

# Puslinch Pioneer

Honouring The Past. Embracing The Future.

Produced by volunteers since 1975

Vol. 48, Issue 7 - March 2024

## Coming back home...

By Anne Day

When Irene Carr, owner of the Change of Pace announced at the end of 2023 that she was closing her doors, it was the end of an era.

She'd been running the restaurant in Morriston for close to 30 years.

But we have exciting news, Katrina and Taj Marshall, have taken over the restaurant which is now called Rise and Shine.



For Katrina it is about coming home, as until she was 12, she lived in Morriston on Victoria.

"I have such fond memories of riding my bike here and going to school in Aberfoyle," Shares Katrina.

Now Morriston is a little further from home for Taj, who is from Trinidad and his Caribbean influences will be found in the food they serve.

But neither of them is a stranger to the restaurant business as Katrina already owns Breezy Corners in Freulton and Rise and Shine in Guelph, while Taj grew up working in his father's restaurant. So, we are in good and capable hands. With two other restaurants and two small children, aged 2 1/2 and 9, Katrina and Taj have also taken on two partners – Kamal and Pavan.

With a team of 12, including their chef from Nigeria, the couple have great plans for the restaurant which is already looking very different.



While they have a soft opening for February, their official launch will be in March.

The restaurant will be open 8am-8pm, seven days a week and they plan to make it a local hub where the community can gather and sample the Caribbean and Indian options, as well as island drinks.

Included in their plans moving forward is a take-away option, and in the summer Taj wants to create great outdoor dining on the patio.

Recognizing that not everyone has a large appetite and are watching their budget as well as their calories, they plan to host dinners from 3-5pm which will provide smaller portions and the right price.

So, check them out. They are on 34 Queen Street, Morriston, and let's give them a warm Puslinch welcome.

# Editorial

As editor, one of the aspects of my role that I love, is that I get to interview and meet some interesting people.

Case in point, this month I got to talk to Katrina and Taj, the new owners of Rise and Shine, and then, recommended by one of our readers, I chatted with Nathan Skoufis. If you know of someone in the community who deserves recognition for their contribution, let me know.

We introduce a new column on aging and over the next few months, Tanya and Rob will be covering different issues that impact us as we age and the options available to us.

As a community we care about our environment, as you will read in the article by John McNie, who is expressing concern about the latest aggregate application.

To foster interest in nature, we provide information on the Outdoor School- a program for children, and in her regular column, Julia Preston highlights ways to enjoy the outdoors as a family.

Next month we want to celebrate volunteers, and encourage organizations to say thank you to the volunteers who make a difference in the community.

Anne Day

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## Our Mission

The *Puslinch Pioneer* is a monthly publication produced by local volunteers to provide an authentic source of local information about the social and political activity within the community, and to encourage participation in community events.

Volume 48: Issue 7 March 2024.  
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Ten issues are published a year and distributed free of charge throughout Puslinch. [www.puslinchpioneer.com](http://www.puslinchpioneer.com)

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The *Puslinch Pioneer* does not necessarily endorse the opinions expressed in articles or Letters to the Editor. We reserve the right to refuse items submitted and to edit all material. All advertising is accepted in good faith. The *Puslinch Pioneer* reserves the right to refuse an advertisement that is deemed inappropriate, racist or promoting hate.

**SUBMITTING ARTICLES** Items of interest to Puslinch residents are welcome. Letters to the Editor must include a telephone number.

We ask that articles be submitted by email and adhere to the Writers Guidelines which can be downloaded from [www.puslinchpioneer.ca](http://www.puslinchpioneer.ca)

Unless otherwise stated, the deadline for submissions is the 2nd Friday of the month. Next deadline is **Friday, March 8th, 2024.**

Because of the increased interest we cannot guarantee inclusion, especially those received after deadline.

Annual subscription rate \$50. Forward request and payment to 29 Brock Road South, Puslinch, ON N0B 2J0

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# Council Clips

## Call Before You Dig or Dump:

Council to give three readings to by-law to prohibit and regulate the alteration of property and movement of fill within Township; and by-law to regulate road activity within Township.

## 2024 Budget:

Council gives three readings to by-law to adopt 2024 Budget. Property tax increase of 4.1 percent.

