Honouring The Past. Embracing The Future.

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Vol. 47, Issue 4 - November 2022

# Aberfoyle Fall Fair is looking for volunteers

By Joanne Holt

What a great feeling to be back at the Aberfoyle Fall Fair.

The weather couldn't have been kinder and the community support was outstanding.



The Aberfoyle Agricultural Society was able to celebrate its 180th fall fair on the grounds at the Puslinch Community Centre on September 9th and 10th 2022.

That said, sadly there were some aspects of the fair that we could not hold this year as we just didn't have enough volunteers to make them happen.

Activities like the children's tractor pull, children's races, log sawing and the bale toss were all victims of our lack of volunteers.

As we plan for next year's fair, we are launching our membership campaign. We need you. If you can spare your talents we would be happy to include you.

It is just \$10 to join the Aberfoyle Agricultural Society. Send \$10 cheque to our Treasurer Diane Zadro at 344 Maltby Road East, Puslinch, ON NOB 2JO.

We are looking for people who are creative and bring fresh ideas to the Fall Fair and our other fundraising activities. From new games, crafts, gardening techniques or other skills.

We need folks who are also willing to roll up their sleeves to help us set up and take down at the actual event in September. The more, the merrier.



The Society itself is in need of a secretary, someone with a couple of hours a month, is this you? You would need a bit of computer knowledge and the ability to keep the "herd" under control, and organize meetings.

The main purpose of the fall fair is to celebrate the harvest and promote the importance of agriculture in our community.

Do you know where your food comes from? It is an important part of our lives that we maintain an agricultural presence.

The Agricultural Society wishes to thank the people and businesses that were able to give us support and sponsorships. We survive on sponsorships and donations.

The first Fall Fair was held in 1840 – help us carry on with this important community tradition.

Lend your skills, expertise, ideas and time to making this community event even better.

Planning has begun for next year. Our next meeting date is November 21, 2022. The Aberfoyle Agricultural Society needs your help.

You are welcome to call any of the directors: Don McKay 519-822-2984, or Joanne Holt 519-823-2687or email *Aberfoyleagriculturalsociety@gmail.com* 

We look forward to meeting you and welcoming you to our group.

#### **Editorial**

As the year comes to a close, it has been wonderful to see some of our local treasured events come alive again. Take the Aberfoyle Fall Fair and soon the Santa Claus Parade.

These community events take a team of volunteers and sponsors to make them happen, and perhaps it's time for us all to step forward and help out. Membership in the Aberfoyle Agricultural Society is just \$10. Just think how much could be raised if many of us joined.

The re-opening of Whistle Stop this fall was also welcomed by parents and children alike.

As well as Santa coming to town, Crieff Hills is opening its door to many festive activities – from baking cookies and wreath making to lunches and a solstice walk – another opportunity to meet up with your neighbours.

Plans are underway for Remembrance Day at the Puslinch Cenotaph. Watch for details from the Optimist Club.

Talking of Council Clips, by the time you read this issue of the *Pioneer*, we will have a new council in the Township. Congratulations to all elected and thank you for stepping forward to take on this important role.

When you are new to a community, taking on a volunteer role is one great way to meet people and get involved. I know that was why I joined the *Pioneer* team over a decade ago – a move I have never regretted, and I encourage you to do the same – get involved.



You can receive the *Pioneer* and *Pulse*electronically - just sign up at
www.puslinchpioneer.com or email
editorpuslinchpioneer@gmail.com

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#### Our Mission

The *Puslinch Pioneer* is a monthly publication produced by local volunteers to provide an authentic source of local information about the social and political activity within the community, and to encourage participation in community events.

Volume 47: Issue 4 November, 2022 Published by volunteers for the community since 1975.

Ten issues are published a year and distributed free of charge throughout Puslinch. www.puslinchpioneer.com

#### Note new email addresses:

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Board members

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The *Puslinch Pioneer* does not necessarily endorse the opinions expressed in articles or Letters to the Editor. We reserve the right to refuse items submitted and to edit all material. All advertising is accepted in good faith. The *Puslinch Pioneer* reserves the right to refuse an advertisement that is deemed inappropriate, racist or promoting hate.

SUBMITTING ARTICLES Items of interest to Puslinch residents are welcome. Letters to the Editor must include a telephone number.

We ask that articles be submitted by email and adhere to the Writers Guidelines which can be downloaded from www. puslinchpioneer.ca

Unless otherwise stated, the deadline for submissions is the 2nd Friday of the month. Next deadline is **Friday**, **November 11th**, **2022**.

Because of the increased interest we cannot guarantee inclusion, especially those received after deadline.

Annual subscription rate \$50. Forward request and payment to 29 Brock Road South, Puslinch, ON NOB 2J0

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# **Council Clips**

#### **Places of Heritage Significance:**

Suggestions for signage to be considered by the Heritage Committee include MacPherson' Spring, Badenoch Women's Institute sign at Badenoch Soccer Pitch, original twelve schoolhouses, and Glen Christie site.

#### 82 Queen Street:

The owner is requesting to demolish the existing home and to build a new home on the subject property. The property is listed on the Heritage Registry.

#### **Aggregate Mining:**

A written delegation appealing Council's help to stop the adverse affects of aggregate mining on groundwater, wetlands, wildlife and farming throughout the Township environment.

**Sunrise Riding & Learning Centre:** 

Staff requested to report back on the potential to provide Sunrise the Township interest earned on the security deposit received as a requirement of the Site Plan Agreement.

#### Swastika Trail:

Staff to prepare a by-law to rename Swastika Trail to Holly Trail at their meeting October 19.

Canada Post confirms if street name is changed, the postal code would be changed at same time.

#### Official Plan Amendment 119:

OP119 adopted by County Council which proposes a Regionally Significant Economic Development Area in Puslinch and designating Hamlet of Puslinch as a hamlet.

#### Face to Face Meetings:

What is the timing? Staff looking at options to conduct hybrid meetings. This may or may not be doable with the current audio- visual equipment in Council Chambers.

#### **Annual Accessibility Report:**

Both Boreham and PCC Parks will be accessible and comply with the Act.

#### Rink Board Advertising:

There are approximately 40 rink board spaces available for advertising at the Optimist Recreation Centre rink. Of

those 40 spaces, five spaces have a • current rental contract.

#### Open Gym on PD Days:

Recreation Committee to provide advice on financial impacts of opening the ORC gym on PD days.

#### **Proposed Road Closing By-law:**

Council intends to pass by-law to close road allowance between Lots 25 & 26, Concession 9, between road allowance between Concessions 8 & 9 and road allowance between Concessions 9 & 10, at their meeting October 19.

#### Fox Run Park:

Residents opposed to proposed disc golf in their neighbourhood park.

#### **Upcoming Council Meetings:**

Council will continue to meet every third Wednesday at 10 am until further notice.

Public meetings will be held on Wednesday evenings at 7 pm generally on same day as Council meetings.

For time being, meetings will be held on Zoom and the recording posted on Township website a day or two later.

# County scholarships

Ten local students will be receiving educational scholarships and bursaries from the County of Wellington based on academic achievement, community involvement, or financial need.

At today's County Council meeting, Council awarded the following local students with \$500 bursaries and scholarships to use toward their postsecondary school expenses:

- Faith VanderWerf Puslinch Township
- Alessandro Cannataro Guelph/ Eramosa Township
- Olivia Melnick Guelph/Eramosa Township
- Walter Leistra Guelph/Eramosa Township
- Madison Rumph Mapleton Township

- Mandy de Vries Mapleton Township
- Milana Perri Township of Wellington North
- Tessa Frey Township of Wellington North
- Gillian McVeigh Town of Erin
- Hayley Watson Township of Centre Wellington

Additional information on the County of Wellington's Scholarship and Bursary program can be found at www.wellington.ca/scholarships.



