeatedly in the Connecting the GGH: A Transportation Plan for the Greater Golden Horseshoe document which was recently released.

On March 9, Transportation Minister Caroline Mulroney spoke in the Ontario Legislature, stating once again that the Government is, to quote her, "saying yes to building the Morriston bypass."

I have been advised by the Ministry that a phased approach continues to be taken to complete the project, and anticipate receiving more information in the coming weeks.

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Local service clubs need you!

By Anne Day

April is Volunteer Month and this year we thought we would focus on the need for volunteers at our local service clubs.

COVID has been hard on service clubs, who rely on their annual fundraisers to provide the necessary funds they need to support local causes.

During the pandemic, they had to pivot, go online or regrettably cancel.

One of the other challenges facing Clubs has been the aging population of their members.

So to foster the community spirit in all of you, we want to highlight ways you can get involved – be it as a member, or a volunteer for a specific event.

Freelton Lions Club

Open to men and women, the Freelton Lions Club supports local organizations like Sunrise.

They do this through their annual fundraisers - Easter Fish Fry and their Turkey Roll in November when they have been known to give away 85-90 turkeys.

If you are interested in helping or joining the club contact Jim Munday – jkmunday@bell.net.

Optimist Club of Puslinch

The focus of the Optimist Club is youth and it played a vital role in the development of the Optimist Recreation Centre.

They also offer scholarships for youth going onto university, college or vocational programs.

They host events like the Santa Claus Parade, Canada Day, and Family Day Winter Classic – all of which require a large number of volunteers.



The club hosts a Fish Fry in May, and a Steak Night in the spring and fall.

If you want to learn more about the Optimist Club of Puslinch, check their website – optimistclubofpuslinch.com.

Rotary Clubs

There are four clubs in the Guelph area, all of which provide funds to local and international organizations.

Rotary Club of Guelph South

Both Guelph South and Trillium host the Tour de Guelph which will take place on June 26.



Instead of their usual Pasta night in May, the club is organizing a Community Treasure Trail – with garage sales taking place in different locations in Guelph and Puslinch. This will be on May 14, 7.30am-1pm. Raindate May 15.

Donations are welcome as well as host locations. To learn more, donate and/or volunteer, contact Sharron Riley-Persson 416-258-8588

Rotary Club of Guelph Trillium

The Ribfest, held on the last weekend in August, is the club's signature event.

With ribbers, music, classic cars and activities for children, this three-day



event offers something for everyone.

And it takes over 200 volunteers to pull it off. To volunteer contact Donna - djgraham2@icloud.com

Rotary Club of Guelph



This club hosts Sparkles in the Park, Canada Day celebrations and Lobster-fest, all of which takes volunteers to make them happen.

If you want to get involved, contact info@rotaryguelph.ca

Rotary Club of Guelph Wellington



Hosts the Duck Race every July, with proceeds going to Food 4 Kids. This is a fun fundraiser and purchasing a ticket helps too.

To learn more, contact rritsema@guelphbusinessmachines.ca

When you look at how and where you can volunteer, consider our local service clubs.

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RRSP vs TFSA – Which one is for me?

By Mary Warwick

The quick answer to that question is...IT DEPENDS.

Financial planning is NOT a one size fits all solution. The acquisition of money is not an end in and of itself, a financial planner must understand the real purpose and aspirations of the client.

So, with that said, let's get into understanding how TFSAs and RRSPs work.

RRSPs (Registered Retirement Savings Plans) have been around since 1957 in Canada. The essential concept to understand is that they only work for you if you are saving more taxes today than you will pay at a future date on withdrawal of the principle and any growth of the investment.

Whatever you put into your RRSP will be deducted from your taxable income in the year of deposit; subject to your personalized contribution room.

Note, you can go into CRA online using your online banking links to get this information or you can refer back to your Notice of Assessment received after you filed your last tax return.

Once a young person starts receiving taxable income they should file a tax return. This does NOT mean that they should immediately use that RRSP room.

When we are in a low tax bracket, we should hold onto that RRSP room (carry it forward) to the day when our income is higher and it makes sense to use it.

When considering a RRSP deposit always refer to the tax table which can easily be found through an online query.

We are taxed on a marginal tax rate system, meaning the percentage owed in tax goes up as your income reaches certain thresholds. So, don't save a bit of tax today to pay a lot more tax tomorrow.

We have all heard regrets over RRSP contributions which turn into forced income in retirement that is harming the tax payer more than it ever helped. Having said that, there are many ways to mitigate this with proper Retirement Income Planning.

Now, by comparison, let's talk about the relatively young TFSA (Tax Free Savings Account). Started in 2009, the TFSA was created to give Canadians the chance to invest after tax income into an investment whose growth would never be taxed.

Sadly, the name "savings account" has made many Canadians think your investment must be low interest rates in savings accounts. This couldn't be farther from the truth.

Your options to invest inside a TFSA are as diverse as a RRSP, which I may add no longer has foreign content limits.

Over the years, additional amounts have been added to the TFSA limit which now stands at \$81,500, if you were 18 years of age or older in 2009.

If you were younger than 18 in 2009, refer to online resources which can help calculate that limit. Also, note that your TFSA limit is across ALL TFSAs you have with different institutions.

Additionally, unlike a RRSP, your TFSA room comes back to you in the calendar year following a withdrawal.

For example, I deposit \$81,500 in 2022 to my TFSA and it grows to \$100,000 by the end of December 2025 and I decide to withdraw it. Come the following month, January 2026, I get my full \$100,000 limit back as TFSA room for 2026.

So, not only do you get the growth of your

TFSA tax free but you also keep that room going into the following year should you want to make use of it again.

Now, back to that young person who has been faithfully filing their tax returns since they started working. If an 18-year-old in 2022 is considering how to invest, their first stop should be \$6000 to a TFSA.

