Honouring The Past. Embracing The Future.

Produced by volunteers since 1975

Vol. 48, Issue 2 - September 2023

The show must go on...

By Joanne Holt

The Aberfoyle Fair has survived, after many years and many setbacks through its 182 year existence. The challenge this year is no different. Many of you may have heard rumors of no fair or noticed the construction taking place at the Recreation Centre.

Over the last couple of months, our small group of volunteers has been working diligently to create a plan for the Aberfoyle Fall Fair. We are working with the Township, the construction company, and other involved individuals. We now have a plan. Aberfoyle Fall Fair is on September 8 evening, September 9 from 9:30 until 5pm.

Friday night we have brought back the wrestling and the antique tractor pull. Also a few other events as plans develop.



Saturday, we have a very fun-filled day with many attractions. Not only children's races which start at 9:30, but there will be Farmers' races and the excitement will continue throughout the day with egg toss and hot potato.

New this year is a big vehicle section. Come learn what these big vehicles do and how to respect them when you are driving. Perhaps you want to join their teams?

As we are an agricultural fair, we have many interesting exhibits of agriculture, combined with history. Some new animals, great exhibitors and food trucks. Yes, more than last year!

Our competition books are out in the library, Township office, and in various places around town. We also have them at the Farmers' Market on Saturdays. If you want to enter, why not have a family competition to see who makes the best cookies or pies. If you want to enter on your own, we welcome that as well come and see the hall full of beautiful handiwork of people in the community.

Our theme this year is "Welcome, Friends and Neighbours", so why not bring a friend or neighbour as this is a great chance to introduce them and have some fun.

There are several categories for the children to enter: grow their own vegetables; make a wonderful piece of art. Check out the complete list in the fair book. Have you taken some terrific pictures this year? We also have a photography section.

The 4-H club has a sheep show. Budding young farmers have learned to handle sheep. They create a fabulous show. Join us in encouraging these young people on. Be sure to ask them a question or two, as they do work hard at this.



Bring a cooler. Perhaps you'd like to get some fresh produce and groceries at the Farmers' Market which will be open from nine until three. It's a great time to stock up with lots of home products, and baking. There are many crafts as well.

Check out our website. Just put Aberfoyle Agricultural Society in your browser and we appear. Do check this out for updates as we will update what is happening.

This year has been a very difficult year for the volunteers. We are in serious need of more volunteers to join, especially young people with fresh ideas. We have done our best to fund raise as everything is volunteer and donated.

As a special fundraiser this year, we are having a live auction at noon hour. Join us in the middle of the ball diamond after the sheep show. We have pies, golf passes, gift baskets, and children's items as well.

Join in the excitement of the Aberfoyle Fall Fair! And maybe next year you would like to join our committee as a volunteer. We sure do need you!

One last item.....we are cash only. We do not have the ability to take cards at this point. There is an ATM inside the market. The cost of using it goes to the market fund.

Editorial

When I look at the broad spectrum of articles we have in this issue of the *Pioneer*, I am struck by how diverse the articles are.

From highlighting the positive trend in our community to raise funds for local charities such as Sunrise and the donations by minor ball team and the bridge club, to the determination of the Fall Fair committee to "keep calm and carry on." It was also heart-warming to read that, with all his achievements on behalf of Puslinch, Don McKay was awarded Senior Citizen of the Year.

We also bring some good news about the Morriston By-Pass – well it would seem work is finally underway.

But then there's the darker side – with the stinky water situation impacting several households and the lack of appropriate response in trying to get to the root of the problem.

Or the ongoing debate about traffic and the speed with which many travel down our country roads. As someone whose family lives on Concession 1, I share those concerns, and I had to draft my article several times so I stuck to the facts, and not let my own frustration sway the discussion.

Suffice to say for a small community, we have a lot going on and plenty we need to come together and tackle together.

Hope to see you at the Fall Fair.



Get your copy in advance. Be the first to know what is happening in the community.

Sign up to receive the Pioneer and Pulse electronically.

www.puslinchpioneer.com or email

editorpuslinchpioneer@gmail.com

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Our Mission

The *Puslinch Pioneer* is a monthly publication produced by local volunteers to provide an authentic source of local information about the social and political activity within the community, and to encourage participation in community events.

Volume 48: Issue 2 September, 2023 Published by volunteers for the community since 1975.

Ten issues are published a year and distributed free of charge throughout Puslinch. www.puslinchpioneer.com

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The *Puslinch Pioneer* does not necessarily endorse the opinions expressed in articles or Letters to the Editor. We reserve the right to refuse items submitted and to edit all material. All advertising is accepted in good faith. The *Puslinch Pioneer* reserves the right to refuse an advertisement that is deemed inappropriate, racist or promoting hate.

SUBMITTING ARTICLES Items of interest to Puslinch residents are welcome. Letters to the Editor must include a telephone number.

We ask that articles be submitted by email and adhere to the Writers Guidelines which can be downloaded from www. puslinchpioneer.ca

Unless otherwise stated, the deadline for submissions is the 2nd Friday of the month. Next deadline is **Friday**, **September 8th**, **2023**.

Because of the increased interest we cannot guarantee inclusion, especially those received after deadline.

Annual subscription rate \$50. Forward request and payment to 29 Brock Road South, Puslinch, ON NOB 2J0

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Missing in action

My apologies to those who submitted articles in late June to be included in this issue of the *Pioneer*.

I've had computer issues and a gremlin has whisked them away. Please resend to editorpuslinchpioneer@gmail.com.

AD

Council Clips

Road Projects:

Staff directed to send correspondence to County and MTO requesting future road works projects be coordinated as much as possible to mitigate impacts and delays to traffic on local roads.

Human Trafficking:

Staff to connect Crime Stoppers with the Rotary Eradicating Human Trafficking Committee to collaborate on spreading awareness and arrange presentation to Youth Advisory Committee.

Septic Management:

Council requests County give consideration to potential solutions for septic management and County wide servicing for hauled sewage if increased rural growth is approved.

Paramedic Stations:

Joint City/County meeting was held regarding paramedic stations.

Short/Long Term Disability:

Council authorize staff to adjust weekly earnings for short/long term disability by providing 'top-up' payments to equal 75 percent of regular weekly earnings.

128 Brock Rd S:

Council approves Zoning By-law Amendment for the property with the use of a holding provision that prohibits construction and use of the property until all requirements identified are completed to Township's satisfaction. Residents deciding whether to appeal Council decision.

Carter Farmhouse:

City has put forward Expression of Interest seeking potential uses for property at 880 Victoria Rd S and Township staff to add property to list of priority properties to designate.

Economic Development Programs:

Launch of its new economic development programs including the Community Guide and Business Directory and Puslinch Profiles to support local businesses at no cost.

Women of Ontario Say NO:

Council supports Bill 5 Stopping Harassment and Abuse by Local Leaders Act.

Automated Speed Enforcement:

Council supports that Ontario Government amend Highway Traffic Act to permit local municipalities to locate an ASE system on its roadways and not be restricted to only community and school safety zones.

Paddock Bridge:

Estimated budget of \$4,325,000 to construct a new bridge to open in December.

Foul Smelling Water:

Homes in the Fielding Lane, Hamlet of Puslinch area of the Township have had smelly water coming from their taps for a few weeks now. Ministry cannot name source of odour.

Crime Stoppers:

Council offers to hang banners at Puslinch baseball diamonds and add links to their website from the Township website to spread their work. Crime Stoppers celebrates its 35th anniversary.

Estill Innovation Community:

Informal open house recently held by applicant to hear from residents and explain some changes to proposal; scaling back number of employees and reconfiguring the layout.

An official revised proposal to Council will be made down the road to undertake necessary studies and consult with agencies.

Grass Fires Railway Tracks Arkell:

Residents concerned over increase in number of grass fires along railway tracks and potential to spread. Feel GJR is not doing enough to prevent these kinds of fires.

Maltby Community Association:

Spoke about increased speed and volume of traffic on Maltby Road and concerns about safety now and into the future.

Staff to look at cost of two solar mobile speed signs and consider lane marking strategy and electronic speed indicators in Roads Master Plan.



TOWNSHIP OF PUSLINCH (519) 763-1226

Council and Committee Meetings (519) 763-1226

Council Meeting: September 6th at 10:00am

Heritage Advisory Committee Meeting: September 11th at 1pm

Youth Advisory Committee Meeting:

September 11th at 6pm Committee of Adjustment Meeting & Plan-

ning and Development Advisory Committee
Meeting: September 12th at 7:00pm

Open House for Local Businesses: September 14th at 6pm

Recreation Advisory Committee Meeting: September 19th at 7pm Council Meeting: September 27th at

Council Meeting: September 27th at 10:00am

Public Information Meeting - Proposed User Fees and Charges By-Law: September 27th at 7pm

Please check the Council Calendar at https://puslinch.ca/calendar/ as meetings may be subject to change.