TOWNSHIP OF PUSLINCH (519) 763-1226

# Council and Committee Meetings (519) 763-1226

Planning and Development Advisory Committee: November 8th at 7pm

Council Meeting: November 9th at 10am Capital and Operating Budget Meeting: November 30th at 10am

Tentative Public Information Meeting: November 30th at 7pm

Please check the Council Calendar at https://puslinch.ca/calendar/ as meetings may be subject to change.

#### Library Hours (519) 763-8026

For current hours and services, please call Puslinch Branch at 519.763.8026 or visit us online at www.wellington.ca/Library.

#### **Optimist Recreation Centre Hours**

The Optimist Recreation Centre Rink is open for non-ice rentals and the Optimist Recreation Centre Gymnasium is open. To view the gym and rink schedule, please visit our Recreation and Leisure Calendar page at <a href="https://puslinch.ca/culture-recreation/festivals-events/recreation-and-leisure-calendar/">https://puslinch.ca/culture-recreation/festivals-events/recreation-and-leisure-calendar/</a>. For more information on our facilities, please visit our Community Facilities page at <a href="https://puslinch.ca/culture-recreation/community-facilities/">https://puslinch.ca/culture-recreation/community-facilities/</a> or email <a href="mailto:services@">services@</a> puslinch.ca.

#### **Historical Society Archives**

Saturdays 12 noon - 3 pm or for appointment email ardyne.farm@sympatico.ca or 519-822-8559.

WDG COVID restrictions apply.

#### Waste Facility (519) 837-2601

Open Wednesdays, Fridays and Saturdays 8 am - 4 pm. Located at 6922 Concession #4 between County Rd.#35 and Hanlon (Hwy #6)

#### In Memoriams

#### Glenn Frosch



In loving memory of Glenn Allan Frosch who passed away peacefully at his home in St. Luke's Place in Cambridge, following a brief illness, on October 1st, 2022.

Glenn is survived by his wife of 66 years, Yvonne Frosch (Cutting), his son Robert Frosch (Lauren Trevor), daughter Karen Rolfe (John Rolfe), granddaughter Madeline, and grandson Evan. He was predeceased by his parents, Charlotte and Fred Frosch, and his sister Charlene Doughty (Dave "Budd" Doughty).

Glenn was born in Galt in 1928 and spent most of his life in Puslinch. He was a beef farmer, a Puslinch township councillor for a number of terms, a cattle judge at the Royal Winter fair and CNE, showed steers at

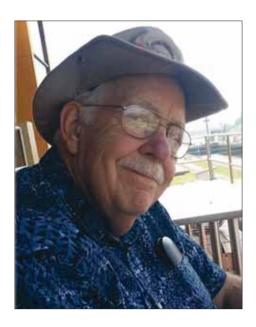
various fairs with his son, and played drums with the MacMillan Orchestra. He served as a board member at St Luke's Place and St Luke's United Church, and was a member of the Mystic Tie Masons.

Visitations were held at Lounsbury Funeral Home, 1766 Franklin Blvd., Cambridge on Thursday, October 6th from 2-4pm and 6-8pm. The funeral service was held at St. Luke's United Church, 1620 Franklin Blvd in Cambridge on Friday, October 7th at 11am. Reception to follow at the church hall at 12pm.

In lieu of flowers memory donations may be made to Saint Luke's Place Foundation

Condolences/donations/directions www.lounsburyfuneralhome.com 519-658-9366

### Douglas Couper Smith



In his 83rd year, passed away unexpectedly surrounded by his loving family at the Guelph General Hospital on Tuesday, September 27, 2022.

Sadly missed by his family; his wife of 59 years, Glenna (nee Griffith), daughter Cathy, son Jim (Tim), son Dale (Christine) and his three grand-children – the apples of his eyes – Couper, Mitchell and Danica. Survived by his sisters Jean Warner and Joan Zettel, and his sisters-in-law Vera Spark, Lenora Arbuckle, Wilma Wollis and Marlene Mainland.

Predeceased by his parents Wilson and Francis (Sally) and brothers-inlaw Maynard Warner, John Zettel, Alvin Spark, Elwin Arbuckle, Wilmer Wollis and Bill Mainland.

Doug was an employee of The Bell for 33 years, a Volunteer Firefighter for the Puslinch Fire Department of 37 years, 10 of which he served as Fire Chief.

He was an active member of the community, church and Farnham Cemetery Board.

Funeral service was held at WALL-CUSTANCE FUNERAL HOME & CHA-PEL, 206 Norfolk St., Guelph on Saturday, October 1, 2022 at 11:00 am.

Reception followed in the Wall-Custance Family Reception Centre. Followed by Internment at Farnham Cemetery, Arkell.

In lieu of flowers, the family would appreciate donations to Food 4 Kids Guelph, Sunrise Therapeutic Riding, Guelph General Hospital or Duff's Presbyterian Church.

A tree will be planted in memory of Douglas C. Smith in the Wall-Custance Memorial Forest.



### Whistle Stop Preschool

#### By Sarah Sabo

After two years of closure, the community and staff that make up Whistle Stop preschool were excited to return to the Puslinch Community Centre to begin a new school year on September 12th 2022.

Encouraging children to explore their new environment the three Whistle Stop early child educators support students as they learn through play while fostering an inclusive and safe environment.



From arts and crafts sessions to investigating Fall leaves under microscopes, the kids have been busy exploring materials and participating in activities with their new peers. Whistle Stop encourages creativity and exploration of their environment.

Explorative play offers the children, aged 2.5 to 5, the means to draw new connections between familiar objects, and to see the world through a new lens.

A favourite activity this month was food painting, which saw the creation of watermelons with fingerprint seeds, as well as painting with food, using a piece of broccoli as a brush to paint a tree!

Whistle Stop, a community-run, ministry-licenced preschool catering to Puslinch and surrounding areas, has offered a program that encourages a child's love of learning since its establishment in 1987.

September has seen the school's children settle into a new routine and take their first steps towards preparing for school in the coming years.



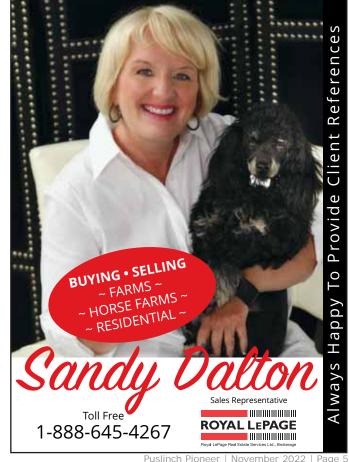
Being a co-op program parents and quardians come together as a community to help maintain school resources, volunteer and assist with fundraising to keep costs manage-

The preschool runs three mornings a week, from 9:00 to 11:30am on Mondays, Wednesdays and Fridays in the Puslinch Community Centre.

Call 519-239-9878 or message teacher@whistlestoppreschool.com for more information.

www.whistlestoppreschool.com





# Retreats at Crieff

#### Women's Weekend

#### November 18 - 20, 2022

Registration is officially open for our Annual Women's Weekend! Every year Crieff Hills hosts a Women's Weekend to make space for women to relax and receive the rest and renewal they need.

Our keynote speak is Laura Alary! Laura will be speaking about her new book "Here. The Dot We Call Home" and how we can be better stewards to our land.

Laura Alary is a writer, educator, and storyteller. She has loved books since she was barely big enough to clamber up the steps of the book mobile that rolled into her neighborhood once a week.

These days she is happy to be surrounded by books in the library where she works, and she delights in writing stories that make us bigger on the inside.

Among her recent books are What Grew in Larry's Garden, Sun in My Tummy, and The Astronomer Who Questioned Everything.

Laura grew up by the ocean in Halifax, Nova Scotia, and also spent many hours exploring the beaches of Prince Edward Island—one of her favorite spots on this dot we call home.

She now makes her home in Toronto, where she likes to walk by the lake and think about how she can be a better ancestor.