It is highly unlikely that their marginal tax rate would make a RRSP make sense. Having said that, should they choose, they can always use that TFSA as an RRSP contribution in the future. That simple.

Now, for retirees who are in the position of deciding how to use their RRSP/RRIF and TFSAs. You have until December 31st of the year you turn 71 to make an RRSP contribution.

In the year you turn 71 you must also convert your RRSP to a RRIF (Registered Retirement Income Fund) but you don't have to take any income until the following year.

By the same token, nothing stops you from converting your RRSP to a RRIF at 65 and delaying your CPP and OAS benefits to capitalize on increased benefits.

During retirement, supplementary income can be funneled to your TFSA (within your limits) to create tax free growth for the future which can have a named beneficiary for your estate.

Strategies in retirement income planning should be discussed with a Financial Planner as the move to retirement is the monetary equivalent of selling your business; which we always say should be planned five years in advance of the business sale.

So, that is RRSP vs TFSA in a nutshell. Please refer to appropriate government or professional resources to confirm your personal situation.

Mary Warwick is a 30 year industry veteran holding the designations of Certified Financial Planner and Chartered Investment Manager; she also has a Masters of Business Administration from the Schulich School of Business.

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Vendors wanted...



The Aberfoyle Farmers' Market is looking for vendors for the 2022 season, with the market opening May 28th to October 29th, 8.00am - 1.00pm every Saturday.

All our growers, crafters and producers are visited to learn more about what goes in to your market booth.

The Aberfoyle Farmers' Market is a LOCAL only, SEASONAL farmers' market located in the heart of downtown Aberfoyle.

Available produce is based on the Ontario growing season and is grown within mere kilometres of market. Each vendor's 'distance away' is noted on a sign at their booth.

You won't find lemons and other "tropical" food at our market, but you will find food grown by local farmers and their families. We encourage shoppers to talk to the producers and get to know their local farmers.

There are several options available for vendors. A single stall which 10- x 10' is available for \$25/week if you sign up for the entire 23 weeks, or \$30/wk for 11 weeks and if you just want occasional, it is \$35.

For a double stall, which is 10' x 20,

the cost is \$50/wk for entire season, \$60 for half season and \$70 for occasional. On top of these costs, you pay \$3/wk for access to electricity, and there is an annual registration fee of \$25 for the season.


The market also offers free stall space throughout the season to non-profit community groups and to buskers who are welcome to collect donations, sell CDs and lessons while they play.

There are other ways you can help to support the continuing success of this community run market.

Volunteer! Bring the Aberfoyle Farmers' Market to life by helping to set up or take down each market day or organize and run our special events.


Donate. To contribute please make your cheque payable to Aberfoyle Farmers' Market Association and drop it in the donation box at the market.

To learn more, and to apply go to <https://amfa.ca>



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For current hours and services, please call the Puslinch Branch 519.763.8026 or visit us online at www.wellington.ca/Library.

Take-and-Make Kits

Get creative with activity kits for all ages! Contents may include a hands-on activity, activity sheets, and suggestions for additional library resources.

Pick up at your local branch on a first-come, first-served basis.

Story Time at Home (All Ages)

Join us virtually for live songs, stories, rhymes, and activities aimed at developing your child's early literacy skills.

Pre-registration is required to receive a kit and virtual meeting link. If you would like to join us from another branch, please let the hosting branch know upon registration. Wed, April 6 – 27 at 11:00 am

First Friday Book Club (Adults)

Discussing *All Things Consolated* by Elizabeth Hay. Please contact branch staff for meeting details.

Friday, April 1



Third Tuesday Book Club (Adults)

Discussing *Everything I Never Told You* by Celeste Ng. Please contact branch staff for meeting details.

Tuesday, April 19



Scrabble Club (Adults)

Join us for an afternoon of casual word building entertainment! No experience necessary. Please register. Wed, April 6, 20 at 2:00pm

Just for You from WCL

Wondering what to read, watch, or listen to next? Wellington County Library staff are here to help!

Tell us what you love and we'll hand-pick a selection of titles for you to borrow. For more information, visit www.wellington.ca/JustForYou.

While you're waiting for Just for You selections, check out this list of new books at the library.

Fiction

- | | |
|---------------|---|
| Brown, Tracy | <i>Single Black Female</i> |
| Chang, L S | <i>The Family Chao</i> |
| Comfort, Jen | <i>The Astronaut and the Star</i> |
| Fu, Kim | <i>Lesser Known Monsters of the 21st Century: Stories</i> |
| | <i>Summer by the Sea</i> |
| | <i>Chorus</i> |
| Hale, Jenny | <i>The House of Whispers</i> |
| Kauffman, R | <i>The Bear Woman</i> |
| Kent, Anna | <i>Sisters of Night and Fog</i> |
| Ramqvist, K | |
| Robuck, Erika | |

Taylor, E

Mrs. Palfrey at the Claremont

Non-Fiction

Bellstedt Myers, Christiane
The Natural Cozy Cottage: 100 Styling Ideas to Create a Warm and Welcoming Home

Boyes, Alice
Stress-free Productivity: A Personalized Toolkit to Become your Most Efficient and Creative Self

Bulgutch, Mark
Inspiring Canadians: Forty Brilliant Canadians & Their Visions for the Nation

Haskell, David George
Sounds Wild and Broken: Sonic Marvels, Evolution's Creativity, and the Crisis of Sensory Extinction

Jonusas, Susan
Hell's Half-acre: The Untold Story of the Benders, A Serial Killer Family on the American Frontier

Kirsch, Andrew
I Was Never Here: My True Canadian Spy Story of Coffees, Code Names and Covert Operations in the Age of Terrorism

Odenkirk, Bob
Comedy Comedy Comedy Drama: A Memoir

Polley, Sarah
Run Towards the Danger: Confrontations with A Body of Memory

Rhodes, Justin
The Rooted Life: Cultivating Health & Wholeness Through Growing your Own Food

Tschiesche, Jenny
Air-fryer Cookbook: Quick, Healthy and Delicious Recipes for Beginners



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Leaf and Yard Waste Services

Leaf and yard waste will be collected curbside in **urban** areas only.