<u>Library Hours</u> (519) 763-8026

For current hours and services, please call Puslinch Branch at 519.763.8026 or visit us online at www.wellington.ca/Library.

Optimist Recreation Centre

Looking for a facility to host lacrosse, roller skating, dry land training, etc? Then consider the rink surface or the gymnasium at the Optimist Recreation Centre.

To submit a rental request for the rink surface or the gymnasium, please complete the online facility rental request form at https://puslinch.ca/forms/rental-request-form/. For more information on our facilities, and to view our facility calendar, please visit our Community Facilities page at https://puslinch.ca/culture-recreation/community-facilities/ or email services@puslinch.ca.

Calling all roller skating enthusiasts! Keep an eye on our Facebook age, Twitter account and website for our drop-in and scheduled programming at the rink.

Historical Society Archives

Saturdays 12 noon - 3 pm or for appointment email *ardyne.farm@sympatico.ca* or 519-822-8559.

WDG COVID restrictions apply.

Waste Facility (519) 837-2601

Open Wednesdays, Fridays and Saturdays 8 am - 4 pm. Located at 6922 Concession #4 between County Rd.#35 and Hanlon (Hwy #6)

In Memoriam

Wavel G. Forsythe



It is with great sadness that we announce the passing of Wavel Forsythe on July 8, 2023, at 75 years of age, at Joseph Brant Hospital in Burlington.

Wavel was born in New Brunswick and moved to Ontario when he was a young man in the 1960's.

Wavel, a retired Morriston business owner, will be sadly missed by his wife Pauline, his four children Dionne, Rachael, Casey and Sarah, their spouses and nine grandchildren.

Arrangements entrusted to the Wall-Custance Funeral Home & Chapel 519-822-0051/www.wallcustance.com.

A tree will be planted in memory of Wavel G. Forsythe in the Wall-Custance Memorial Forest.

Eagles Nest

By Anne Day



On high streets across the UK, there are charity shops selling donated items to raise funds for their cause.

And recently we discovered such a store in nearby Freelton, with the

Eagles Nest positioned right in front of the Freelton Antique Market.

The Eagles Nest, a rescued and restored thrift store, uses the revenue from their sales to support its counselling, coaching, and support programs to adults, youth and children.

Based in Waterdown, this charity provides a safe haven to women and children enabling them to realize their potential and self-esteem.

If you are looking for bargains such as furniture, clothing, household and electrical equipment, artwork as well as books and toys – check out the Eagles Nest – where you can also shop online – www.eaglesnestwaterdown. ca

Or if you want recycle and donate items, call ahead to make an appointment. Wednesdays is when donations are accepted. You can also check their website to see what they will accept and not accept.

For shopping in person, the thrift store is open Thursday – Sunday, 10am – 5.00pm and is located at 248 Freelton Road, Freelton. 289 679 0481





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Puslinch Pioneer Volunteer Award Presented at Aberfoyle Public School



Chelsey Macpherson and Cailyn Weber from Aberfoyle Public School receiving the Pioneer Award from Karen Harding, Chair.

Day of Caring

The United Way's Day of Caring will take place Thursday,, September 28th.

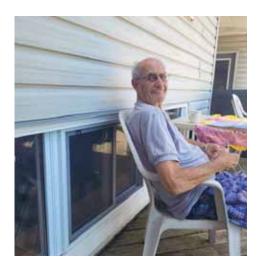
The United Way of Guelph seeks volunteers to help out at local charities. They paint rooms in shelters, prepare food, create and clean up community gardens and more.

There are two volunteer opportunities. First is with Wyndham House, support shelters for youth. Goal is to clean up at Wyndham House's two Permanent Housing Homes for youth.

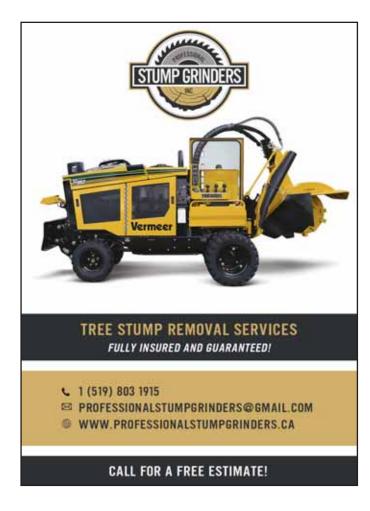
The second opportunity is with GW Women in Crisis – Marianne's Place Shelter where they need volunteers to do garden bed clean up, brush trimming and clean up, painting of the fence, cleaning of outdoor toys and other yard work.

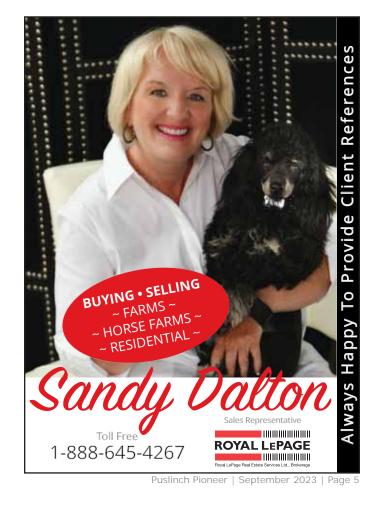
To learn more, phone (519) 821-0571.

Join Us To Celebrate the 90th Birthday of Don Aubin



This will be an open house welcome to stay the entire time.
Date: September 2, 2023
Location: Badenoch School House
Time: 1:30-4:30pm
Please bring your own lawn chairs
Please no gifts







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Don McKay awarded Puslinch Senior of the Year

By Barbara Bulmer



The Ontario Senior of the Year Award gives each municipality in Ontario the opportunity to honour one outstanding local Ontarian who after the age of 65 has enriched the social, cultural or civic life of his or her community. This year Council recognized Don McKay as Ontario Senior of the Year for Puslinch Township.

Don, and his wife Barb have been residents of Puslinch for thirty-eight years, engaged part time in sheep and beef cattle farming. Keen to preserve farming in Puslinch he often opened his farm to school children.

Don earned an impressive education: a BSc. U of Guelph, physics and mathematics; MSc. U of Toronto, Meteorology and Atmospheric Science; PhD U of Guelph, Micrometeorology; MBA U of Toronto, Business Administration.

Don had a 33-year career with Metrological Service, Environment Canada as a forecaster, research scientist director, and member and chair of numerous national and international boards, most notably Canadian Chair of the International Joint Commission, Air Quality Advisory Board.

Don's contribution to his community demonstrates his enthusiastic, optimistic and innovative nature. In 1997 Don joined the Aberfoyle Agricultural Society serving ten years on the board and as president. He remains a strong supporter of the 4-H sheep club.

Don has been a member of the Optimist Club of Puslinch for 25 years, eight years as board member, then as President, receiving the Central Ontario District Optimist of the Year He proposed the club's Award. Scholarship Program, now in its 21st year, for Puslinch students going on to University, or Community College, or to study a Trade. Optimist Club president Gregg Allan had high praise for Don's contribution to the club saying, "\$60,000 in club grant money has been awarded to Puslinch students, and that's all due to Don."

Don joined Friends of Mill Creek in 1999, becoming President in 2015. FoMC is a volunteer, community-based organization that supports rehabilitating Mill Creek. He helped in establishing the Stewardship Ranger Program in collaboration with the GRCA to hire four students and a crew leader each summer to undertake projects along the creek.

Then there is his political career: four years on Puslinch Council also serving on the Planning Advisory and the Recreation Committees, and twelve years as Ward 7 Wellington County Councillor, serving as a Director on Guelph Wellington Family and Children Services, St. Joseph's Health Care Centre Boards and as Chair, Solid Waste Services Committee Wellington County.

Don's scientific knowledge gave new importance to Solid Waste Management leading to the repurposing of municipal dump sites within Wellington County to bin and recycling collection, improved pickup service, public education, and the opening of 3 Re-Use Centres, Puslinch being one.

As a passionate environmentalist Don's actions raised awareness, and inspired others to improve their own environmental behavior. Some even say he made garbage 'sexy'.

Don is completely unselfish with his time. He's a team-player, and a good problem-solver. He cares deeply about his community, and it's future. A Civic Champ for sure!