We are also excited to welcome:

- Lena Montecalvo of Lena's Watercolours to host a painting workshop.
- Crieff Hills Director, Rev. Dr. Kristine O'Brien

 Missi Chenier, of Santosha Yoga Therapy to host Restorative Yoga.

#### Men's Retreat Weekend

#### December 2 - 4, 2022

Crieff Hills will be hosting its first ever Men's Retreat Weekend. This weekend is designed to slow down and learn how to 'be'

Our keynote speaker is Rev. John Borthwick is an ordained minister with The Presbyterian Church in Canada.

He has served two churches over 25 years of ministry - celebrating his 20th year with St. Andrew's Guelph next month. He is an experienced teacher and facilitator, specializing in the areas of traumatology, resilience, moral distress, empathic strain, conflict mediation, and leadership development.

He has worked with non-profit boards, universities, faith communities, and First Responders across North America.

For seven years, John provided volunteer chaplain services to members of Guelph Police Service.

Working as an Associate for Tend Academy, he provides education and resources to organizations and leaders in helping professions who desire to stay healthy, effective, and engaged as they do challenging work.

As one who strives to practice what he preaches, John will say that he has "thrived" in his work for a quarter century because he discovered the innumerable benefits of sabbath rest and rituals.

We are also excited to welcome:

- Rev. Mark Gaskin Rock Painting Session
- Crieff Hills Director, Rev. Dr. Kristine O'Brien

#### **Retreat Pricing**

Single Occupancy: \$500 per person (+HST)

Double Occupancy (room sharing): \$460 per person (+HST)

Weekend Day Rate: \$275 per person (+HST)

Should you find you have barriers to attend this event due to cost, please reach out to our Director, Kristine O'Brien about our Wellness Fund.

director@crieffhills.com

# **Remembrance Day**



How do you remember? To commemorate the contributions of the fallen (from World War One to Afghanistan) from Wellington County, over 500 memorial markers are placed on the front lawn at the Wellington County Museum and Archives.

Join us for a Remembrance Ceremony on **November 3rd at 10:30 am** as Royal Canadian Legion Members read each of the names of the fallen from Wellington County.

The ceremony will take place outdoors on the front lawn of the Wellington County Museum and Archives, 0536 Wellington County Road. A reception with light refreshments will follow the ceremony.

For more information, Contact Kyle Smith 519.846.0916 x 5224.

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- Memorial Tree at the Wall-Custance Memorial Forest
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# Sunrise receives grant

On Sunday, the team from Sunrise Therapeutic Riding & Learning Centre (STRLC) met to celebrate the \$45,000 Resilient Communities Fund grant they received in August 2022 from the Ontario Trillium Foundation (OTF).

The three-month grant will help Sunrise rebuild and recover from impacts of COVID-19 by purchasing a used farm tractor to support health and safety, program development, and future self-sufficiency.

"We are very grateful to the Ontario Trillium Foundation for its support of the programming at Sunrise," said Wellington-Halton Hills MPP Ted Arnott

"Having this tractor on-site will make a world of difference. I also want to thank the staff, volunteers and supporters of Sunrise for 40 years of service, helping children and adults with disabilities reach their full potential."



Ted Arnott, MPP, Wellington/Halton Hills, cuts the ribbon on Sunrise's new tractor with Camilla Giffen, Sunrise Head Instructor, and Sunrise Rider, Nicholaus Caine

The acquisition of a Massey Ferguson model 2860M tractor complete with cab and front-end loader will allow Sunrise to implement pasture and farm maintenance procedures which is a significant part of health and safety in a farm setting.

Well-maintained and accessible pathways, trails, and horse shelters is important for our program participants, volunteers, equines and staff. This significant addition to the Sunrise organization will provide and sustain the future growth of our programs,

including the Sunrise Therapy/Memorial Forest.



Mike Schreiner, Guelph MPP & James Seeley, Puslinch Township Mayor, attending the annual Sunrise Forest Ceremony on Sept 25 to plant this year's commemorative tree. Photos Credit: Jessica Goyda

"The impact of this Ontario Trillium Foundation grant cannot be overstated," said Lynne O'Brien, Sunrise Executive Director.

"This grant will allow Sunrise to be more self-sufficient and plan for the future with our farm operations after years of receiving kind help and support from our neighbours and their equipment.



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# Family Activity November

up. Hand everyone a flashlight and see what you discover when you're out after dark.

The program promotes individual participating businesses and cycle tourism in general.

#### By Julia Preston

In November you can feel things turning more toward winter. Mornings are frosty. The air is crisp. Evenings are dark. Some of Puslinch's animal residents may be getting ready to hibernate, but there is still time for you to get outside and enjoy our community this month. Here are some ideas.

#### Observe the animals

Take some time to sit quietly outside and see how animals prepare for winter. You might count geese flying overhead or watch squirrels gathering nuts. Set up a birdfeeder to help our feathered friends as the weather gets colder.

#### Hike of the month

As the days get shorter and clocks fall back, the early darkness can be a bit gloomy. Brighten things up with a flashlight hike. Select a short, smooth trail with minimal obstacles. Bundle

# Local businesses invited to join the Ontario by Bike **Network**

The County of Wellington and the City of Guelph invite local businesses to join the Ontario By BikeTM Network and become bicycle friendly certified.

The program and certification are available free of charge to accommodators, attractions, restaurants and service providers, business areas, and bike shops.

Ontario by Bike works to create a network of businesses to enhance regional cycle tourism products and advance Ontario's cycle tourism sector.

"Cycle tourism is a growing sector," Economic George Bridge, says Development Committee Chair. "We're excited to work with Ontario by Bike to provide this great marketing opportunity to local businesses and advance cycling opportunities in Wellington County and Guelph."

"After a series of great workshops and community touchpoints, we're excited to see the Ontario by Bike network expand and more businesses in Guelph and Wellington County earn their Bike Friendly Business designation," says Alex Jaworiwsky, manager of Tourism and Destination Development for the City of Guelph. "We're looking forward to identifying ways that we can grow our region's appeal as a cycling destination together."

For more information or to register your business, visit www.ontariobybike. ca, phone 1-866- 701-2774, or email info@ontariobybike.ca.



December 3

Cookie Decorating Class with Emily's Cookie Jar

December 4

Christmas Market & Open House December 21

December 10

Wreath Making Class with Botanica Green Florals

**December 13 - 15** 

Christmas Lunches

December 16

On Farm Dinner: Christmas Edition

Lantern Winter Solstice Walk

JOIN US FOR HOLIDAY FUN OR PLAN YOUR PRIVATE EVENT. WWW.CRIEFFHILLS.COM





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### Maryann Hohenadle

# Puslinch Volunteer of the Year

By Barbara Bulmer



Maryann Hohenadle's significant volunteer contribution began in late 1970 when she served on the Fundraising Committee for the new community centre.

She coached girls soft-ball, and was a 4-H leader on 22 projects.

In 1996 she was appointed a chaperone for the 4-H Travel Connections program between Wellington County, and North Fraser District, B.C., 10 members, aged 16 to 18, from each province.

In 2006 the Aberfoyle Agricultural Society appointed Maryann Leader of the Puslinch Junior Garden Club, now in its 41st year, and still growing strong!

Maryann's focus has always been on youth. She says gardening takes kids away from their screens, gets them outdoors and exercising.

Congratulations Maryann for a well-deserved recognition - a community-builder, a civic champ!

# Optimist Club New Board

The 2022 -2023 Board for the Optimist Club Of Puslinch was formally inducted at the club's September dinner meeting.



Members are left to right Directors Barry Dawn, Harry Janssen, Michael Marinovic, Joanna Jefferson, Dave Smedley, Catherine Featherston, Treasurer Bob Jefferson, President Gregg Allan, Past President Scott Young and inducting officer Lieutenant Governor Lynn Bousfield.. Absent was Secretary Andreanne Simard.