Please set out materials accordingly:

- **In brown paper yard waste bags or in reusable cans clearly marked "Yard Waste"**
- **Twigs and small branches must be in tied bundles**
- **Max 18.2 kg (40 lb) per bag, can, or bundle**

Loose materials and materials in plastic bags WILL NOT be collected.

See the collection schedule below.

2022 Puslinch Leaf and Yard Waste Curbside Collection Schedule

WEEK B
Tuesday, April 19
Monday, May 16
Monday, June 13
Monday, July 25
Monday, August 22
Monday, September 19
Monday, October 3
Monday, October 17
Monday, November 14
Monday, November 28

Please place materials curbside by 7:00 am on the Monday and keep curbside until collected. Collection may take place any time during the week. We thank you for your patience.

Drop-off

Leaf and yard waste is also accepted at all County waste facilities from April through early December. No charge for residential customers. Regular fees continue to apply to wood, brush, and commercial loads.



ACCEPTABLE

- ✓ Leaves
- ✓ Twigs and small branches no more than 92 cm (3 ft) in length and 8 cm (3 in) diameter
- ✓ Garden trimmings
- ✓ Dead plants
- ✓ Fallen fruits and nuts from trees



NOT ACCEPTABLE

- ✗ Grass clippings
- ✗ Soil, sod, and rocks
- ✗ Tree stumps
- ✗ Large branches exceeding 92 cm (3 ft) in length and 8 cm (3 in) diameter
- ✗ Plastic planter pots
- ✗ Plastic bags

Never miss a collection day!

Download the free Recycle Coach waste app from the App Store or Google Play.



 www.wellington.ca/yardwaste

519.837.2601
wasteinfo@wellington.ca

Alternate formats available upon request.



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Aberfoyle Fall Fair

By Joanne Holt



Well we are back!

After a two-year hiatus, the **Aberfoyle Fall Fair** will happen **September 9 and 10th 2022**.

We will be celebrating our 180th fair with the grand opening happening September Saturday morning at 9:30.

We are currently booking events and the full schedule will be presented on our website. Google *Aberfoylefallfair* to reach our site and watch for information regarding competitions and programs that we will be presenting.

Starting Friday night with a wrestling competition, and an antique tractor pull.

Then Saturday we have homecraft displays, reptile displays, ATV pull, children's games, horses, fowl, and

various other farm animals.

As well we have bouncy castles and bubbles and all sorts of fun activities and don't forget the farmers' market.

This is a great display of agriculture in our community, learn about your food and where it comes from as well as watching entertainment and the other activities we have planned.

Our second announcement is after a long winter our **chicken barbecue** is back. We are finalizing the location and plans. The date will be **May 29, 2022**. Further information to follow.

See you at the fair.

Stumped?



Do you have a worrisome tree stump on your property? Help is on hand to remove it.

Mike Rao, a resident of Puslinch, has just launched his new business, Professional Stump Grinders Inc. With his powerful machine, he can remove your pesky stump easily and quickly.

The blade on the wheel moves vertically and horizontally, getting below the stump (up to 25 inches) and turns it into mulch, which can be used to fill in the hole left, and in your garden.

Stumps can be a nuisance in terms of cutting your lawn as you have to stop to avoid them, and there is the potential of the stump harbouring parasites and termites which could spread to other trees and even your home.

"I am excited about this new venture. I love being outdoors and working with nature and trees." shares Mike. He's also offering a special rate for Puslinch residents as he wants to reach out and work in his own community.

There are so many variables, that it is impossible to give a quote without first seeing the stump, as much depends on the width of the stump, type of tree and ability to access the tree with his equipment.

However, he promises to respond to enquiries within 24 hours and you can reach him at professionalstumpgrinders@gmail.com 519-803-1915 and check out his website at www.professionalstumpgrinders.ca

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Betty Ann Young



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Property Tax Reminder

DUE DATE:
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Questions? Please contact the
Tax Office at 519-763-1226 x106 or
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Maple tree honours farmhand

By Julia Preston

In 1936, Harry Halworth came to Puslinch. He was 16 years old. At home in England, there were no jobs, so he signed up with a government program that brought young people to Canada to work on farms.

Harry's experience in Puslinch forged a deep connection to Canada. This connection was commemorated in the fall with a special tree planting.

Lorraine Stewart, the daughter of one of the farmers Harry worked for, arranged for a maple tree to be planted on her parents' former farm.

"That tree is really like a memorial to Harry's love for this country," Lorraine explains.

A case of appendicitis brought Harry to the Stewart farm. The farmer that Harry was working for could not pay Harry's medical bills, and Harry was abandoned in the Galt Hospital. Lorraine's father,



Allan Stewart, stepped in and Harry then came to work for the family.

Harry worked for the Stewarts and other farms in the community for three years. Then he decided to go home and bring his fiancée, Vina, to Canada.

Unfortunately, the year was 1939. When war broke out, Harry enlisted in the British Navy. He spent the next five years in submarines.

When the war concluded, Harry stayed in England and went to work in the coal mines of Mexborough. He and Vina raised five children.

Harry never forgot his time in Canada,

though, and in 1962 Allan received a telephone call. The Stewarts had left the farm in 1942 when Allan took a job in Hamilton. But a cousin who lived in Puslinch had seen a notice in the Galt paper. Harry Halworth was inquiring about Allan Stewart and some other people.

"My Dad wrote to him, and Harry ended up coming here," says Lorraine. Harry and Vina would return to Canada many times for holidays, continuing to visit with Lorraine and her friend Greta after Allan's death.