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Update on the Morriston By-Pass



Local resident, Peter Smith, had the opportunity to see and hear first-hand what is happening on the long-awaited Morrison By-Pass.

He reported that Dufferin Construction was awarded the \$ 61 M Design Build about 16 months ago and used last year to prepare the design and Environmental Assessment.

The EA plan was approved for the early works, which is what is underway now.

The bridge cloverleaf will be completed this year as will the access ramp down to the west side of Road 34.

Unfortunately, there is a 100 yard length on the north side of 34 that goes through a low wet area and a major environmental remediation is being proposed (and hopefully approved) for that.

Traffic lights will be eventually installed there as it is a hard right angle turn.

Next year, a roundabout will be built at Road 34 and Concession 7 and the eastern side access to the new bridge will be completed.

Once that is all flowing smoothly, there will be two major changes:

 Maltby will no longer connect with the Hanlon – both sides will end in a cul-de-sac.

Road 34 will be closed in the area and a new two lane bridge will be built over the Hanlon to allow Road 34 traffic to cross the highway.

That will not be opened until 2025.

The Second and larger phase – connecting the 6's, will be called in 2024 with a likely completion in 2027/28.

Family Activity – September

By Julia Preston

September is a time of change—weather, seasons, activities, routines. Making time to get outside and connect as a family can help to combat the busyness and give ourselves a reset.

Here are some ideas.

Time to shine

Collect a variety of seeds, nuts, leaves and flowers. You can use your



collection for both art and science.

For the artists, create beautiful fall décor like wreaths or pictures.

For the scientists, sort your collection into different categories. Talk about where each thing came from and what's different or the same about them.

Count how many you have of each and draw or graph the tally.

Hike of the month

There is comfort in the familiar. Go for a hike at a favourite spot.

Notice what has changed and what is staying the same as fall nears.

Have each person share what makes this hike special for them.



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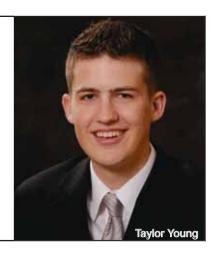
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Celebrate Sunrise!

On Sunday, June 25, Sunrise Therapeutic Riding & Learning Centre, a registered Canadian Charity, hosted their annual signature fundraising event —Celebrate Sunrise! - at their farm in Puslinch.

Guest speaker and MC, Jeff Tiessen, lost both his arms in an electrical accident at age 11.

Jeff presented ribbons to four young riders with disabilities, aged 5 to 7 years, from this year's musical ride, sharing words of encouragement with these riders.



A four-minute promotional video was shown, focusing on young adults with special needs from Sunrise's Life Skills program.

This video was produced by filmmaker Catherine Rix and filmed by Kurt Carpenter, cinematographer for The Amazing Race, Canadian and American feature.

Collectively, the Live and Silent auctions cleared close to \$70,000. These funds are greatly appreciated and will support the many Sunrise programs that have been empowering children and adults with special needs for the past 40 years.

Sunrise held eight weeks of completely inclusive Day Camps in July and August, where campers enjoy swimming, archery, a low-ropes course, nature trails and of course, daily interaction with the many Sunrise horses.

In the Fall, the Sunrise Therapy / Memorial Ceremony is on Sunday, September 24th.

Please consider:

- Honouring a loved one by naming a sapling or mature tree.
- Nurture a Native Therapy Forest.
- Support programs for children and adults with disabilities-- all with a single gift to this emerging 20-acre Forest.

Donation towards the Old Morriston Ball Diamond

By Sara Bailey



Puslinch Minor Ball U11 Black team and U11 Green team took a short pause in their softball game to present a cheque in the amount of \$3,000 to members of Council and the REC committee as a contribution towards the replacement of lights and washroom upgrades at Old Morriston ball diamond as part of the Parks Revitalization project.

Special thanks to Mayor Seeley, Councillor Sepulius and Recreation committee members Mary Christidis and Vinnie Klimkosz for coming out to receive the donation."

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Eradicating human trafficking



On Thursday July 27th at 9:00am, the End Human Trafficking flag was raised on the City Hall flagpole representing Guelph and local communities in solidarity against Human Trafficking in our area.

In attendance were members of the local "Rotary Eradicating Human Trafficking Committee," fellow Rotarians along with Guelph Mayor Cam Guthrie, two City Councillors (Dominique O'Rourke and Ken Yee Chew, both from Ward 6), Luisa Krause from Elora House, Royal City Mission Pastor Kevin Coghill as well as concerned members of the community.

Guelph Mayor Cam Guthrie spoke out against this devastating crime and Luisa Krause spoke on behalf of girls and women who have been rescued from this overwhelming crime on our doorstep.

She was also present to raise public awareness about thousands of those still trapped in this tidal wave crime of human trafficking sweeping across Canada and around the world.

To coincide with International Human Trafficking Awareness Day the Rotary EHT committee members began a lawn sign campaign this month to help raise awareness and educate the public.

These lawn signs will appear again this fall for a defined period of time.

The committee is planning delegations to each Township in Wellington County including the City of Guelph and Wellington County Council.

The first Township to receive a delegation was the Township of Puslinch due to their proximity to the 401 highway where young people are moved from vehicle to vehicle in many parking lots close to the highway on their way from London Ontario, another active hub, onwards to Toronto, Montreal and beyond.

Be the change!









- Leaf and yard waste will be collected curbside in urban areas only.
- Place materials curbside by 7:00 am on the date listed here. Collection may take place any time during the week.
- Set out materials in brown paper yard waste bags and/or reusable cans clearly marked "Yard Waste."
- Twigs must be in tied bundles
- Loose materials, and materials in plastic bags, WILL NOT be collected.

The next leaf and yard waste collection dates for Puslinch are:

WEEK B

Monday, September 18



www.wellington.ca/yardwaste
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Water issues in Puslinch Hamlet

By Susan Fielding



What's that smell? This question began to be asked by residents of the hamlet of Puslinch around the beginning of July.

A foul, rotting vegetable type smell began to be noticed in the tap water of the residents on both sides of Highway 6 from Concession 1 southward. It involved about 20 homes and 60+residents of the Township.

At first everyone thought there was something wrong with their wells but as neighbours got talking it was soon realized that this was not a well issue at all, but a community water problem.

After calls to the Ministry of Environment, Conservation and Parks (MECP) hotline, a provincial officer was eventually dispatched to take samples that would determine the cause of the putrid smelling water. At the same time, an overwhelming odour along a ditch on the east side of Highway 6 was noticed.

The smell was the exact same smell, but much stronger, than what was coming out of the taps. MTO cordoned off the area with pylons and took soil samples. Local water experts who were consulted were confounded.

It seems odours in a cluster of homes on individual wells—all verified to be acceptable wells in good working order—was unheard of. To say getting help and answers from various government agencies has been difficult

would be a total understatement.

Our local MPP, Ted Arnott, did a site visit and escalated this to the Minister's Office. Blue Triton donated and continues to offer skids of water for drinking. After being stalled for several days, MECP finally released the results.

It showed that odour causing organics were detected. MECP also indicated that the geology of the area was reviewed. They concluded the impermeable nature and thickness of the ground covering the water table (the depth that the wells are drawing water from) makes it unlikely that any chemical spills or ditch drainage along Highway 6 can migrate into the bedrock aquifer.

MECP reminded us that individual well owners are responsible for their own water, despite having previously said that the wells are in good working order. MTO has not released any results from the soil samples but was back again very recently.

Some of the neighbours talked to the workers on site and they indicated there had been a spill and they were taking further soil samples. MECP has been unable to locate the MTO contact person from whom they can get information.

The residents are not satisfied with the information we are getting. A letter was sent to MECP on behalf of the residents on July 21 stating our deep disappointment:

"As residents, it is crucial for us to understand the root cause of this problem and its potential impact on our health and the environment. We firmly believe that the ministry's responsibility to safeguard human health and the environment demands a prompt and thorough investigation, which should encompass all possible factors,

including the ongoing soil sampling."

Our ask is for a comprehensive reassessment of the investigation, with a commitment to explore all possible factors and correlations, including the ongoing soil sampling conducted by MTO.

As of the writing of this article (August 11), our letter has gone unacknowledged. MPP Arnott forwarded directly to the Minister's office.

This issue has received much interest from the press. It should receive interest because who knows when or where this will happen again? We have no concrete answers. Some of the residents have lived here for over 70 years and no one recalls an incident such as this.