For information on club activities or if you are interested in joining us go to www.optimistclubofpuslinch.com or visit us on Facebook.



- Leaf and yard waste will be collected curbside in urban areas only.
- Place materials curbside by 7:00 am on the dates listed here. Collection may take place any time during the week.
- Set out materials in brown paper yard waste bags and/or reusable cans clearly marked "Yard Waste."
- Small sticks must be in tied bundles.
- Loose materials, and materials in plastic bags, WILL NOT be collected.

The final leaf and yard waste collection dates for Puslinch are:

#### **WEEK B**

Monday, November 14 Monday, November 28



www.wellington.ca/yardwaste 519.837.2601 | wasteinfo@wellington.ca

<sup>om</sup>Official Mark of The Corporation of the County of Wellington

Alternate formats available upon request.





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# **Christmas at Crieff** Hills



Want to get into the festive mood? Consider taking part in the different activities at Crieff Hills.

# **December 3 – Cookie Decorating Class**

Spend a cozy December afternoon in the historic schoolhouse learning to decorate Christmas cookies.

Cost: \$35 per person + HST includes all materials plus light holiday refreshments.

# December 4 – Christmas Market and Open House

Crieff Hills will be opening its doors for a Christmas Open House and Market.

Sip a cup of cider while you browse a wide variety of locally-made holiday items in the schoolhouse.

Staff will be on hand to answer questions about the history and you are welcome to visit the animals or hike one of the wooded trails.

No cost and no registration required.

# December 10 – Wreath Making class with Botanica Green Florals.

Join for an evening in Maclean Hall learning to make a beautiful one-of-a-kind wreath.

All materials are provided, including fresh greenery from the Crieff Hills property.

Kelly of Botanica Green Florals will offer easy to follow instructions so that even complete beginnings will create a gorgeous wreath.

Plus you can enjoy tea coffee and holiday sweets while you work.

Cost: \$65 per person + HST

#### **December 13-15 Christmas Lunches**

From Tuesday December 13 to Thursday December 15

Celebrate the holiday with a locally-inspired feast. The buffet will be prepared



by Chef Matthew and includes Crieff brined roast turkey, slow roasted beef striploin, sweet and spicy greens and holiday treats including sticky toffee pudding, shortbread and ginger cookies.

It's the perfect meal to share with a few close friends or a group of colleagues.

Time: 12.30-2.30pm

Cost: \$35 per person

Reserve your table today by calling 519 824 7898 or email events@crieffhills.com

# December 16 – On Farm Dinner – Christmas edition

Enjoy seasonal gifts of farm and forest. Before dinner, learn about the winter greenery that grows on the 250 acre property and create your own centrepiece.

Then tuck into a five-course winter feast by Chef Matthew Foote, featuring vegetables, meat, fruit and herbs harvested at Crieff Hills this fall.

Live music and candlelight will fill the evening with warmth and beauty.

Tickets are \$75 + HST (wine and beer at additional cost.)

#### December 21 – Lantern Winter Solstice Walk



Mark the longest night of the year with a quiet candlelight experience.

All outdoors. Lanterns provided.

Wednesday, December 21, 2022 \$10 per person.

# December 12 – Community Christmas lunch

Many local leaders work tirelessly to serve others through food banks, hospices and children's programs.

That's why Crieff Hills are inviting staff from local charities and non-profits to bring their staff members for lunch on this special day at no cost to them.

The hope is that good food and relaxed time together will offer encouragement and hope to up to 60 selfless people this holiday season.

If you know an organization that would embrace this opportunity, please contact our office. Preregistration and a charitable number are required.

And if you would like to serve those most in need of rest and renewal, please consider making a donation to the Wellness Fund through the website or contacting the office.

# Keep dogs on leash

Dogs are welcome at most Grand River Conservation Areas in the watershed, but must be on a leash and kept under control at all times or visitors could face fines.

This fall, GRCA conservation area staff will be increasing enforcement and encouraging guests to 'Take the Lead' when visiting with their pets.

In addition to leash requirements, conservation area visitors must pick up after their dogs and always be considerate of others.

For more information about visiting Grand River Conservation Areas with your pets, visit www.grandriver.ca/takethelead.

# Andrew Collins Trio to perform at River Run



Award-winning performer Andrew Collins is performing at the River Run Centre on Friday November 4, at 8.00pm.

Expect a collision of folk, jazz, Celtic, 'chambergrass,' and swing. The acclaimed group finds itself at the centre of the burgeoning Canadian acoustic-roots music scene.

Tickets are \$30 adult / \$28 senior / \$25 under 30, 35 Woolwich St, Guelph, 519-763 3000.

https://riverrun.ca/whats-on/the-andrew-collins-trio

Puslinch Pioneer | November 2022 | Page 13

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# Puslinch Santa Claus Parade Back On The Road!

#### By Brenda Law

The Optimist Club of Puslinch is excited to bring our traditional Santa Claus parade back to Puslinch. The Club will celebrate 27 years of bringing Santa to the kids of Puslinch. This year's parade will be even bigger and better!

Santa will be coming to Aberfoyle on Sunday, November 27th at 2 pm. The parade will start at the Township Fire Hall and then head east to Brock Road and south to the Optimist Recreation Centre. Young and old can watch anywhere along the parade route. All parade participants are asked to arrive by 1 pm at the firehall.

Following the parade, Santa will park his sleigh at the Optimist Recreation Centre to visit with the children. Each child will receive a goody bag from the jolly old guy himself. Optimist volunteers will provide hot chocolate and hotdogs.

You may bring your Santa letter to put in the mailbox. All letters with a return address will receive a written

letter back from Santa. Parade colouring pages are available at the library and school offices.

There is no cost, but we do encourage your children to bring a donation to the Food Bank. Donations will be collected along the parade route and at the Optimist Recreation Centre.

We welcome your family, club, organization or business to enter a float and display who they are. The theme this year is "Christmas Around the World". We invite and welcome our musical bands, animal friends, dance and theatre groups, churches, schools, sports teams and businesses to participate. Would you like to be a clown, mascot or elf or help with crowd control and food donations? If you know how to tie animal balloons, do face painting or special tricks, all are welcome.

The Optimist Club of Puslinch welcome your participation and hope you will enjoy your parade experience and chance to see Santa. It's all about the kids and bringing joy!

For more information, to register your float or to volunteer, please call Ken or June Williams at 519-763-0309.

See you at the Parade!









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# Junior Garden Club Banquet and Awards

#### By Barbara Bulmer

With the last weed pulled, the final harvest gathered, produce entered into the Fall Fair, members of the Puslinch Junior Garden Club wrapped up the season with a banquet to celebrate not only this year's activities but to recognize the club's 40th year. Following a grace by Florence Peer, Jamie and Ian Macpherson, on violin and guitar, filled the room with beautiful music during dinner.

Following dinner, parents arrived to enjoy the Awards portion of the evening. Municipal congratulations were brought by Mayor James Seeley who presented Maryann Hohenadle, the club's leader, with the Puslinch Township Volunteer of the Year Award.

Charlie Tilt, President of the Aberfoyle Agricultural Society, sponsor of the Garden Club, serving as M C for the evening, extended his congratulations to the Garden Clubbers who will receive both a certificate and prize money from the Society for their club participation.

Gill Mahnke, a 1981 founding member of the Junior Garden Club team, praised the efforts of this year's club members and encouraged them to make gardening a life-long activity.

Maryann, host of the event, welcomed gardeners, parents and guests. She explained that she had made a major change this year by creating three new gardens – junior, intermediate, senior – moving them from her home

to the community centre grounds, between the ORC and the green shed.

"This was no mean feat" said Maryann, as she extended her sincere thanks to the volunteer efforts, and donation of time and materials to the project by Mark Mast and his friend Beth, Josh Mast, and John and Margett Hauwert.