Harry's last trip was in 2010 when he was 90. He rode the train to Vancouver, enjoying the view of the Rockies from the glass dome railcar.

Shortly after Harry returned to England, his daughter phoned Lorraine to tell her Harry's health was failing.

"That's when I told him I was going to plant a maple tree in the northwest corner of the property," says Lorraine. "He loved this country. I think he felt so badly that he had missed out in not getting here."

The tree honours Harry, his work in Puslinch, and his love of Canada. It will be a beautiful legacy for generations to come.

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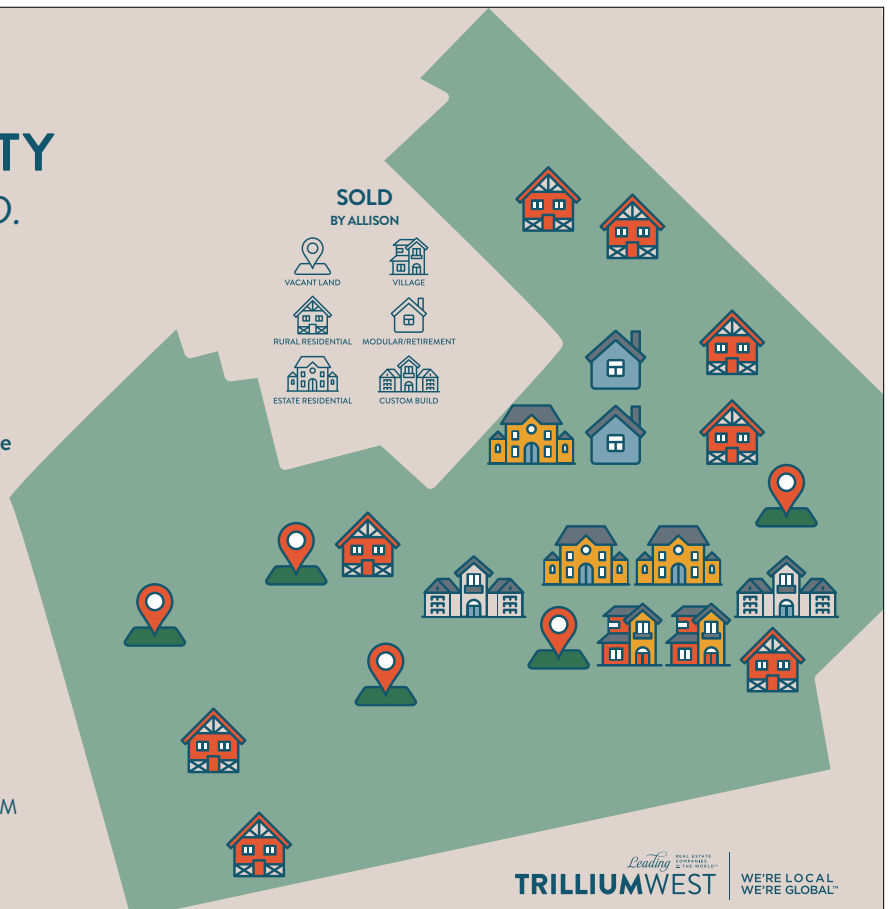
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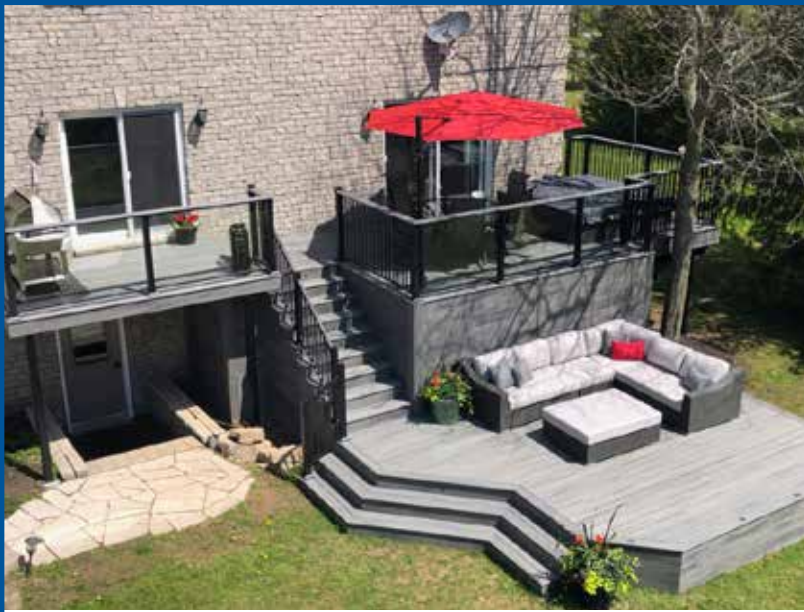
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Healthcare Worker Retreat: May 16-18, 2022

Healing From Burnout



Now more than ever, we need to take care of our healthcare workers. Burnout is a result of being overworked and undervalued.

This retreat is designed to help healthcare workers slow down, and begin the recovery process to better serve themselves.

Vicky Boateng is a trauma ICU RN that helps healthcare workers to "heal with intention from burnout and empower them to walk in purpose".

They will be guiding conversations during this retreat and helping each person leave with the necessary tools to heal.

Donna-Michelle Rancoeur, MSc(A), RRRP, CRA-RP will be providing reiki and reflexology during the retreat to aid in the relaxation of the retreat.

Lodging, meals, and guided conversations and activities are all included with the retreat. Come, sleep, learn and begin your journey to heal from burnout.

Registration is OPEN and closes on **May 2, 2022.**

- Single Registration: \$500.00 per person
- Double Registration (room sharing): \$460.00 per person

Not a healthcare worker but want to sponsor their stay? Email events@crieffhills.com or call 519-824-7898.