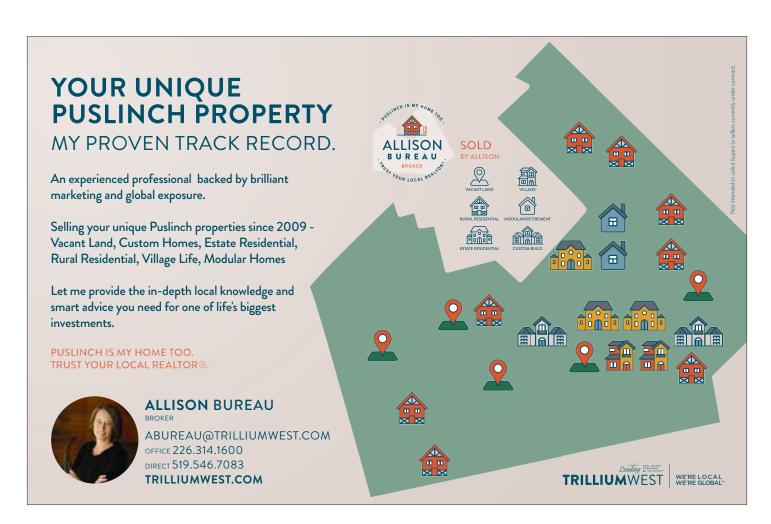
The MECP has shirked their duty to protect the health and well-being of their citizens. There have been anecdotal incidences of gastrointestinal issues of those who have ingested the tap water (including pets) and a quick resolution to these symptoms when they stopped drinking the water.

It cannot be emphasized enough that this is a community water problem within the aquifer. The aquifer going through this area flows south to Lake Erie. It is getting dangerously close to a well head protection area for the village of Freelton. No one knows how far it has the potential to travel.

The MECP must act and investigate further. As an Ontarian you should feel outrage at the blatant lack of concern from our government in getting to the bottom of this.

The bottom line is there are no real answers. This is still a mystery and government needs to use all the tools available to protect this vital life source—water! We demand more action.







Come home to yourself: Fall yoga retreat



Coming Home to Yourself is a transformative yoga retreat designed to help you reconnect with your inner self and find a sense of peace and balance amidst the chaos of everyday life.

Nestled in the serene and picturesque surroundings of the Crieff Hills Retreat Centre, from October 25-26, this immersive experience offers a harmonious blend of Gentle Yoga, Restorative Yoga, and Yoga Nidra.

During the retreat, you will have the opportunity to indulge in gentle yoga sessions that allow you to move with grace and mindfulness, synchronizing your breath with movement.

These sessions are designed to cultivate a deep sense of awareness and connection to body, mind, and breath.

Whether you are a seasoned practitioner, or new to yoga, our skilled instructor will guide you through each pose, ensuring a safe and nurturing environment.

In addition to gentle yoga, this retreat offers restorative yoga, a practice that focuses on deep relaxation and rejuvenation.

By utilizing props such as blankets, bolsters, and blocks, you will experience a series of gentle postures that support the body in a state of complete surrender.

This practice nourishes the nervous system, calms the mind, and allows for deep healing and restoration.

'Coming Home to Yourself' is the perfect retreat to unwind, recharge, and

rediscover your true essence.

Embrace the transformative power of gentle yoga, restorative yoga, and yoga nidra as you embark on a journey of self-exploration, self-care, and self-love.

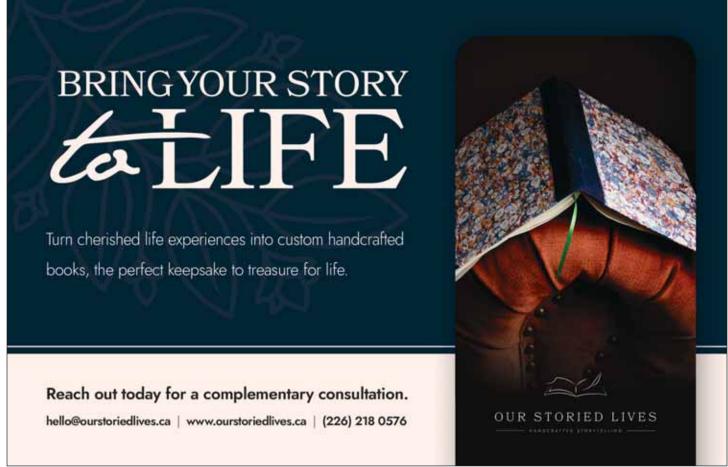
Join us for this enriching experience, and return home feeling grounded, centred, and connected to your authentic self.

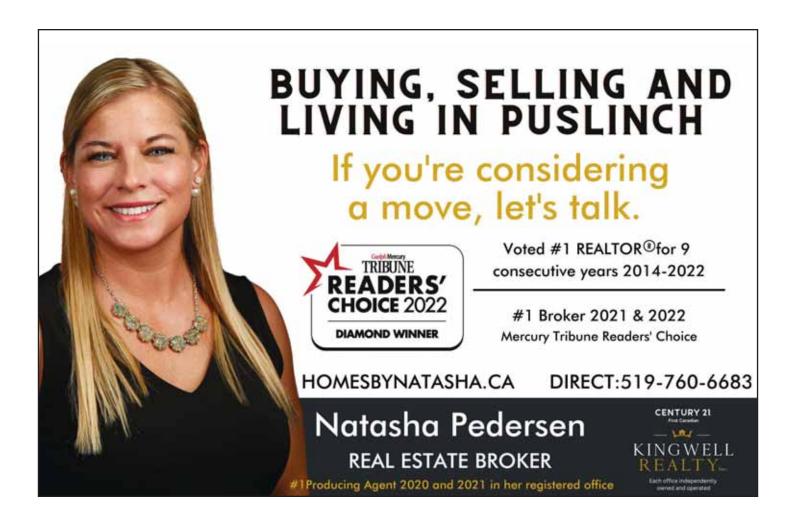
Cost: \$410 per person includes a single room, five meals plus snacks and drinks.

If a financial barrier would prevent you from participating please email director@crieffhills.com and ask Kristine about our Wellness Fund.

Register here: https://crieffhills.campbrainregistration.com/

Bonus retreat time: If you would like to extend your time away, we are offering 50% off private suite bookings for up to three nights before or after to anyone attending this event (limited spaces available). Contact registrar@crieffhills.com(519) 824-7898 to book your stay.





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Book Club - First Friday (Adults)

Meet with members of your community and join our discussion of books and ideas. Please register.

Friday, September 1 at 1:00 -2:00 pm

Scrabble Club (Adults)

Join us for casual word building entertainment. Please register.

Wednesdays, September 6 and 20 at 2:00 - 4:00 pm

Story Time (Preschoolers)

Our Story Times are designed to help your child get ready for reading. Share stories, songs, rhymes and activities aimed at developing your child's early literacy skills. Please register.

Thursdays, September 7 - 28 at 11:00 -11:45 am

Dungeons and Dragons Club (Teens)

Join fellow fantasy fans to build characters and explore new worlds. Please register. Thursday, September 7 and 21 at 5:30 -7:00 pm

Tech Talk (Adults)

Join the conversation! Bring questions about computers or mobile devices and we will explore them together. Please register.

Friday, September 8 at 11:00 am - 12:00

Creative Kids

(Families/Kids/Tweens)

Get crafty and learn new things with DIY, maker, and other hands-on activities just for kids.

Please register.

Wednesday, September 13 and 27 at 3:00 - 3:45 pm

Ukulele Boot Camp (Kids/Teens/Adults) Learn the basics of playing a ukulele and a song or two. Bring your own or play one of ours - we'll learn together. Uke can do it! Ages 8 to adult. Please register.

Saturdays, September 16 and 30 at 11:00 am - 12:00 pm

Book Club - Third Tuesday (Adults)

Meet with members of your community and join our discussion of books and ideas. Please register.

Tuesday, September 19 at 2:00 - 3:00 pm

Craft and Create - Watercolour Painting (Adults)

Explore fall colours in a step-by-step watercolour painting class. All materials supplied. No experience necessary. Please register.

Tuesday, September 26 1:30 - 3:00 pm

Just for You from WCL

Wondering what to read, watch, or listen to next? Wellington County Library staff are here to help! Tell us what you love, and we'll handpick a selection of titles for you to borrow. For more information, visit www.wellington.ca/JustForYou.

While you are waiting for your Just for You selections, check out this list of new books at the library.

Fiction

Traitors Gate Archer, Jeffrey

Atkinson, Kate Normal Rules Don't

Apply

Follett, Ken The Armor of Light Groff, Lauren The Vaster Wilds

King, Stephen Holly Osman, Richard The Last Devil to Die Patterson, J 12 Months to Live Payback in Death Robb, J.D. Smith, Zadie The Fraud The Circle Vermette, K.