Maryann then thanked her club helpers who took on various jobs to ensure that the club was managed appropriately to meet their goals. These were Audrey Mast, Jenn Deter, Linda Hayden, and Betty Ann Hohenadle.

During the growing season the gardens were inspected by Maryann and graded on a points system. Points are awarded based on best practice.

So now, let's meet the gardeners:

Junior Division: Jane Forestell, Kate Forestell, Maggie Forestell, Noah John, Abbey Klimkosz, Vanessa Klimkosz, Gloria Prosser, Nolan Richardson, Jacob Seeley, Ella Townes. Finishing in 3rd place: Gloria Prosser tied with Jane Forestell. In 2nd place: Maggie Forestell. In 1st place: Kate Forestell.

Intermediate Division: Brianna Arens, Ian Hood, Kortney Macpherson, Patrick Seeley, Will Shepherd, Ashleigh Weber. Finishing in 3rd place: Ashleigh Weber. In 2nd place: Brianna Arens. In 1st place: Will Shepherd.

Senior Division: Bryson Arens, Noah Cassolate, Claire Hood, Matthew Hood, Chelsey Macpherson, Grace Prosser, Cailyn Weber. Finishing in 3rd place: Cailyn Weber. In 2nd place: Bryson Arens. In 1st place: Grace Prosser.



Maryann thanked all the Garden Club members for their participation, and praised their efforts to garden in a difficult year weather-wise.

She also offered a sincere thank-you to their sponsors: Southgate Animal Hospital, Deterco Builders Inc., Jennifer Deter, Bill McLean, Donald Macpherson, Hayden's Property Maintenance Ltd., Milburn Sales & Service Inc., Bill Hanning, Rob Richardson, Steve Leeson, Jamie and Carly Seeley. Community champions!

# 10C offers financing through Harvest Impact

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### Taste Real wins award

The International Economic Development Council (IEDC), the largest nonprofit professional association for professional economic developers in the world, has selected Wellington County as a recipient of a 2022 Excellence Award.

Wellington's County's Farmers' Market Box Series, organized through the Taste Real initiative, was recognized with a silver award in the Innovation Programmes and Initiatives category.

"The Farmers' Market Box Series delivers a curated selection of outstanding local farmers' markets products to doorsteps in Wellington County and Guelph each summer and fall," commented George Bridge, Chair of Wellington County's Economic Development Committee. "The initiative instills pride in our exceptional local food offerings, and we're honoured to have it receive international recognition."

Award winners are selected by a diverse panel of economic and community developers from around the world.

The Taste Real Farmers' Market Box Series was also recognized with a 2021 Award of Excellence from the Economic Development Council of Ontario (EDCO).

For more information about Taste Real and the Market Box initiative, visit www.tast-ereal ca

### Cocktail classes

Get into the festive mood and learn how to make interesting cocktails for your next party.



Starting November 3, the classes will be held at the Elora Distilling Company on November 10, 17, 24, December 1 and 8 at 7.00-9.00 pm.

Learn how to make and drink three fun Puslinch Pioneer | November 2022 | Page 18 cocktails using our premium spirts.

We teach you techniques and history so can do it at home! This is a non-driving event.

Cost is \$60.

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To register, go to https://eloradistillingcompany.com/

# Top tips to get your home ready for cooler weather



Did you know that air leakage can account for more than 30 percent of your home's heat loss?

This can lead to pesky drafts and higher energy bills.

Luckily, making a few small changes today can save you money down the road and keep you comfortable throughout the cooler months.

Checking your home for air leaks is the best place to start, as even the tiniest gaps around your windows and doors can let energy escape.

Use this simple trick: close a door or window on a piece of paper.

If the paper slides out easily, draft proof with caulking or weatherstripping to seal in the heat.

Doors, windows, electrical outlets, fans, vents, ceiling fixtures and attic hatches are all common culprits.

Many electricity and gas companies offer programs to help customers reduce their energy use at home.

For example, the Enbridge Gas Home Winterproofing program helps incomeeligible customers in Ontario cut energy use and costs with free insulation, draftproofing and a smart thermostat, all professionally installed.

Both homeowners and renters can find out if they qualify at enbridgegas.com/ winterproofing.

Source: newscanada.ca



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### YOUR HEALTH **MATTERS**

# Immune defense and chronic disease

By Dr. Laura M. Brown, ND

It is our natural primitive response to defend ourselves. We need armour. Without it, we wouldn't survive. As you grow, you learn to watch out for danger.

You learn to take care of yourself. As you learn to distinguish safe from unsafe, so does your immune system. Your immune system constantly surveys information from the environment.

Both consciously and unconsciously, it is primed to detect danger.

When the immune system is activated, there is inflammation. Inflammation can trigger pain and disease in different parts of the body. Is it altogether bad? No. Short term, inflammation is very helpful. It is there to help assess and address the site for trauma, infection, or injury.

It is a first responder. However, when there is an overload of food sensitivity,

unprocessed emotional chemicals, poor diet, poor gut health, stress, poor sleep, environmental toxins, or viral, bacterial, fungal, or parasitic infection, the first responders can't keep up. It's too much.

Over 70 percent of our immune system resides in our gut for a good reason; it's where we encounter most of the offenders. Once gut health is compromised, the defenses break down or are breeched, body wide activation of the immune system be-

Long term, chronic activation of the immune system is not good. The resultant chronic inflammatory response can be a factor in depression, anxiety, headaches, joint pain, skin issues, schizophrenia, Alzheimer's, insomnia, liver disease, autoimmune disease, insulin resistance, obesity, type 2 diabetes, cardiovascular disease and cancer.

Inflammation happens especially in times of grief, abuse, or other major negative life events. Instead of taking what you need and letting go of the rest, you keep adding to a bucket without a release valve.

Thus, inflammation clogs you up. Think about it this way: If you are trying to move through a room and it is full of stuff, how annoying is it to get through as you are bumping into everything? You feel stuck, you can't get through. This can make you feel frustrated.

Well, your lymphatics (immune system inside the body) work similarly. Lymph is your sewer system, so to speak. It delivers white blood cells to fight infection and takes away debris from the war zone of infection. Clutter in your gutter? You are going to feel sluggish, anxious, maybe even depressed.

Want to get to the root cause of your health issues? A functional or naturopathic medicine doctor can be one of many different medical professionals that focuses on the root cause of health concerns.

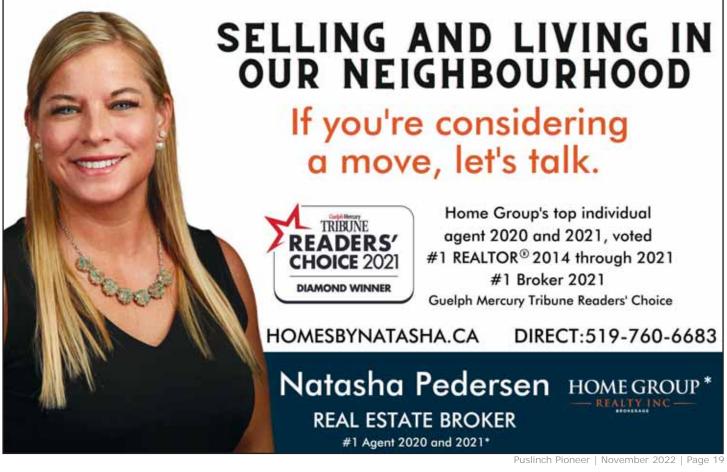
Overall, they provide individualized treatment plans with the goal to assess health through specific testing, restore health, increase health and maintain

They consider interactions between body systems and the body as a whole.

These medical professionals take time to get to know you as a whole person and how you interact with your environment and with this recognize factors that influence health and complex chronic illness such as lifestyle, genetics, environmental impact and health of the microbiome.

Responsibility for your health is shared in a patient-practitioner therapeutic partnership. You know you have a good fit when you feel safe and empowered by the interaction.