On Farm Dinner Series

Crieff Hills will be hosting an On Farm Dinner Series that will feature local farmers and produce that we grow here on our farm! Our NEW Chef, Matthew Foote will prepare these delicious meals while participants get to experience and see the produce, trees or bees in action!

There will be six dinners in the series, and each will include two hours of either learning, foraging or hiking, and a three-course dinner with two alcoholic drinks. Guests are welcome after the meal to continue hiking, visit the animals, and labyrinth.

This event is by ticket only! Please purchase your tickets online HERE: <https://www.eventbrite.ca/e/on-farm-dinner-series-maple-syrup-celebration-tickets-292598348537>



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Family Activity – April

By Julia Preston



April is known for its showers.

This month, we're celebrating the rain. Rather than hiding indoors, head outside.

Take some time at the start of this month to ensure that you have boots, umbrella, rain jacket—or even a full rain suit.

You'll be prepared when those April showers arrive to experience the outdoors in Puslinch in a new way. Here are some ideas:

Float or sink?

Gather different materials—stones, leaves, sticks, feathers, nuts, pinecones, bark—and see what floats and what sinks. You can use a puddle, stream, pond, or even a bucket.

Children can guess in advance whether something will sink or float. Or try building a raft from sticks or bark and see how much it can carry.

Hike of the month

Celebrate those April showers with a hike in the rain. Focus on your senses: what do you see, hear, smell, feel, (maybe even taste) as you walk?

An advertisement for Superior Memorials. On the left, there are two gravestones: one for OLIVEIRA (MARIA, APR. 22, 1936, NOV. 29, 2008) and one for PLOURDE (CHARLES GORDON, JULY 8, 1938, APRIL 4, 2004; DOROTHY ANN, JULY 8, 1939, MARCH 8, 2008). The background shows a cemetery with trees. The text reads: "Excellence, Professionalism Because We Care". Below that, it lists "DUMFRIES SUPERIOR MEMORIALS" with phone number "519-650-0190" and address "670 Fountain St. N. Cambridge". It also lists "FARNWORTH SUPERIOR MEMORIALS" with phone number "519-763-4567" and address "755 Woolwich St. Guelph". At the bottom, it says "Across from Cambridge Youth Soccer" and "Across from Woodlawn Cemetery". A red banner at the bottom says "Bring in this AD to receive 10% off your memorial" and the website "www.superiormemorials.com" is listed.

An advertisement for Oosterveld Heating & AC. At the top, the logo "OOSTERVELD" is in white on a red background. Below it, "HEATING & AC" is in blue, and "Friendly Neighbourhood Experts" is in a smaller blue font. The main text says "Sign up for a Home Comfort Plan and get the first month Free". The background image shows a smiling man wearing a grey knit beanie, a grey scarf, and a dark jacket, with snow on his shoulders. Below the image, the phone number "519-837-2351" and website "OosterveldHeating.com" are displayed in white on a red background.

You can receive the *Pioneer* and *Pulse* electronically - just sign up at www.puslinchpioneer.com or email editorpuslinchpioneer@gmail.com



News from GRCA

Camping season opens May 1, 2022

It may not look like it outside, but the 2022 camping season is just around the corner and the Grand River Conservation Authority (GRCA) campsite reservation system will be open to take reservations online beginning March 15, 2022 at 8:00 a.m.

The reservation system at www.grcacamping.ca provides a 24-hour, online reservation service until mid-October, when the camping season closes.

Reservations by phone are available by calling 1-877-558-4722, between the hours of 9 a.m. and 3 p.m., 7-days a week.

Campsite reservations can be made for all eight GRCA conservation areas that offer camping.

Limited group site and pavilion bookings will be available by calling the conservation areas directly, beginning May 1.

New reservation system for 2022

The GRCA campsite reservation system will take on a new look this year, focused on an improved customer experience.

The system will open for limited April 2022

online access, beginning March 8 at 8:00 a.m. Visitors will be able to set up a new explore campsites at GRCA conservation areas and become familiar with the platform ahead of the launch date. Reservations will not be available online or by phone until March 15.

Quick Facts

- GRCA online camping reservation website: www.grcacamping.ca
- Online hours of operation: 24 hours a day, March 15 through to mid-October
- We are committed to providing accessible customer service. If guests require alternate booking arrangements beginning March 15, call 1-877-558-4722.

Farmer grant programs

The Grand River Conservation Authority (GRCA), in partnership with local municipalities, supports farmers who want to help improve and protect water quality in the Grand River watershed.

The GRCA's Rural Water Quality Program (RWQP), funded by Wellington, Brant, Oxford, Haldimand and Dufferin counties, and the Region of Waterloo, supports projects that help producers make their farms more resilient, while helping improve downstream water quality.

In 2021, landowners across the watershed completed water quality improvement projects with a capital value of almost \$3.7 million.

Over \$846,000 grants from municipal, federal and private donations were delivered through the RWQP to help offset the cost of 164 projects, including:

- tree planting projects to establish

windbreaks and stream buffers

- well upgrades and plugging of unused wells to protect groundwater
- manure storage facility upgrades to effectively manage nutrients and avoid winter spreading
- erosion control structures and cover crops to protect soil from wind and water erosion
- crop nutrient plans

Jeff Holmes operates a farm in the headwaters of the Grand River watershed, near Orangeville, and has participated in the cover crop category of the Dufferin RWQP.

Cover crops have now become a standard practice in his operation.

"We have found benefits to our operation in terms of increased production and reduced tillage operations.

Cover crops help scavenge nutrients from last year's crop and keep them in the soil where they feed the current crop.

Also, cover crops help us improve soil health by increasing soil organic matter, which then improves water holding capacity and soil structure.

These benefits make the soil more resilient and support better crop production in a changing climate."

GRCA staff are available to help eligible rural landowners plan their project and apply to the program.