Non-Fiction

America's Test Kitchen Gatherings: Casual-Fancy Meals to Share

Bell, Jason

Cracking the Nazi Code: The Untold Story of Canada's Greatest Spy

Cooper, Anderson

Astor: The Rise and Fall of An American Fortune

Eilenberger, Wolfram

The Visionaries: Arendt, Beauvoir, Rand, Weil and The Power of Philosophy in Dark Times

Etheridge, Melissa Talking To My Angels

Gay, Ross The Book of (More) Delights

Grush, Loren

The Six: The Untold Story of America's First Women Astronauts

Shearer, Clea

The Home Edit: Stay Organized

Vigars, Bill

Terry and Me: The Inside Story of Terry Fox's Marathon of Hope

Weiz, Adam.

The End of Eden: Wild Nature in the

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Slow down, you go too fast...

By Anne Day

The speed of traffic on our country roads is a concern for many in the community.

With our close proximity to the 401, whenever there is a closure or problems on the highway, drivers use our country roads as an alternative route, sadly often driving at highway speeds.

The Maltby Community Association presented its concerns at a recent meeting of the Township Council.

They reported how traffic had dramatically increased and as a group, they'd paid for and installed signs asking drivers to slow down.

But as John Sepulis observed, Maltby Road is not the only Puslinch community experiencing high speed – Concessions 1 and 4, Gore Road share those concerns.



More stop signs and speed bumps can slow down traffic.

Speed bumps can be installed after a road has been re-paved, although concern was expressed that they could slow down emergency vehicles.

The good news is that the Council is working on a Roads Master Plan which will be available this fall.

They have also requested that the Ontario Government amend the Highway Traffic Act to permit local municipalities to locate an ASE system on its roadways that are not restricted to only community and school safety zones.

They are going to look into creating a permit for the "slow down" signs

so that they are legitimate and look more official.

We look forward to learning more in the Roads Master Plan.

Recycle Coach

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- Receive tips and alerts from Solid Waste Services
- View or print your own personalized collection schedule
- Set up reminders to be sent via text or email, so you never miss another collection day.

You can download the app from the App Store or Google Play or Access Recycle Coach at www.wellington.ca/sws



COOK'S CORNER

By Barbara Paterson

My family enjoyed this quiche. It makes a delicious luncheon dish.

Zucchini Quiche



Dough for a single-crust pie

3 tbsp. butter

4 cups thinly sliced zucchini (about 3 medium)

1 large onion, thinly sliced

2 large eggs

2 tsp. dried parsley flakes

½ tsp. salt

½ tsp. garlic powder

½ tsp. dried basil

½ tsp. dried oregano

1/4 tsp. pepper

2 cups shredded mozzarella cheese or cheddar

2 tsp. prepared mustard ¼ cup milk

- In a large skillet, heat butter over medium heat. Add zucchini and onion; cook and stir until tender. Drain and cool slightly.
- 2. In a large bowl, whisk eggs and seasonings until blended.
- Stir in cheese, milk and zucchini mixture. Spread mustard over pastry shell; add filling.
- Bake on a lower oven rack until a knife inserted in center comes out clean and crust is golden brown, about 35-40 minutes.

If needed, cover edge loosely with foil during last 15 minutes to prevent overbrowning. Let stand 10 minutes before cutting.

Note: My original recipe didn't call for any milk but I thought it best to add at least a quarter cup.

Lemon Thins



These are old-fashioned ice-box cookies; ready to bake when you are. They taste lemony and are a great accompaniment to fresh fruit or ice cream.

½ cup butter, softened

1 cup sugar

1 egg, lightly beaten

2 tbsp. lemon juice

2 tsp. grated lemon rind

¼ cup diced glacéed lemon peel, optional ½ cups flour

1 tsp. baking powder

¼ tsp. salt

- 1. In a large bowl, cream together sugar and butter.
- 2. Add egg, glacéed lemon peel if using, lemon juice and lemon rind.
- 3. Sift together flour, baking powder and salt and stir into lemon mixture.
- Form the dough into a 12" roll and wrap tightly with wax paper. Chill in fridge for at least 6 hours.
- 5. When ready to bake, cut the roll into 1/4" slices with a sharp knife.

Arrange 2" apart on a buttered cookie

sheet and bake in a preheated hot oven (400°F) for 10 minutes.

Makes about 30 cookies.

Bridge club donates

By Barb MacKay



Tom Ramsay, Jordan Brazier, Barb McKay, Margie Whyte

It's amazing that the Guelph Bridge Club, with only 180 members, raised \$1,900 for the local Alzheimer Society. Bridge players recognise the benefits to the brain health learning that playing bridge gives and most of our members know of people dealing with Alzheimers.

The Guelph Bridge Club located at the Grange Plaza, Guelph, offers sanctioned bridge games from novice to advanced, every weekday for players from Guelph, Wellington County and other neighbouring areas.

This fall Beginner lessons will be starting and our sister club, The Grand River Bridge Club, where they will be offering a one-day session Learn Bridge In a Day, on Saturday September 16.

For more information on all the exciting Bridge programs see the Bridge Club website -www.guelphbridgeclub.org.









Who was Etienne Brulé?

By Marjorie Clark

When Father Joseph de la Roche Daillon, a Franciscan priest, visited Attawandaron villages in October 1626, he described it.

"The country of this Neutral Nation is incomparably larger, more beautiful and better than any other of all these countries. There is an incredible number of stags, great abundance of moose or elk, beaver, wildcats and black squirrels ... a great quantity of wild geese, turkeys, cranes and other animals, which are there all winter. The rivers furnish much excellent fish, the earth gives good grain, more than is needed. They have squashes, beans and other vegetables in abundance."

Such was the nature of this area in 1625, when a young French explorer named Etienne Brulé travelled south from Midland into the Attawandaron territory of Southern Ontario, which included what is now Puslinch.

According to Champlain Society member, Danièle Caloz, Etienne Brulé was born to Spire Bruslé and Marguerite Guérin about 1592. He had three elder siblings, Pierre, Antoinette and Roch. It appears that he embarked from Honfleur with Samuel de Champlain aboard the ship, the "Gift of God", in April 1608.

Thus, began the adventures of this intrepid and zealous explorer, who was the first white man to navigate the Lachine Rapids, near Montreal, the first European to site the Ottawa Valley, Georgian Bay, four of the Great Lakes (Ontario, Erie, Huron and Superior) and to explore as far as Pennsylvania.

Sadly for historians, Etienne Brulé left no written record of his exploits. What is known was noted by his mentor, Champlain, and the Recollect priest, who travelled with him on some journeys, Father Gabriel Sagard. The facts must be pieced together from their fragmentary accounts. Neither is there any known portrait in existence.

Upon his arrival, Etienne was among those who established Quebec, spending 1608 and 1609 in the settlement. Of an independent spirit, in June of 1610, he volunteered to spend a year with the Hurons or Wendat in order to learn their language and understand their customs.

By the following June, he had acquired sufficient knowledge of the tongue to act as translator for the French explorers and merchants of the fur trade. Through the Hurons, he made contact with the Algonquins of Ottawa and the Montagnais peoples.

During 1611-1615, he acquired a knowledge of the language of the Montagnais. Eventually, he earned an annual salary from the merchants for encouraging the native peoples to trade.

Etienne Brulé was also the first white man to live among a First Nations people and Father Sagard wrote that Etienne was embedded in the Huron community. He dressed in their fashion and absorbed their culture to the extent that Champlain and the priests looked askance at his behaviour, especially in regard to the Huron women.

Father Sagard wrote that the Hurons believed that a particular rock in a rapid had once been a man, then transformed into stone. On passing this rock with their canoes, they offered the spirit tobacco and requested a safe passage. Father Sagard was appalled, when Brulé admitted to having made a similar offering.

So successful was his endeavour, that Champlain enlisted other young men, said by writer, Benjamin Sulte in the Ottawa Evening Journal in 1889, to all be literate and some scholarly, to undertake the same liaison activities with First Nations peoples. These young fellows were Jean Nicolet, Nicholas Marsolet, Jacques Hertel, Francois Marguerie and Pierre Raye.

During this time, he journeyed with the Hurons to Manitoulin Island, Sault Ste. Marie and Lake Superior. He accompanied the Hurons on their war campaign against the five nations of the Iroquois Confederacy in July 1615 in the present New York State, travelling as far south as the Susquehanna River, which he followed to the Atlantic, returning to Quebec in April 1616.