Questions? Ask drlaura@southendguelph. ca or visit https://southendguelph.ca.



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#### Cook's Corner

#### By Barbara Paterson

This recipe comes from the Basque region of Spain. It is one of my favourite ways of cooking chicken pieces. And it is great for company.

#### **Basque Roast Chicken**



3 sweet red peppers, halved, cored and seeded

1 large sweet onion, thickly sliced

1 (28 oz/796 ml) can tomatoes, drained

5 oz. (140 g) cured chorizo sausage, cut in chunks\*

10 whole cloves garlic

8 small bone-in-skin-on chicken pieces (half-breasts, thighs or drumsticks)

2 tbsp. olive oil

1¾ tsp. chopped fresh thyme

½ tsp. salt

½ tsp. each sweet paprika and smoked paprika (or 1 tsp. of either)

1/4 tsp. cayenne pepper

1. On baking sheet, broil red

peppers, cut side down, until blackened, about 12 minutes. Let cool enough to handle. Peel off blackened skins. Cut each piece in half.

- 2. In roasting pan, combine red peppers, onion, tomatoes, chorizo and garlic.
- 3. Toss chicken with oil to coat. Combine thyme, salt, paprika and cayenne pepper; rub all over chicken. Place skin side up on vegetable mixture in pan.
- 4. Roast in a hot oven (450°F), basting halfway through, until juices run clear when chicken is pierced, about 45 minutes. Makes 4 6 servings.

\*Note: You can substitute Italian hot or mild sausage for the chorizo but cook first before adding to pan because it is not cured as Spanish chorizo is.

These are the ultimate chocolate chip cookies; lots of peanut butter, chocolate chips and crunchy oatmeal.

# Peanut butter, chocolate, oatmeal cookies

1 cup smooth or crunchy peanut butter

3/4 cup butter

1 cup brown sugar

3/4 cup granulated sugar

2 large eggs

1/4 cup milk

1 tsp. vanilla

2 cups all-purpose flour

1 tsp. baking soda



½ tsp. salt½ tsp. cinnamon2 cups rolled oats (oatmeal), not instant1½ cups chocolate chips

- In a large bowl, cream the peanut butter, butter and sugars until thick and creamy. Add eggs and stir well.
- 2. Mix flour, baking soda, salt and cinnamon in a measuring cup. Add to peanut butter mixture alternately with the milk and vanilla.
- 3. Fold in the rolled oats and chocolate chips. The batter will be thick. Refrigerate about 1 hour for easy handling.
- 4. Drop by good tablespoons onto greased or parchment paper-lined cookie sheets and bake at 350°F oven for 10 to 12 minutes or until golden.

Let cool on racks. makes about 4 dozen cookies.





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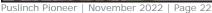
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#### Scrabble Club (Adults)

Join us for casual word building entertainment! Please register. Wednesdays, November 2 - 30 at 2-

#### After School Adventures Something to Hoot About (Kids)

Are you a wise owl? Have some fun with owl activities and find out! Ages 5 - 10. Please register.

Wednesday, November 2 at 3:00 -3:45

#### Story Time (Pre-Schoolers)

Our Story Times are designed to help your child get ready for reading. Share stories, songs, rhymes, and activities aimed at developing your child's early literacy skills. Please register. Thursdays, Nov 3 - 24 at 11:00 -11:45 am

#### **Dungeons and Dragons Club** (Teens)

Join fellow fantasy fans to build characters and explore new worlds. Please register.

Thursday, November 3 and 17 at 5:30 - 7:00 pm

#### **Book Club - Friday Book Club** (Adults)

Meet with members of your community and join our discussion of books and ideas. Please register.

Friday, Nov 4 at 1- 2:00 pm

#### After School Adventures - Wood Creativity (Kids)

How many ways do trees help us? Let's explore this together and use wood pieces to make a special craft. Ages 5 - 10 years. Please register. Wednesday, November 9 at 3:00 -

#### Musical Melodies - Intro to Hand Bells (All Ages)

Have cooperative fun learning how to play hand bells! No experience necessary. Please register.

Saturdays, November 12 and 26 at 10:30 - 11:30 am

#### Book Club - Tuesday Afternoon Book Club (Adults)

Meet with members of your community and join our discussion of books and ideas. Please register.

Tuesday, Nov 15 at 2-3:00

#### In Stitches (Tweens)

Learn to thread and operate a sewing machine, then create a simple project. Machines are also available for in-branch use. Ages 10 - 14 years. Please register.

Friday, Nov 25 at 1- 3:00

#### Cricut Creations (Adults)

Learn to use a Cricut electronic cutting machine to create and embellish maker projects. Machines are also available for in-branch use. Please

Tuesday, November 29 at 1:30 - 3:00

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Archer, Jeffrey Next in Line Box, C. J Treasure State Brooks, Terry Daughter of Darkness Carr, Robyn Holidays in Virgin River

Harris, Robert Act of Oblivion The White Hare Johnson, Jane Ng, Celeste Our Missing Hearts Picoult, Jodi Mad Honey The Christmas Swan, Karen

**Postcards** Turow, Scott Suspect

#### Non-Fiction

Brown, Ron Top 170 Unusual Things to See in Ontario

Feinsand, Mark New York Yankees: A Curated History of the Bronx Bombers

Grosvenor, Gilbert A Man of the World: My Life at National Geographic

Hoyt, Erich Planktonia: The Nightly Migration of the Ocean's Smallest Creatures

Movsesian, Sona The World's Worst **Assistant** 

Newall, Carol Marie. Outside The Gate: The True Story of a British Home Child in Canada

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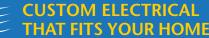


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#### **ASK THE EXPERT**

# Keep Gardening in Winter with Terrariums

#### By Kiki Alwynne

Oh autumn, the joy and lament of gardeners everywhere. The fall colours are stunning, the sales at garden centres are incredible, the bulb catalogues are oh-so glossy.

All these things can coexist with the secret sorrow we feel as the sun moves away and leaves us in the cold.

What's a gardener to do? Not all of us have the space or right lighting for tropical plants, flowers can get pricey (and pollen allergies, of course), and a few little succulents don't cut it.

Enter....terrariums. Terra, for earth, and rium, for place. Have you ever wished outside was inside?

Building a terrarium is a novelty way to keep the fragrance of the forest right on your coffee table, desk, or kitchen counter. Also, a fantastic hobby for those of us with limited mobility or without outdoor spaces.



A terrarium is an enclosed ecosystem - using a clear glass container and suitable plants, you are building a small world where photosynthesis and the water cycle can happen on a miniature scale.

The invention is usually credited to Dr. Nathaniel Ward, who upon discovering a sprouting fern in a closed glass container, realised plants could live enclosed.

Not to be confused with the mildewy mason jars of succulents sold at grocery stores or well-meaning flower shops, a properly made and cared-for terrarium will not only need very little maintenance (watering can be as little as once a year!) but will survive and thrive for years.

The easiest way to start is simply placing a small potted tropical fern in a clear container under a bright white-bulbed lamp.



#### Do's and don'ts:

Do not use porous materials like pinecones or preserved reindeer moss for decor- these will quickly mould in a humid environment.

Avoid placing your terrarium in direct sunlight or areas with temperature fluctuations.

Succulents like lots of hot sun and air circulation and will not be happy in a rainforest environment. 'Drainage layers' are pretty but not strictly necessary.

More than half the container should be air, leaving room for plants to grow and breathe.

Choose suitable plants, which can be purchased at many places (etsy.com is great for moss, one of the best choices for terrariums) Ferns, pileas, creeping ficus, any small, slow-growing, low-light plants.

Less water is better than more water - a fine mist on half the glass is the ideal amount of humidity. Use clean, fertiliser-free potting mix and a clear (not tinted) glass container.

With the soil moisture level that of a wrung-out kitchen sponge, a lid, placement under a bright fluorescent light or a few feet from a window - success is inevitable.