More information is available by contacting the GRCA at ruralwater@grandriver.ca or calling 519-621-2761 and asking to speak to a Conservation Specialist.

To learn more about the services and grants that are available through the GRCA, please visit www.grandriver.ca/ruralwater.

Ask the expert

By Lianne Krane

What are some design tips for using bulbs in the landscape?

Once the snow has melted, there is no better sight than to see flowers growing in your garden as fast as humanly possible, and planting bulbs in the fall is a wonderful way to get things started.

Springtime is heralded by the buds plumping up on trees and bushes.

Perennials that have their time to shine in the spring are starting to show colour, form and texture along with tiny flowers.

Groundcovers are turning from brown to green and even the weeds are starting to take off.

There is no greater sight, at least for this writer, than to see the tips of bulbs starting to emerge from the ground.

They multiply year after year so those few tips can turn into wonderful bunches all by themselves. Talk about bang for your buck in years to come.

Bulbs are great to use when designing your garden and adding interest for all seasons.

Spring bulbs: Also called hardy bulbs, these bulbs are planted in fall, spend winter in the ground, and flower in spring.

Some of the more common spring bulbs are tulips, irises, daffodils, hyacinth, allium and crocus.

These bulbs need several weeks of cold temperatures to break their dormancy and flower to their full potential.

Summer bulbs: Also called tender bulbs, these bulbs are planted in spring and flower or leaf out in summer

Gladiolus, lilies, caladiums, and elephant ears are common examples of summer bulbs.

Some will bloom later in summer or for a longer time, like dahlias that bloom into fall.

Summer bulbs aren't tolerant of cold temperatures and should only be



Photo from Unsplash

planted after the ground warms up and there's no longer a threat of frost.

If purchased before planting time, store them in a cool, dry spot until planting. To understand how flower bulbs grow, you have to know what a true bulb is.

A bulb is an underground root structure that holds the complete life cycle of a plant. It is made of five parts: the bottom plate, fleshy scales, tunic, shoot and lateral buds.

Lilies are also true bulbs, but they are missing the tunic and need to be handled very carefully.

Other plants such as cannas have rhizomes, and still other plants have tubers or corms. While these underground root systems are almost like bulbs, they are not true bulbs.

Next to the main shoot on the inside of the bulb are lateral buds—also called offsets. They are basically separate plants growing to the side of the main shoot.

These lateral buds will form their own bulbs and new plants. At first, they use the nutrients from the main bulb, but in just a couple of seasons, they will have their own roots, fleshy scales (covered with a tunic) and foliage to feed themselves.

These new bulbs can be divided later from the original bulb, if desired.

The plant will continue to absorb the light, convert it into sugar and store it in the fleshy scales of the bulb until

it is either pruned back or allowed to wilt and turn brown in the fall.

During that time, the bulb gets bigger, and there are more lateral buds forming until cold weather arrives, at which point bulbs go dormant.

They stop growing and don't need water or nutrients. In most climates, bulbs can safely be kept in the ground.

Good drainage is very important for all bulbs, or they will rot.

Plant in clusters for greater visual impact. Consider bloom time — plant a combination of early, mid- and late-season bloomers to extend the season.

Hide dying foliage of low-growing bulbs that are past their prime with taller bulbs planted in front or with perennials or shrubs.

Companion plants keep the planting area going when bulbs are dormant. Some good perennial companions are sedums, coreopsis, thyme, cranesbill, daylilies, coral bells, brunnera, hosta, hellebores or bleeding heart.

Layer plant heights from front to back when planting varieties that will bloom at the same time.

Bulbs can provide bright, vibrant color — think about how those colors will blend with their surroundings.

Here are a few tips to help you pick the best bulbs:

- Bulbs should feel firm to the touch, not soft or spongy.
- Choose bulbs that don't have any signs of disease, mold, or severe damage.
- At the time of purchase, bulbs should show little or no root growth or sprouting. Lilies are an exception, as they often have fleshy roots attached.
- The old saying, you get what you pay for, holds true with bulbs. Quality bulbs will make the difference between lackluster blooming and an impressive show.

So go ahead and fill your garden with bulbs, you will be glad you did!



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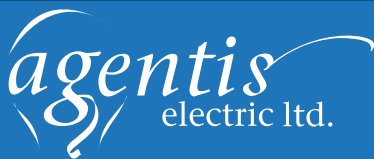
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Ghost Architecture

By Mary Tivy

In my last column I wrote about ghostly experiences in my former job at the Wellington County Museum. This week I went back to the museum to see ghost architecture.

"Architectural ghosts" are buildings that have been demolished. We see them only reflected back to us in photographs, or descriptions in documents.

Sometimes we can picture them through rescued artifact bits and pieces or shadows left behind on adjoining buildings. And sometimes the ghost comes fully formed in three dimensions.

Such is the case with the West Puslinch Presbyterian Church building. A model of it can be found today at the Wellington County Museum.

The West Puslinch Presbyterian Church

In 1854 the West Puslinch Presbyterian Church was raised on the site of the present Knox Presbyterian Church in Crieff. It was built to serve settlers in the Crieff and Killean areas of Puslinch. By that time their small log church on Lot 15 could no longer hold these growing families.

This community was almost exclusively Gaelic-speaking Highland Scots. They needed a Gaelic-speaking minister. Rev. Andrew Maclean answered their call and sailed from Scotland, arriving in Crieff in 1857.

A fellow Scottish Highlander, he was well-liked and remained as minister until his premature death in 1873.

Less than ten years later the building, deemed too large and difficult to heat, was demolished.

In the 1930s Andrew Maclean's son, Col. John B. Maclean (owner of Maclean's magazine) set up a history museum in Crieff. This was just one of Col. Maclean's heritage projects in Crieff during the 1920s and 1930s.