Etienne Brulé was a man of two worlds, both of which, he seems to have successfully negotiated. From the research of Danièle Caloz, we find that he sailed back to France twice, the first time about 1623. During a visit about 1627, he married Alizon Coiffeur. He acquired a home in Champeny-Sur-Marne and another in Paris.

Not without cause, relations with the First Nations peoples were fraught with suspicion and misunderstanding. This may explain why, as reported by Father Sagard, Etienne Brulé was killed by the Hurons in the fall of 1632.

It was a tragic and horrid end for the courageous courier de bois. We remember him as the "discoverer" of our land here in Southern Ontario, in which he expressed delight.

For more detailed information, read Consul Butterfield's "History of Brulé's discoveries and exploration", which is provided free on-line from the United States Library of Congress site; Olga Jurgens work on the "Dictionary of Canadian Biography" website and Danièle Caloz writing on "The Champlain Society" website.



Rising star



A couple of years ago, I had the pleasure of interviewing Mikalyn for the *Pioneer*, back then while only 18, her talent was evident.

Her latest single *Never Mine* sheds light on the modern dating world and the struggles that accompany it.

"This song is especially relevant to those who find themselves in situation-ships, sneaky-link or friends with benefits situations," says Mikalyn of Never Mine, "and to those who lay in bed at night creating false scenarios that they are trying to wish into existence."

Already a veteran of the music industry at just 20, the Guelph resident has spent the last few years as a university student.

"It's about real life as a university student," Mikalyn shares, "Where people come in and out of your life quite a bit, and there's always the fantasy that it could be something more."

Mikalyn sings of that acceptance coming somewhat reluctantly.

On *Never Mine*, Mikalyn comes across at the same time as both a young, fresh artist and a world-weary old soul.

Never Mine is the first single off an upcoming EP set to be released in late October, 2023.

Expect more tracks from the EP to drop in late May, early July, late August, and September.

Women's Community Breakfast

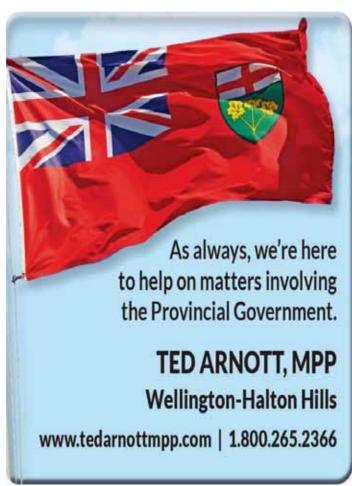
Are you a daughter, mother or grandmother in Nassagaweya and surrounding areas?

Join us for a chance to talk, network and enjoy a tasty breakfast menu created by Upcycle Kitchen and prepared (and served) by the sons, fathers and grandfathers in the community.

Will be held on the 3rd Saturday of September, October, and November, from 8.30am to 10.00am at Nassagaweya Presbyterian Church, 3097 15 Sideroad, Campbellville.

To register, contact Ingrid von Cube at *i.voncube@gmail.com*.

Donations appreciated.





Ask the expert

By Donna Kahn

I would like to grow some of the ornamental onions that I've seen in other gardens. Can you suggest different types and how to grow them?

The Allium family includes garlic, leeks, chives and edible onions as well as these highly ornamental onions.

Ornamental onions aka Alliums are a great addition to any garden. These ornamental onions are bold and architectural, with large rounded heads of usually purple flowers, followed by attractive seedheads.

Weave them through sunny borders or combine them with feathery grasses for best effect. They range in height from 30 cm to 120cm. Alliums look great massed together with their whimsical flower heads.

They have showy flowerheads in a wide range of colours like purple, mauve, blue, pink, burgundy, yellow and white. Alliums bloom times range from May to August depending on variety.

The flowers make great cut flowers. The dried flowers are lovely in a vase.

Plant Alliums in the fall in well-drained soil. Planting depth varies depending on the size of the bulb.

Check package instructions for planting depth and spacing. Alliums should be planted with their roots down. If you can't see the roots, plant with the flat side down in the hole.

Alliums need full sun, six or more hours of direct sunlight. Alliums are drought tolerant once established. Alliums will multiply over time; clumps can be lifted and separated

Some alliums will naturalize by seeding around. Dead head your flower heads if you don't want seeding to occur.



Ornamental onions smell like onions or garlic when their foliage is bruised. As a result, rabbits and deer tend to avoid alliums due to their smell. They are toxic if eaten by cats, dogs or horses.

The following will help you find the right alliums for your garden.

For spring:

- The tallest allium is Allium gigianteum having a large ball of purple flowers. It is about 120 cm in height and blooms in late June, early July.
- White flowered Mount Everest and purple flowered Globemaster are 80 cm tall and bloom May/ June.
- Allium bulgaricum is an interesting allium with clusters of purple and white bell-shaped flowers which bloom in June.

The flower of Allium christophii aka Star of Persia is a gorgeous silver mauve collection of star flowers. They are fabulous as dried flowers.

- Allium caeruleum is a divine true blue which flowers in May/June.
- Allium schubertii aka tumble weed onion has a weird funky mauve flower head. It makes a playful addition to your May/June garden.

There are several alliums that flower in to the summer:

- Allium flavum has yellow fireworks like flowers and is only 30cm high.
- Allium cernuum aka nodding onions is a native allium with pink flowers.
- Allium sphaerocephalon aka drumstick onions have burgundy flowers which look great massed with grasses.
- The rosy purple flowered Allium millennium is the last onion to bloom in the summer and it looks amazing in the front of your garden.



The flower heads of alliums are made up of many small flowers, this makes them

very appealing to a wide variety of bees, butterflies and other pollinators.

Consider adding a few ornamental onions to your garden.

Elvis is in town



Dust off those blue suede shoes and plan to attend an Elvis-themed movie night at the Wellington County Museum and Archives (WCMA) on Saturday, September 9.

Doors open at 5:30 pm and tickets are just \$10 per person. Enjoy free pop and popcorn as you watch the 2022 Elvis film or treat yourself to candy and a Coca-Cola or root beer float for just \$5 each.

Following the movie, join Rick Clark as he highlights the history of Elvis Presley and his favourite red and white branded beverage, Coca-Cola, in the latest installation of the Wellington County Collects exhibit series "Cola goes better with Elvis: The Rick Clark Collection."

The exhibit, which runs until January 14, 2024, features a colouring wall and an area to listen to Elvis music and learn about the different albums on display.

Wellington County Collects is a community program the Museum launched in 2013 that features collections from Wellington County residents.

The program supports the museum's mandate to tell the stories of people, places, and events in Wellington County and to involve members of the community in the exhibition development process.

The Wellington County Museum and Archives is located at 0536 Wellington Road 18 between Fergus and Elora. Learn more at www.wellington.ca/rick-clarkcollection/



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Wellington County has vital role in agri-food system

Wellington County's population is expected to increase by 61% by 2051 which will put notable pressure on area farmland.

Understanding the impacts of the agri-food system is crucial to help balance the needs of Wellington County's population growth while continuing to strengthen the agrifood system.

The Wellington Federation of Agriculture (WFA) recently released a report that examines the agri-food system in the County. Wellington County's agri-food system contributes \$2.8 billion to Canada's GDP (Gross Domestic Product).

The primary agriculture sector in Wellington County plays a crucial role in the economy by contributing \$841 million to Ontario's GDP and employing over 12,260 people.

Wellington County accounts for a notable portion of the provincial agricultural supply chain, too, producing 5.8% of 2021 provincial farm cash receipts.

The WFA collaborated with Wilton Consulting Group and Serecon to conduct the Agri-Food Systems Study.

The team completed a literature and data review, an economic impact analysis, and several engagement activities. Here are some of the key takeaways.

Wellington County is home to some of Canada's most productive farmland. While Wellington County covers only 0.2% of total land area in Ontario, it supports 5% (418,296 acres) of the province's field crops.

Farmers in Wellington County produce 4% of the province's soybeans and grain corn, and 7% of the province's winter wheat. The County's farmers are leaders in field crop production, growing:

- 10% of Ontario's acreage of corn silage
- 9% of Ontario's acreage of mixed grain
- 8% of Ontario's acreage of barley

Wellington County's agri-food system is also a powerhouse when it comes to livestock production and processing.

The County is home to:

- 12% of Ontario's dairy farms
- 10% of Ontario's poultry and egg farms
- 8% of Ontario's hog and pig farms
- 7% of Ontario's equine farms

"The findings validate the undeniable importance of protecting and investing in farmland, recognizing it as a precious resource that holds the key to food sovereignty, economic prosperity, and environmental well-being."