## Heritage Funding Programs:

Heritage Committee recommend to Council that Township establish a Heritage Funding Program based on staff recommended option.

## Boreham Park Green Legacy Tree Planting:

Joint Youth and Recreation Advisory Committee to connect with Green Legacy to explore planting additional trees at Boreham Park and public feedback be sought.

## Recreational Programming Survey:

Youth Advisory Committee to volunteer at Optimist Fish Fry to gauge interest from community so Township can promote its facilities to organizations who may be able or interested in providing programming within its facilities.

## Millennium Garden Volunteers:

Seeking volunteers to help with maintenance of this legacy garden.

## Puslinch Community Guide and Business Directory:

A one stop shop for all things Puslinch. The guide will be mailed directly to Puslinch residents annually and be available on Township's website.

## Planning Applications:

All planning act applications to be submitted through Cloudpermit. This includes pre-consultation meetings, zoning by-law amendments, minor variances, site plan control applications.

## Fibre Internet Initiatives:

Township to partner with Puslinch

Highspeed Initiative Committee for high-speed internet services in the Township. Currently two active fibre internet initiatives taking place Rogers and Standard Broadband fibre-based internet projects.

## Land Use Planning Consulting Services:

Township requests proposal submissions from qualified and experienced entities for Land Use Planning Consulting Services.

## 126-128 Brock Rd S, Aberfoyle:

Appeal to the Ontario Land Tribunal of large truck headquarters Wellington Motor Freight has been withdrawn.

## Aggregate Industry:

Ontario Auditor General report on the state of the aggregate industry reveals not enough compliance by aggregate operators and not enough oversight by Ministry of Natural Resources.

## Recycling Project:

An initiative of Blue Triton who funded the purchase of bins and contracted Reclay StewardEdge to initiate pilot and report its findings. Successful pilot with recycling bins in public places.

## Heritage Advisory Committee:

Staff and committee have identified 19 historic properties in Puslinch they hope to designate this year.

# Breakfast with Easter Bunny

Whistle Stop Cooperative Preschool is excited to announce our 2nd Annual Breakfast with the Easter Bunny on **Saturday March 23rd** at Puslinch Community Centre from 10am - 1:00pm.

Pictures with the Easter Bunny - Raffle - Crafts. Cost: \$10 for 10 years and up, \$5 for 3-9 years, 2 years and under free.

For Tickets call 519-239-9878. Sold out last year. Limited tickets available.



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**(519) 763-1226**

## Council and Committee Meetings **(519) 763-1226**

Heritage Advisory Committee Meeting: March 4th at 1pm  
Youth Advisory Committee Meeting: March 4th at 6pm  
Committee of Adjustment Meeting & Planning and Development Advisory Committee Meeting: March 12th at 7pm  
Council Meeting: March 20th at 10am  
Public Information Meeting: March 20th at 7pm

Please check the Council Calendar at <https://puslinch.ca/calendar/> as meetings may be subject to change.

## Library Hours (519) 763-8026

For current hours and services, please call Puslinch Branch at 519.763.8026 or visit us online at [www.wellington.ca/Library](http://www.wellington.ca/Library).

## Optimist Recreation Centre

Looking for a facility to host indoor recreation activities this winter? Then consider the gymnasium at the Optimist Recreation Centre.

The Township is now accepting rental requests for the Optimist Recreation Centre ice rink. To submit a rental request, please complete the online facility rental request form at <https://puslinch.ca/forms/rental-request-form/>.

To view the ice skating schedule, please visit our Recreation and Leisure Calendar page at <https://puslinch.ca/culture-recreation/festivals-events/recreation-and-leisure-calendar/>.

For more information on our facilities, please visit our Community Facilities page at <https://puslinch.ca/culture-recreation/community-facilities/> or email [services@puslinch.ca](mailto:services@puslinch.ca).

## Historical Society Archives

Saturdays 12 noon - 3 pm or for appointment email [ardyne.farm@sym-patico.ca](mailto:ardyne.farm@sym-patico.ca) or 519-822-8559. WDG COVID restrictions apply.