John Gilchrist served as the museum's curator, and this model is one of many that he made for the museum. The Church Model

Back at the Wellington County Museum, conservator Emily Benedict has brought out the model of the 1854 church for me to see.



1952x.15.2.02-05

It is made of wood and measures 60 cm. long and 41 cm. wide and 28.5 cm. high. The exterior clapboard walls have five gothic glass windows, three on one side and two on the other, placed beside a now missing shed. There is a door at each end of the building.



1952x.15.2.02-05

I say "Wow!" as Emily carefully lifts the detachable roof. I am looking down into a room with 50 miniature carved pews.

The names of the settler families that sat in them have been typed into slips of paper. The pews face a raised pulpit centred on the long wall where Andrew Maclean would have preached.

I spot a pew for the choir nearby and a separate room for the church library. Wood stoves sit at either side of the room to provide warmth. What may be a hanging light fixture of some kind rests next to one stove.

Its hook suggests it hung off the tension wire that connects the long walls. Could the building have had gas lighting?

Is this model accurate? Very likely. John W. Gilchrist made it. He worshipped in this church. His family name is on the pews. Among his many skills, he was a talented carpenter and he created this model as a museum piece.

After the death of Mr. Gilchrist in 1942 the Crieff museum closed. Some of the artifacts were donated to the Wellington County Museum.

Today the museum in Crieff is gone, and so is the church. But the model remains and through it we can envision a large frame church filled with Highlander families coming together to worship in Gaelic in our Township 160 years ago.

A full history of the West Puslinch Presbyterian Church and Knox Presbyterian Church from which much of this information is taken can be found at <http://www.clarksoftomfad.ca/Knox-PresbyterianChurchCrieff1840-1990.htm>

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NATURALLY SPEAKING

The Redbud (*Cercis canadensis*)

By Marion Robertson

This is a world wide tree that somewhere in Earth's history, was divided geographically as continents broke apart.

Nowadays, there are ten distinct species of Redbuds scattered throughout Eurasia and North America.

Our native Redbuds range from northern Mexico up to the northerly range limit of southern Ontario.

What is interesting is their adaptation in size, water consumption and waxiness of leaves throughout their natural range in response to temperature and availability of water.

There are three distinct varieties of native Redbuds where the variety, *Canadensis*, is the largest, and requires the most water and has the largest and least waxy leaves.

As you travel south the variety, *Texensis*, dominates the North American landscape where its overall size and leaves are smaller. Also, the foliage is more waxy in response to higher temperatures and lack of water.

The final variety is Mexican Redbud, variety *Mexicana*, which is much shorter and more shrubby.

Though this tree has a very wide distribution throughout North America, it is listed as uncommon for Canada.

Typically you would find wild Redbuds in open woodlands, stream sides, woodland edges, and savannahs. They love rich, moist soils but will tolerate a variety of soils, even clay soils.

They will grow in very dry sites and, in fact, are quite drought tolerant. Of importance is the drainage of the site. Avoid poorly drained areas.

What drew my attention to this little tree was that it is Black Walnut resistant and listed as one of the top ten trees for pollinators in southern Ontario.

Redbuds are a mass of delicate, pink flowers in April and May. Though they produce



photo credit: thepioneerwoman.com

good quantities of pollen and nectar, it is the blooming time that is crucial to our pollinators.

In the very early spring, emergent pollinators are starving after a long, cold winter's hibernation. This tree is very important for early season nectar seeking butterflies.

Overall, the Redbud is listed as, "special value to native and bumble bees and provides nesting material for native bees."

I love how this tree blooms. It is like a cherry tree on steroids. Actually its style of blooming mimics flowering associated with tropical trees.

The process is called Cauliflorous which literally means, "stem flowering". Flowers appear before leaves open and are situated on axils, leaves and along branches and the trunk.

Best blooming performance, and therefore, best yields for native pollinators is when trees are in full sun.

Give this medium growth rate tree space so it can dominate an area with its arching branches. Typically, these trees can attain heights of 10 – 20 feet and widths of 10 – 15 feet. An added bonus, Redbuds are generally pest free.

Redbuds provide winter fruit in the shape of a pea shaped pod that has some wildlife value. Bobwhites, quails, pheasants and a few songbirds such as chickadees, goldfinches, cardinals, and rose breasted grosbeaks eat the seeds from these pea pods.

And yet another fun twist with this tree - it is part of the pea family and produces the typical pea pods.

The pea family is known for being able to fix nitrogen into the soil through symbiotic root relationships with nitrogen fixing bacteria. But the Redbud cannot fix nitrogen.

The nursery trade has many interesting

names for this tree including Judas tree. The origins of this name are according to myth where Judas hung himself on the redbuds cousin in western Asia after betraying Jesus.

It is said that the Asian redbud's flowers changed colour from the typical white to red with Judas' shame and blood.

So why not plant a native Redbud?

Until next time.

Marion Robertson is co owner of Bee Sweet Nature Co. We specialize in growing native, Carolinian and endangered trees, shrub and wildflowers for the Southern Ontario landscape.

Lasagna planting

By Lianne Krane

Lasagna is not only good for Sunday dinner, but also lasagna (planting) is great for bulbs.

The idea is to plant bulbs with different sizes and staggered bloom times in layers for a continual bloom.

This works great in large containers that are deep and wide enough. Working from the bottom up in a container:

- A good layer of potting soil for a planting depth of about 8 inches
- A few late-spring-blooming bulbs such as daffodils or tulips
- Another layer of potting soil for a planting depth of about 6 inches
- Add mid-spring-blooming bulbs such as more tulips or hyacinths
- Another layer of potting soil for a planting depth of about 4 inches
- Add early blooming bulbs such as galanthus, scilla, muscari or crocus
- Another layer of potting soil for a planting depth of about 2 inches
- Add more early-blooming bulbs such as anemones
- Top with more potting soil and a thin layer of mulch
- Overplant with pansies, heuchera, hardy cyclamen or dusty miller if you'd like a filler while waiting for the bulbs to grow.