-Janet Harrop, President of the WFA Board of Directors

Sonic sensation

The Wellington County Museum and Archives is pleased to welcome Sonic Sensation – a travelling exhibition from the Sciencenter in Ithaca, New York.

"Sonic Sensation explores the science of sound through interactive activities geared towards school-aged children and their families," said Hailey Johnston, Curator.

"This is a hands-on experience that encourages children to learn while having fun and making some noise!"

Exhibit visitors can:

- Test their lung power in the Scream Chamber!
- Conduct an orchestra using their body and motion-capture technology
- · Create soundtracks to silent film clips
- Learn about the anatomy and physics of how we hear, and how to protect our hearing
- Explore decibels, amplitude, pitch, and sound waves

Sonic Sensation is on display at the Wellington County Museum and Archives until September 10. Visit www.wellington.ca/museum for more details.

The Wellington County Museum and Archives is located at 0536 Wellington Road 18 between Fergus and Elora.



Taste Real Fall Rural Romp

When: September 30, 2023, 10:00 am - 4:00 pm

Fall Flavours Map - Farm Visits - Tours - Pumpkins - Corn Mazes - Harvest Foods - Fall Decorations and more!

The Fall Rural Romp is a self-guided farm and food tour to farms, markets and nurseries in Centre Wellington, Erin, Guelph/Eramosa, Puslinch and the City of Guelph.

Meet our taste makers, learn about local food and agriculture and discover local food destinations in Wellington County.



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YOUR HEALTH MATTERS

What is Candida?

By Dr. Laura M. Brown, ND

Candida is yeast that naturally occurs in your body.

An over growth of Candida can show itself as bloating, gas, flatulence, skin rashes, sugar cravings, fatigue, mild depression, sensitivity to perfumes, smoke or chemicals, multiple food sensitivity, chronic prostatitis, sinusitis, other and fungal infections of the skin and nails.

When Candida thrives, it can change from its yeast form to its fungal form. This is when it spreads its "roots" between your cells of your intestinal tract causing gaps or "leaky gut".

Now things that would normally need to be broken down and passed through the cell are now passing in between the gaps of the cells, causing multiple food and chemical sensitivity.

Candida flourishes when the body is stressed, or exposed to an excess of yeast or sugar in the diet or repeated courses of antibiotics or medications that have microbiome altering properties like certain cancer therapies, antihistamines, antipsychotics, antihypertensives, and antidepressants such as SSRIs, topical steroids and birth control pills.

Testing for Candida may be done through clinical intake, skin scrapes, stool or blood analysis.

Overgrowth of yeast needs to be addressed. In addition to removing the yeast and fungus, we need to reinoculate with the proper balance of healthy bacteria, and heal the lining of the gastrointestinal tract.

Naturopathic doctors use food, vitamins, minerals and plant-based medicines in an individually designed gut repair protocol.

Overview of gut repair

Remove What may need to be removed from the intestinal tract to support healthy GI function?

- Pathogenic yeast
- Pathogenic bacteria
- Protozoa
- Foods and additives that result in allergic or intolerant responses

Replace What may need to be replaced to support healthy GI function?

- Digestive enzymes
- Bile salts
- Stomach acid secretions should be considered

Re-establish and re-inoculateWhat needs to be provided to restore a healthy balance of micro flora?

- Prebiotics
- Probiotics

Regeneration and repair. What may be needed to support regeneration and repair of a healthy mucosal layer?

 A variety of specific nutrients and phytonutrients are available for this purpose.

This article is for informational purposes only and it not intended for individual medical advice. Questions? drlaura@southendguelph.ca

Welcome to Canada

By Anne Day



With the back drop of Canada Day, the Rotary Club of Guelph Trillium, partnered with Freedom Trail Canada and Danby Refugee Program to host a special Canada Day welcome to women newcomers, many of whom are refugees.

Women from Afghanistan, Ukraine, Syria and Iraq came, along with

MP Lloyd Longfield and MPP Mike Schreiner who popped in to welcome the women.

Partnering with the different agencies was a good move, and for the staff speaking, it was also an opportunity to network and learn more about the services each offered.

There were speakers from Chalmers, Immigration Services, Hope House, the Clothing Closet, and the Arab Women's Society, as well as Freedom Trail and the Danby Refugee program.

Chief Gord Cobey and female officer, Staff Sergeant Clark were invited to speak, recognizing that for many of the women, the police were viewed as a threat in their country of origin.

One woman, from Syria, shared that the "police in her country were monsters and her daughter was scared of the police."

However, that was changed when at a local event, an officer gave her daughter a frisbee and befriended her. The talk from Chief Cobey and Mel Clark also went a long way to alleviate fears.

Mena Sahak prepared an amazing sample of food from Afghanistan and Wellington Cakes generously donated Canada Day cupcakes.

The event was held at 10c Carden and their 4th floor meeting room was decorated with artwork by a Muslim artist originally from Uganda. What a wonderful co-incidence. It made everyone feel at home and more comfortable.

The event marked the beginning of some strong partnerships in the Guelph community.

And for the women who attended, hopefully they left feeling less alone and perhaps one step closer to feeling at home in Canada.

Back to school collection

The next project to be undertaken by the Rotary Newcomer Committee is a back-to-school collection of gently used/new clothes and school supplies. Launched August 1st and running to August 31 there will be a collection box at Stone Road Mall, Guest Services.

The clothing will be donated to the Clothing Closet and the supplies to Hope House.

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Religious Services

In these ever-changing times, it is wise to double-check the website to determine if in-person services are happening or the event is taking place.

ARKELL UNITED CHURCH

"The Little Church with the BIG Heart" 600 Arkell Road at Watson, Arkell, ON N0B 1C0

519-821-7623

www.arkellunitedchurch.ca Pastor John Adeyemi

· Sunday Worship at 10 am.

We will be following all Covid 19 guidelines. Masks are optional.

BAHA'I FAITH

www.bahaisofpuslinch.ca.

· You are invited to join us in our study of Reflections on the Life of the Spirit. This is a course leading to a greater understanding of the spiritual nature of human beings. Call 519-766-7731 or email Isapuslinch@ gmail.com for particulars of dates, times and locations.

CALVARY BAPTIST CHURCH

454 Arkell Road, Puslinch, ON NOB 2J0 519-824-1161

www. calvaryguelph.com

Pastors: Patrick Timney and Joe Yang

- · Sunday worship: English 9:30 am Chinese 11:30 am
- Children's Worship: Sunday morning program held during main services.
- · Calvary Youth: For Jr. & Sr. High programs - please go to church website for more information.
- Adult Bible Study: Thursdays 10:00 am.

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Ph. 519-658-9746

Web Site: www.crossroadsbic.ca Facebook: Cross Roads BIC & Cross

Roads Youth Group Pastor: Melissa Richer

Sunday worship @ home: YouTube 'Cross Roads BIC' or in person via registration @

'crossroadsbic.eventbrite.ca' www.youtube.com/channel/ UCMKYAskvq1HdGsTiA7UQFsg.

DUFF'S PRESBYTERIAN CHURCH

In-Person Worship at 10:30 each Sunday! 319 Brock Rd. S & 401, Puslinch, ON, N0B 2J0

519-763-1163 office@duffschurch.ca www.duffschurch.ca

www.facebook.com/duffschurch/ Pastoral Leader: Rev. Don McCallum donpmccallum@gmail.com

• Beginning September 17th at 10:30 am., Messy Church for children with lunch to follow.

EBENEZER UNITED CHURCH

12274 Guelph Line, (just North of 20 Sideroad) N of 401, Campbellville, ON LOP 1B0

905-854-2423

Webpage: www.ebenezeruc.ca - Like us on Facebook

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Minister: Rev. Jeff Werner Music Director: John Zadro

• Regular Sunday Worship, 11:00 am.

FREELTON STRABANE UNITED **CHURCH**

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1565 Brock Rd. (Brock Rd & 8th Conc W.), Strabane, ON LOR 1K0 Church Office - 905-659-3380

www.freeltonstrabaneuc.ca Facebook: freelton and strabane united

church

Minister - Rev. Will Wheeler BA M. Div. Sunday Worship at 10:30 am

HISTORIC ELLIS PIONEER CHAPEL

6705 Ellis Road, Puslinch, ON

www.ellischapel.ca

September 24th 2:30 pm Fall Concert Bakers Dozen Barbershop & Gospel Music. Following event enjoy refreshments and fellowship in the garden.