Long-handled aquarium tools can be used, or just your hands and a wooden dowel.

Take your time, gently tease roots apart. Hold the soil in your hands, find a favourite shell.

Build a garden path out of tiny yellow pebbles from the dollar store, find a use for that big candy jar in your attic.

Keep those delicate ferns happy in a world they will never dry out in, close your eyes and breathe in the scent of petrichor.

Most importantly, enjoy the tiny rainforest you build - soul to soil.

# Parks Revitalization Projects

The Township is excited to share that we are currently undertaking four revitalization projects at various community parks. The total cost of these projects is approximately \$2.6 million.

Some highlights of the works to be to be undertaken as part of these projects includes:

- replacement of the tennis court surface and netting
- a new play structure at Puslinch Community Centre Park with donated structure remaining
- a new play and shade structure at Boreham Park
- new Puslinch Community Centre Park soccer field sports lighting
- replacement of lights and upgrading of washrooms at Old Morriston Park
- a new parking lot at the rear of the Puslinch Community Centre Park

The Township is requesting fundraising of \$100,000 from its partners towards these projects. At this time, \$31,000 has already been raised towards this goal.

With \$31,000 in donations already received the Township has \$69,000 left to raise in order to meet our fundraising goal. Donations can be made using the link below or at the Municipal Office in 2022 or 2023.

https://puslinch.ca/forms/parks-revitalization-donation-form/

### Guelph Potters Market



Guelph Potters Market, Holiday Show November 12th & 13th 10-4 both days Victoria Park East Golf Club

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# **Religious Services**

In these ever-changing times, it is wise to double-check the website to determine if in-person services are happening or the event is taking place.

#### ARKELL UNITED CHURCH

"The Little Church with the BIG Heart" 600 Arkell Road at Watson, Arkell, ON NOB 1C0

519-821-7623

www.arkellunitedchurch.ca

· Sunday Worship at 10 am.

We will be following all Covid 19 guidelines. Masks are optional.

#### BAHA'I FAITH

www.bahaisofpuslinch.ca.

• You are invited to join us in our study of – Reflections on the Life of the Spirit – a course on the spiritual nature of the human being. During the pandemic, this study will be conducted via the Zoom video conference platform. Call 519-766-7731 or email Isapuslinch@gmail.com for particulars of date, time and Zoom link.

#### **CALVARY BAPTIST CHURCH**

454 Arkell Road, Puslinch, ON NOB 2J0 519-824-1161

www. calvaryguelph.com

Pastors: Patrick Timney and Joe Yang

- Sunday worship: English 9:30 am Chinese 11:30 am
- Children's Worship: Sunday morning program held during main services.
- Calvary Youth: For Jr. & Sr. High programs please go to church website for more information.
- Adult Bible Study: Thursdays 10:00 am.

#### CROSS ROADS BIC CHURCH

Living and Loving Like Jesus. Peacefully. Compassionately. Together. 4614 Wellington Rd. 32, Guelph ON N1H 6J3

Ph. 519-658-9746

Web Site: www.crossroadsbic.ca Facebook: Cross Roads BIC & Cross

Roads Youth Group Pastor: Melissa Richer

Sunday worship @ home: YouTube 'Cross Roads BIC' or in person via registration @

'crossroadsbic.eventbrite.ca' www.youtube.com/channel/ UCMKYAskvq1HdGsTiA7UQFsg.

#### **DUFF'S PRESBYTERIAN CHURCH**

We look forward to welcoming you again! 319 Brock Rd. S. & 401, Puslinch,ON NOB 2J0 519-763-1163 office@duffschurch.ca

www.duffschurch.ca

www.facebook.com/duffschurch/

#### **EBENEZER UNITED CHURCH**

12274 Guelph Line, (just North of 20 Sideroad) N of 401, Campbellville, ON LOP 1B0

905-854-2423

Webpage: www.ebenezeruc.ca - Like us on Facebook

Music Director: John Zadro

• Regular Sunday Worship, 11:00 am. Puslinch Pioneer | November 2022 | Page 26

#### FREELTON UNITED CHURCH

155 Freelton Rd. at Douglas Street, Freelton, ON L8B 0Z5 905-659-3380

www.freeltonstrabaneuc.ca Minister: Rev. Will Wheeler

Sunday Worship Services & Sunday School at 9:30 am.

# KNOX PRESBYTERIAN CHURCH, CRIEFF

7156 Concession 1, Puslinch, ON NOB 2J0 519-824-8757

www.pccweb.ca/knox-crieff/ www.facebook.com/

knoxpresbyterianchurch,crieff Minister Rev. Michelle Yoon

· Sunday Worship at 10 am.

# MOUNT CARMEL-ZION UNITED CHURCH

in Morriston at the corner of Church & Victoria Streets, Morriston, ON NOB 2CO Minister: Rev. Margaret Ruggles

519-822-8610

www.morristonunitedchurch.com

Email: morristonunitedchurch@gmail.com
• Our doors are open for Sunday Worship at 10:30 am.

Safety protocols are in place.

Donations to Chalmers Community Services
Centre are greatly appreciated.

# OUR LADY OF MOUNT CARMEL ROMAN CATHOLIC CHURCH

79 Freelton Road, Freelton, ON LOR 1KO 905-659-3305

Father Edward Mahony

Masses as follows:
• Saturday: 5:00 pm

• Sunday: 9:00 am and 11:00 am.

# THE SALVATION ARMY GUELPH CITADEL

"A Place of Christian Worship & Service" 1320 Gordon St. Guelph, ON N1L 1H3 519-836-9360

www.guelphsa.ca

Majors Peter and Lee-Ann van Duinen

Worship Service: Sunday 11:00 am

• Sunday School: 11:30 am (Age 2 to Grade 6)

Please check the website for more information.

# SEVENTH DAY ADVENTIST REFORM MOVEMENT CHURCH

We welcome you! 3997 HWY 6, Puslinch ON, NOB 2JO 905-659-1229

email: dorin\_sdarm@yahoo.com

www.sdarm.ca Elder: Paul Gavric Pastor: Dorin Burca

#### ST. JAMES' ANGLICAN CHURCH

520 Ellis Rd. (beside Hespeler Arena, west of Townline Rd.)

Hespeler - Cambridge, ON N3C 0E6 Rector Rev. Canon Linda Nixon

Sunday Services

8:30 am Holy Eucharist - Traditional 10:00 am Holy Eucharist 1st, 2nd, 4th and 5th Sundays

Morning Prayer 3rd Sunday Sunday School & Nursery at 10 am Service.

#### STRABANE UNITED CHURCH

1565 Brock Road, (Brock Rd & 8th Concession West) Freelton, ON LOR 1KO

# **Community Events**

At the Puslinch Pioneer, we like to promote community events and we ask for your cooperation in keeping them under the 50 word count so we can accommodate as many as possible. If your event is taking place outside of Puslinch, or is a for-profit venture, there is a \$25 charge for the listing.

#### ARKELL UNITED CHURCH CHRISTMAS BAZAAR AND BAKE SALE

Saturday, November 19th 9am - 3pm. Homemade Baked Goods and lots of gift ideas! Complimentary Tea and Coffee! 600 Arkell Road, Church Hall. Interested in being a vendor please contact Peg Lawson 519-763-8883 or schurinklawson@rogers.com.

#### **BADENOCH MUSIC NIGHT**

November 4th and December 2nd at 7 pm. Music Night at the Badenoch Community Centre 4217 Watson Road S. Puslinch. Everyone welcome, masks optional. Info: 519-763-9782.

# CHRISTMAS CRAFT SALE IN THE COUNTRY

**Saturday Nov. 12th**, 10-4 pm at Badenoch Community Centre, 4217 Watson Road S. Puslinch. Pick up your Christmas gifts. Info: 519-763-9782.