This planting method can be used in-ground as well for a concentrated area planting. It can also be adjusted to fewer layers in smaller pots.

Cook's Corner

By Barbara Patterson

This is a lemon lover's dream cake. It would be a delicious ending to an Easter feast.



Lemon Poppy Seed Layer Cake

Cake

2 cups all-purpose flour
1 tbsp. baking powder
3/4 tsp. salt
1-1/3 cups butter, softened
1-1/3 cups white sugar
1 1/2 tsp. vanilla
4 eggs
1/2 cup milk
1/4 cup poppy seeds

Filling

2 eggs
2 tbsp. grated lemon zest
6 tbsp. fresh lemon juice
1 tbsp. flour
1 cup white sugar
1/4 cup butter, softened

Frosting

1/2 cup butter, softened
4 cups icing sugar, sifted
1 tbsp. grated lemon zest
2 tbsp. fresh lemon juice
1/4 cup light (10%) cream

Cake

Cream butter in large bowl with an electric mixer until creamy. Gradually add sugar and vanilla, beating until light and fluffy.

Add eggs, one at a time, beating well. Combine flour, baking powder and salt

Add dry ingredients alternately with milk, mixing lightly. Fold in poppy seeds.

Batter will be stiff. Spread batter evenly in two 9" round cake pans, greased and floured.

Bake in 350°F oven 35 to 40 minutes or until toothpick inserted in middle comes out clean.

Cool for 10 minutes in pan then remove to cool completely.

Filling

Beat together eggs, lemon zest, juice, flour and sugar in small saucepan. Add butter. Cook over low heat, stirring constantly, until thickened.

Cool completely. Mixture will thicken on cooling. If desired, you can prepare a few days ahead and refrigerate until ready to assemble cake.

Frosting

Beat together all ingredients until smooth and creamy.

Assembly

Cut cake layers in half horizontally to make four layers.

Place one layer on serving plate. Spread half of the filling on top. Place second cake layer over filling and spread with some of the frosting.

Top with another cake layer, remaining filling and last cake layer. Cover sides and top of cake with remaining frosting.

This cake freezes well.

A friend gave me this recipe and I can say it is the best banana bread I have eaten.

Tricia's Banana Bread



1 cup brown sugar
1/2 cup canola oil
1 egg
2 tbsp. milk
3 ripe bananas
1 1/2 tsp. baking soda
1 1/2 cups all-purpose flour (can use part whole wheat flour if desired)
1/2 cup chocolate chips
1/2 cup walnut pieces

In a large bowl, beat with wooden spoon brown sugar and canola oil. Stir in egg and 2 tbsp. milk.

Mash bananas in separate bowl and add baking soda to bananas, then add to brown sugar, oil mixture.

Stir flour into mixture.

Add chocolate chips and walnuts.

Place batter in greased loaf tin and bake at 325°F for 1 hour or 1 hour plus 5 minutes.

Note: You can also bake as muffins but then cut cook time to 30 - 35 minutes.



Michael Chong

Member of Parliament,
Wellington - Halton Hills



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Religious Services

In these ever-changing times, it is wise to double-check the website to determine if in-person services are happening or the event is taking place.

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At the Puslinch Pioneer, we like to promote community events and we ask for your co-operation in keeping them under the 50 word count so we can accommodate as many as possible. If your event is taking place outside of Puslinch, or is a for-profit venture, there is a \$25 charge for the listing.

OPTIMIST CLUB ANNUAL FISH FRY

Thursday **May 12, 2022** from 5 to 7:30 pm at the Puslinch Community Centre. Adults \$20, children \$10. Tickets at the door or from any Optimist Club member or call 519 821 4256 to reserve.

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OPTIMIST CLUB OF PUSLINCH
Is one of the most active clubs in the Township. Our focus is youth. We meet on the 2nd and 4th Tuesday of each month. Visit www.optimistclubofpuslinch.com and fill out an application or call Ken at 519-763-0309 or contact any club member.

OPP.
If you have a concern about a police matter, please phone 1-888-310-1122 and request to meet an OPP officer at the Puslinch Township office.

PUSLINCH FIDDLE GROUP
Meets the 3rd Sunday of each month at Duff's Church, Nanson Hall, from 1 - 4 pm. Come out and bring your fiddle, guitar, etc. and join in some good old fiddle music. Call Paul McDonald 519-763-9764.

PARENT-CHILD PLACE
Is a free drop-in program for parents and caregivers with children birth to 6 years, running September -June. It runs on Tuesdays at the Puslinch Community Centre from 9:30-11:30.

PUSLINCH LOAN CUPBOARD HOME HEALTH CARE EQUIPMENT SERVICE
is located in Duff's Presbyterian Church. For assistance call:
Gary Will 519-763-3958
Fred Law 519-767-2462
Dianne Hersey 519-824-6304
Alan Fairweather 519-824-5726

THE ROTARY CLUB OF GUELPH SOUTH
Meets every Thursday at 7:30 am. Check out www.rotary7080.org/guelphsouth for more information. Contact Celia Clark for membership inquiries: 519-766-1097.

METAL RECYCLING BIN – SUNRISE FARM (6920 Conc. 1, Puslinch)
Drop off 'unwanted' metals, e.g. stainless steel, aluminum, copper, tin cans, wire, metal rods, fencing etc. in the 'Gerdau Ameristeel' recycling bin situated in our parking lot. For more info, contact Lynne O'Brien Sunrise 519-837-0558 x31.

MUSICAL LEADERSHIP NEEDED
Morriston United Church requires Musical Leadership for weekly Sunday services at 10:30 am. We have a Yamaha Clavinova digital piano and currently no choir.

Should this interest you please contact Lois 519-831-4052.



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