## Waste Facility (519) 837-2601

Open Wednesdays, Fridays and Saturdays 8 am - 4 pm. Located at 6922 Concession #4 between County Rd.#35 and Hanlon (Hwy #6)

# In Memoriam

## Donald Edward Prior



Of Guelph passed away peacefully at home surrounded by his family and friends on Friday, January 26, 2024.

Beloved husband of the late Ina Prior (2007). Loved brother to Shirley (late Doug) Billings and Ron (Carol) Prior. Uncle to Wayne (Lori), John (Theresa), Don (Charlene) Billings and Ryan (Penny) Prior. Great Uncle to Nathan, Brandon, Alaina, Jessica (Brody), Curtis, Chance, Kaleigh, and Madison. He is also survived by his special neighbors/family Don, Vicki, Ste-

ven, Jaclyn, Brittany, and Families. Don will be fondly remembered by all his friends and neighbors.

Predeceased by his parents John E. and Lucy Prior and his brother John.

Special thank you to Dr. Lightle and all doctors and staff at Guelph General Hospital as well as Home Instead and Closing with the Gap.

Don loved being with his family, having dinners and visiting. Don always wanted new pictures to display in his home of all his family. He loved playing cards, trips to the Casino, truck shows, fall fairs, and steak nights. Don was a man of many words and kind heart.

Funeral service was held at WALL-CUSTANCE FUNERAL HOME & CHAPEL, 206 Norfolk St., Guelph, in the funeral home chapel on Friday, February 2, 2024, at 11 am. Reception followed in the Wall-Custance Family Reception Centre. A private family interment was held at Woodlawn Memorial Park Cemetery.

Arrangements entrusted to WALL-CUSTANCE FUNERAL HOME & CHAPEL (519-822-0051 / [www.wallcustance.com](http://www.wallcustance.com)). Memorial contributions to the Canadian Cancer Society would be appreciated.

A tree will be planted in memory of Don E. Prior in the Wall-Custance Memorial Forest.

# Caution - Coyotes



It is that "yip, yip" noise that warns you that coyotes are out and about.

Nocturnal by nature, you will mostly hear them at night, but of late, they are becoming more brazen and can be spotted in fields during the day.

It's also mating season so they literally are on the prowl.

So, caution when letting your dogs go outside. It may be best to keep them on a leash.

If you see a coyote approaching you, here's what you should do:

1. Stop and yell at it to go away.
2. Make yourself look big and scary by waving your arms above your head.
3. Maintain eye contact.
4. Stomp your feet and make loud noise.
5. Always maintain a safe distance.

Stay safe.



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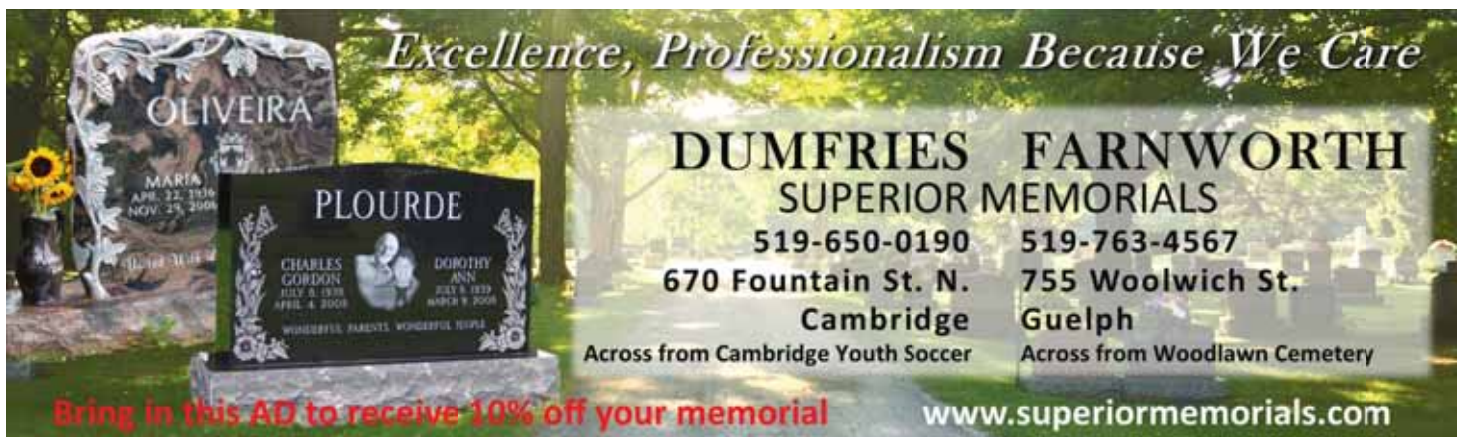
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# 2024 budget approved

The Council of the Township of Puslinch approved its 2024 Operating and Capital Budget with a 4.10% tax increase.