KNOX PRESBYTERIAN CHURCH, **CRIEFF**

7156 Concession 1, Puslinch, ON NOB 2J0 519-824-8757

www.pccweb.ca/knox-crieff/ www.facebook.com/

knoxpresbyterianchurch,crieff · Sunday Worship at 10 am.

MOUNT CARMEL-ZION UNITED CHURCH

in Morriston at the corner of Church & Victoria Streets, Morriston, ON NOB 2C0 Minister: Rev. Margaret Ruggles

519-822-8610

www.morristonunitedchurch.com Email: morristonunitedchurch@gmail.com

• Sunday Worship at 10:30 am.

Monthly donations to Chalmers Community Services Centre for the month of September is kidney beans or baked beans, peanut

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• Sunday: 9:00 am and 11:00 am.

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www.sdarm.ca Elder: Paul Gavric Pastor: Dorin Burca

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Rector Rev. Canon Linda Nixon Sunday Services

8:30 am Holy Eucharist - Traditional 10:00 am Holy Eucharist 1st, 2nd, 4th and 5th Sundays

Morning Prayer 3rd Sunday

Sunday School & Nursery at 10 am Service.

Community Events

At the Puslinch Pioneer, we like to promote community events and we ask for your co-operation in keeping them under the 50 word count so we can accommodate as many as possible. If your event is taking place outside of Puslinch, or is a for-profit venture, there is a \$25 charge for the listing.

ABERFOYLE FALL FAIR

Come to the Aberfoyle Fall Fair Friday evening September 8th and Saturday September 9th. For activities go to aberfoyleagriculuralsociety.com.

BADENOCH MUSIC NIGHT

Friday, September 1st 7pm at The Badenoch Community Centre 4217 Watson Rd S Puslinch starting at 7pm. First Friday of each month. Everyone Welcome. Info. 519-763-9782.

BADENOCH WELCOME WEDNESDAY

Open to any and everyone. First one will be Wednesday, October 11th 1 to 4pm. Come for a visit, you might be surprised at what we may be doing. Bring your ideas. Info: 519-763-9782.

CHRISTMAS IN THE COUNTRY **CRAFT SALE**

At Badenoch Community Centre, 4217 Watson Rd.S. Friday November 17th 3 to 7pm, **Saturday November 18th** 10am to 3pm. Info 519-763-9782.

COOKING WITH THE SAINTS

Saturday, September 30th at 1 pm. Freelton Strabane United Church, 1565 Brock Rd., Strabane. We will take a recipe from Alexandra Greeley and Fernando Flores's book "Cooking with the Saints" and share a time of fellowship, discussion on the lives of the Saints and some nourishment for the body. Limit of 10 people. Contact Church Office at 905-659-3380 to register.

DUFF'S SUNDAY AFTERNOON CONCERT

Sunday, October 1st at 2 pm. Cost \$20. Duff's Church, 319 Brock Rd. Starring Naomi Bristow "The Yodelin' Cowgirl". Traditional country, western and gospel music. For tickets and information call 519-835-7408.

DUFF'S FALL BAZAAR

Saturday, October 21st, 9:30am -12:30pm at Duff's Church, 319 Brock Rd. Bake, Deli, Candy, Stitchery & Craft, Country Store, Grandma's Closet

Inside the Back Page . . .



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and Kid's tables. Take-Out Lunch -Homemade Soup, Sandwiches and Pie.

DUFF'S FIRESIDE MEETING Tuesday, September 5th, 7pm. at Duff's Church. Everyone welcome.

EUCHRE

Friday, September 1st & Friday, September 15th at 7 pm. Freelton Strabane United Church, 1565 Brock Rd., Strabane. For info, call Marie at 905-659-1021.

"IT'S SEW FUN" SEWING GROUP Mondays at 10:30 am. Freelton Strabane United Church, 1565 Brock Rd., Strabane. For info, call Linda at 289-962-6737.

SENIOR'S OUTREACH PROGRAM & LUNCH

Wednesday, September 13th at 11:30 am. Freelton Strabane United Church, 1565 Brock Rd., Strabane. Guest Speaker on Foot Care, beneficial for those with diabetes. Free will donations accepted. Call 905-659-3314 to register.

TATERS & TUNES

Saturday, September 23rd at 5pm. Freelton Strabane United Church, 1565 Brock Rd., Strabane. Enjoy a delicious baked potato dinner with ALL the toppings and live tunes with Will. Tickets - \$20 for an adult, \$10 for children 10 and under. Call Pam at 905-869-7936.

TECH TUESDAYS FOR SENIORS Tuesday, September 5th Tuesday, September 19th at 1 pm. Freelton Strabane United Church, 1565 Brock Rd., Strabane. A time for people to gather, and learn more about Technology. Contact Church Office at 905-659-3380 to register.

Community Announcement

BIG BROTHERS BIG SISTERS OF GUELPH

Learn to be a kid again! Volunteer mentors needed for local children. Big Brothers Big Sisters of Guelph has five programs with varying levels of time commitment. Call 519-824-5154, email info@bbbsg.ca or visit us online at www.bbbsg.ca.

BOOKING AGENTS

ARKELL UNITED CHURCH

Contact Peg Lawson at 519-763-8883 or email schurinklawson@rogers.com.

BADENOCH COMMUNITY CENTRE

Inquiries call Ami DeVries at 226-979-0355.

DUFF'S CHURCH

Contact the church office at 519-763-1163 or email office@duffschurch.ca.

FREELTON STRABANE UNITED

1565 Brock Rd. (Brock Rd & 8th Conc W), Strabane, ON. Church Office at 905-659-

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Call 519-763-1226 or email services@ puslinch.ca

CROWN CEMETERY PUSLINCH

Crown Cemetery Puslinch is located north of Morriston at Brock Road and Highway 401. It is a non-profit cemetery operated by a volunteer board of managers and a secretary/treasurer. We welcome all denominations for burials. For more information please visit our website at www.crowncemetery.ca or contact Darlene Harrietha at 519-822-0874 or email darleneharrietha@gmail.com.

EarlyON PLAYTIME

Is a free drop-in program for parents and caregivers with children birth to 6 years. It runs on Tuesdays and Thursdays at the Puslinch Community Centre from 9:30-11:30am. Check the EarlyON Guelph Facebook page for up-to-date cancellations.

FREELTON LIONS CLUB

Are looking for new members and volunteers men and women for our club. We sponsored a number of charities over the years. If you are interested in helping or joining please contact Jim Munday at 905-921-0095 or email jkmunday@bell. net.

THE FRIENDS OF MILL CREEK

Meet at the Puslinch Community Centre at 3:30 pm. on the third Wednesday of every month (except August). If you share our passion for protecting this precious resource for future generations, and in developing this resource for the next generation of conservationists, join us. For more information http://www. friendsofmillcreek.org.

THE MILL CREEK SUBWATERSHED **COMMUNITY LIAISON TEAM**

Holds its monthly meetings the second last Thursday of each month at 1:00 PM at the Community Centre in Aberfoyle. The public is invited.

If you have a concern about a police matter, please phone 1-888-310-1122 and request to meet an OPP officer at the Puslinch Township office.

OPTIMIST CLUB OF PUSLINCH

Is one of the most active clubs in the Township. Our focus is youth. We meet on the 2nd and 4th Tuesday of each month. Visit www.optimistclubofpuslinch.com and fill out an application or call Ken at 519-763-0309 or contact any club member.

PUSLINCH FIDDLE GROUP

Meets the 3rd Sunday of each month at Duff's Church, Nanson Hall, from 1 - 4 pm. Come out and bring your fiddle, guitar, etc. and join in some good old fiddle music. Call Paul McDonald 519-763-9764.

PUSLINCH LOAN CUPBOARD HOME HEALTH CARE EQUIPMENT SERVICE is located in Duff's Presbyterian Church.

For assistance call:

519-763-3958 Gary Will Fred Law 519-767-2462 519-824-6304 Dianne Hersey Alan Fairweather 519-824-5726 Jen Deter 519-837-5913

THE ROTARY CLUB OF GUELPH SOUTH

Meets every Thursday at 7:30 am. Check out www.rotary7080.org/guelphsouth for more information. Contact Celia Clark for membership inquiries: 519-766-1097.

METAL RECYCLING BIN - SUNRISE FARM (6920 Conc. 1, Puslinch) Drop off 'unwanted' metals, e.g. stainless

steel, aluminum, copper, tin cans, wire, metal rods, fencing etc. in the 'Gerdau Ameristeel' recycling bin situated in our parking lot. For more info, contact Lynne O'Brien Sunrise 519-837-0558 x31.

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