#### KNOX CRIEFF CHURCH CHRISTMAS COOKIE AND BAKE SALE

On **December 10th** between 9 am and 12 at 7156 Concession 1, Puslinch, ON. Cookies, squares by the dozen (3 doz in a box for \$16 or \$7 a doz.), loaves, preserves along with crafts will be for sale. Preordering is available for pick up. Contact *lindambernardo@gmail.com* or 905-659-0727. All proceeds going to charity. COVID-19 protocol will be followed.

# PUSLINCH SANTA CLAUS PARADE BACK ON THE ROAD!

Join the Optimist Club of Puslinch for a "Christmas Around the World" Santa parade. Sunday, November 27th at 2 pm. Parade starts at Puslinch Fire Hall, east to Brock Road, south to Optimist Recreation Centre, and finish at rink to meet Santa for a goody bag, hot chocolate and hotdogs. You are invited to participate, come out to watch. Participants to congregate at firehall at 1 pm. Donations to food bank welcome. Bring your letter to Santa and be sure to include your return address. For more information, to register your float or to volunteer, please call Ken or June Williams at 519-763-0309.

# Community Announcements

# BIG BROTHERS BIG SISTERS OF GUELPH

Learn to be a kid again! Volunteer mentors needed for local children. Big Brothers Big Sisters of Guelph has five programs with varying levels of time commitment. Call 519-824-5154, email *info@bbbsg.ca* or visit us online at *www.bbbsg.ca*.

# Inside the Back Page . . .



#### Sue Grav

www.susangray.norwex.biz 519-820-8013

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**Space Available** Call (519) 763-6564

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Advertising Rates: Contact Dianne Churcher (519) 763-6564 or advertisingpuslinchpioneer@gmail.com

#### **BOOKING AGENTS**

#### ARKELL UNITED CHURCH

Contact Peg Lawson at 519-763-8883 or email schurinklawson@rogers.com.

#### BADENOCH COMMUNITY CENTRE

Inquiries call Ami DeVries at 226-979-0355.

#### DUFF'S CHURCH

Contact the church office at 519-763-1163 or email office@duffschurch.ca.

#### FREELTON UNITED CHURCH

Contact Ray McConachie at 905-659-3033 or email rayjo1819@hotmail.ca.

#### **OPTIMIST RECREATION CENTRE AND PUSLINCH COMMUNITY CENTRE**

Call 519-763-1226 or email services@ puslinch.ca

#### **CROWN CEMETERY PUSLINCH**

Crown Cemetery Puslinch is located north of Morriston at Brock Road and Highway 401. It is a non-profit cemetery operated by a volunteer board of managers and a secretary/treasurer. We welcome all denominations for burials. For more information please visit our website at www.crowncemetery.ca or contact Darlene Harrietha at 519-822-0874 or email darleneharrietha@gmail.com.

#### FREELTON LIONS CLUB

Are looking for new members and volunteers men and women for our club. We sponsored a number of charities over the years. If you are interested in helping or joining please contact Jim Munday at 905-921-0095 or email jkmunday@bell. net.

#### THE FRIENDS OF MILL CREEK

Meet at the Puslinch Community Centre at 3:30 pm. on the third Wednesday of every month (except August). If you share our passion for protecting this precious resource for future generations, and in developing this resource for the next generation of conservationists, join us. For more information http://www. friendsofmillcreek.org.

#### THE MILL CREEK SUBWATERSHED **COMMUNITY LIAISON TEAM**

Holds its monthly meetings the second last Thursday of each month at 1:00 PM at the Community Centre in Aberfoyle. The public is invited.

#### **OPTIMIST CLUB OF PUSLINCH**

Is one of the most active clubs in the Township. Our focus is youth. We meet on the 2nd and 4th Tuesday of each month. Visit www.optimistclubofpuslinch.com and fill out an application or call Ken at 519-763-0309 or contact any club member.

If you have a concern about a police matter, please phone 1-888-310-1122 and request to meet an OPP officer at the Puslinch Township office.

#### PUSLINCH FIDDLE GROUP

Meets the 3rd Sunday of each month at Duff's Church, Nanson Hall, from 1 - 4 pm. Come out and bring your fiddle, guitar, etc. and join in some good old fiddle music. Call Paul McDonald 519-763-9764.

#### PARENT-CHILD PLACE

Is a free drop-in program for parents and caregivers with children birth to 6 years, running September-June. It runs on Tuesdays at the Puslinch Community Centre from 9:30-11:30.

#### PUSLINCH LOAN CUPBOARD HOME HEALTH CARE EQUIPMENT SERVICE

located in Duff's Presbyterian Church. For assistance call:

Gary Will 519-763-3958 Fred Law 519-767-2462 Dianne Hersey 519-824-6304 Alan Fairweather 519-824-5726 Jen Deter 519-837-5913

#### THE ROTARY CLUB OF GUELPH SOUTH

Meets every Thursday at 7:30 am. Check out www.rotary7080.org/guelphsouth for more information. Contact Celia Clark for membership inquiries: 519-766-1097.

#### METAL RECYCLING BIN - SUNRISE FARM (6920 Conc. 1, Puslinch)

Drop off 'unwanted' metals, e.g. stainless steel, aluminum, copper, tin cans, wire, metal rods, fencing etc. in the 'Gerdau Ameristeel' recycling bin situated in our parking lot. For more info, contact Lynne O'Brien Sunrise 519-837-0558 x31.

# Job Mart

#### PART TIME MAINTENANCE **CO-ORDINATOR NEEDED**

This part-time position at Sunrise Therapeutic Riding & Learning Centre includes maintenance of property and equipment, general repairs, light barn chores, grass cutting and snow removal. Many tasks involve physical labour in an outdoor, farm environment. As Sunrise is a registered charity providing programs for children and adults with special needs, this position would often work with volunteers. Contact: Lynne O'Brien, Executive Director - 519-837-0558, ext. 31; lynne@sunrisetherapeutic.ca





### **Automotive**

#### ABERFOYLE TRUCK LUBE REPAIR AND SALES

7 Tawse Place, Guelph 519 836-3700



#### Michael's Mobile Truck &

Trailer Repair Inc
Truck trailer and automotive repairs, annual safety inspections Aberfovle 519 780-2710

#### VINNIE'S MR. FIXIT

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# Cat Boarding

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# Dirt/Gravel Moving



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# Electricians

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Electrical wiring and maintenance of new residential, additions and renovations commercial, and solar projects 519-767-0768

info@dallsonselectric.com





### **Electronics**

# 409 Woodlawn Rd. W. Guelph 519 836-1157 or 866-304-3339

# Engine Repair Frank's Small Engine Repair

Repairs to lawn mowers, snow blowers and gas powered lawn tractors 871 Watson Rd. South, Arkell 519 829-8795

# Farmers' Market



### Financial



Mary Warwick CFP, CIM, MBA Financial Planner, Manulife Securities Incorporated

1499 Gordon St, Guelph, ON, N1L 1C9 Phone: 519-763-6279; Cell: 226-979-7683; Fax 519-763-7167

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# Health



SHIRLEY ANNE NOWELL RRPr Registered Reflexology Practitioner Phone: 519-830-5686

Email: relax@reflexologybyshirley.com

#### **SOUTHEND** NATURAL MEDICINE

Dr. Laura M. Brown, Naturopathic Doctor southendguelph.ca 519-829-9817

# Home Improvement

#### **Ball Exteriors Ltd.**

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### **Dave's Home Improvements**

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### **Photos**

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### Restaurant

#### A Change of Pace RESTAURANT

Hwy #6 -- South of 401, Morriston Plaza 519 767-9987

### Seasonal



Chickadee Christmas Trees 6639 Wellington Rd 34 519 654-2029 www.chickadeechristmastrees.ca

brock road nursery Garden Centre & Gift Shoppe www.brockroadnursery.com 30

> Merry Christmas Hayden's Property Maintenance

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