For the typical Puslinch residence assessed at \$615,000, the increase represents a \$46 annual increase for the Township portion of the property tax bill.

The increase per \$100,000 of residential assessment value is approximately \$8 annually for the Township portion of the property tax bill.

Taking into account the County of Wellington's 2024 Budget and the 2024 Education Tax Rate, the blended tax impact for the typical Puslinch residence assessed at \$615,000 is 3.81% or \$233 annually.

The blended tax increase per \$100,000 of residential assessment value is approximately \$38 annually.

"Puslinch Council has passed a responsible budget that continues to focus on our key priorities during a very challenging period. It is extraordinary that the annual increase to residents is only \$46 taking into account the continued high inflation and escalating costs and the numerous improvements this budget provides including expanded services and significant investments in infrastructure." remarked Mayor Seeley.

## 2024 Budget Highlights

- Increase in operating costs due to significant inflationary trends including increases in the Ontario Minimum Wage, mandatory employee benefits, contract services, fuel, vehicle maintenance, calcium, winter maintenance, professional fees, and insurance premiums.
- Increase in operating costs due to enhanced service levels related to the addition of a junior planner, building services technician, full-time fire chief and facility operator.

These positions have a nominal tax levy impact given the positions are funded through various funding sources (ie. reserves, increased recoveries, decreased expenditures, etc.).

- Contributions of \$1,598,625 into Discretionary Reserves for future projects and equipment including contributions of \$320,800 for future gravel road improvements.
- \$2,372,000 invested in roads to maintain a safe and efficient transportation network across the Township.
- Improvements to Watson Road South, Gore Road, and Maple Leaf Lane.-
- Enhancements to Township parks and facilities.
- Parking Lot and Associated Enhancements at the front of the Puslinch Community Centre, Puslinch Community Centre upgrades, and Municipal Office upgrades.

## March Features

<b>Savoury Lamb Stew</b> \$17.00	<b>Mediterranean Chicken Patties</b> \$15.00	<b>Tarragon Lemon Tofu</b> \$14.00
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# PUSLINCH PROFILE

## Meet Nathan Skoufis

By Anne Day



A lifetime resident of Puslinch, Nathan Skoufis has made a name for himself, not just in the community, but worldwide.

For the past 26 years he has been involved in martial arts and in that time he has won 24 world championships.

He started when he was four years old, and it became a family affair, with both his brother and mother also participating.

Have you ever thought about what skills you learn when involved with martial arts? As Nathan explained, it's not just a self-defence strategy, but you learn discipline, respect and control. I was happy to learn that half his students are female.

Ten years ago, Nathan and his mother opened the Guelph Martial Arts Studio, at 340 Woodlawn Road West in North Guelph. And there they have worked hard to create a community, one that supports their students - young and old, and gives a sense of belonging.

"Often the studio becomes the place where students feel accepted and that they fit in." observes Nathan.

Learning martial arts gives you confidence, and Nathan is an inspired speaker, often talking on anti-bullying at schools.

"We get referrals from the school boards, and also work with students on the autism spectrum," adds Nathan.

He is also an active contributor to charities including the Children's Foundation, Hope House, Guelph General Hospital, Big



Brothers and Big Sisters, Women in Crisis and more.

He's a recipient of the Young Innovator Award from the Chamber of Commerce and the University of Guelph, for the positive impact he has had in the area.

"Working and motivating youth is important. It's shaping the next generation. The pillars of the program are life skills that are vital to their personal development."

What's next for Nathan? He's getting ready for several national and international competitions.

People travel to the studio from Toronto and beyond. Clearly, he is doing something right to attract students from far afield and we are fortunate to have him as part of the Puslinch community.

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 Thursdays - Bean Bag Baseball  
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# Aging in Place: Navigating Your Finances for a Comfortable Future

By Tanya Tagwerker



Image: Freepik.com

As individuals approach their golden years, the idea of aging at home gains prominence, offering familiarity, comfort, and independence.

Ensuring a smooth transition requires meticulous financial planning, which includes financing home modifications and potentially engaging caregivers or service providers.

Utilizing home equity, exploring reverse mortgages, and collaborating with reputable mortgage specialists become crucial components in creating a home that supports evolving needs.

## Financial Planning: The Aging Plan, Financial and Non Financial Preparation

A strategic Aging Plan is essential for aging at home. An Aging Plan focuses on housing, medical and personal care, finances and legacy.

Importantly, as the need for caregiving or additional services may change, a comprehensive plan can help you and your family be proactive rather than reactive.

It will ensure you feel safe and secure in an independent environment. Seeking a retirement-focused financial planner's guidance ensures a comprehensive approach tailored to individual needs and preferences. "You can't talk about money without talking about life." Jayne Osborn CFP CEA.

## Mortgage Specialists: Leveraging Home Equity and Reverse Mortgages

Collaborating with mortgage specialists becomes pivotal in unlocking the potential of home equity and exploring reverse mortgages. These professionals guide homeowners through the process of converting home equity into usable funds for necessary modifications.

Simultaneously, reverse mortgages offer a unique solution by allowing homeowners aged 55 and older to access home equity without making monthly mortgage payments, facilitating the affordability of caregiving or additional services.

Seeking the expertise of mortgage specialists ensures a thorough understanding of terms, costs, and implications, providing seniors with informed choices aligned with their financial goals. "While a reverse mortgage may be viewed as a financial tool, it's true meaning lies in the power it provides to individuals, allowing them to unlock equity within their home and transform it into a source of security, flexibility, and freedom to live their retirement years on their terms." Jordan Schulz, Mortgage Agent, Level 2, B.A., Axiom Mortgage Solutions

## Building the Foundation: Choosing Reputable Professionals

Creating an age-friendly home involves the expertise of reputable contractors and designers who specialize in senior-friendly modifications, address-

ing crucial aspects such as main floor accessibility, stair enhancements, door size adjustments, and bathroom safety, ensuring a successful aging-in-place journey tailored to current and future needs.

"As our lives evolve, so should our homes. Ask me how we can evolve your home to fit your needs and wants." Micky Shepherd, Royal City Carpentry and Construction

## Seeking Answers? Meet Our Team of Knowledgeable Professionals

To delve deeper into these critical topics, we wish to extend an invitation to our 5-part event series "**Sip, Savour & Strategize - Exploring Real Estate Retirement Solutions**". Join us for the first segment in our series "**Aging in Place - Enabling Graceful Transitions**" at **TrilliumWest Real Estate Brokerage - 292 Stone Road West, Guelph, ON, on Tuesday, March 19, 2024, at 6:30 pm.**

This complimentary event features a panel of local professionals ready to answer your questions. Enjoy appetizers and refreshments as our experts share valuable insights and knowledge.

To secure your spot, please **RSVP by March 12th**, as space is limited. For registration or more information, reach out to **Rob Townsend at [rtownsend@trilliumwest.com](mailto:rtownsend@trilliumwest.com), Tanya Tagwerker at [ttagwerker@trilliumwest.com](mailto:ttagwerker@trilliumwest.com)**, or by **telephone at 226-314-1600**.

"Crafting a home for aging in place requires a comprehensive approach—understanding unique needs and tailoring the environment for safety, enjoyment, and comfort. Our goal is to make homes not just safe but also enjoyable for years to come." - Tanya Tagwerker & Rob Townsend, Senior Real Estate Specialists at TrilliumWest.



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## County wins award

The County of Wellington's Economic Development Division won the 2023 Economic Developers Council of Ontario (EDCO) Award for Inclusive Community Based Initiatives and Programming for their 'Wellington Welcomes' campaign.

The social media campaign, which was designed to showcase the contributions of newcomers throughout Wellington County, has received widespread acclaim for its authenticity and community support.

'Wellington Welcomes' focuses on the stories of twelve residents who are members of newcomer and immigrant communities in Wellington County.

Individuals were interviewed and given the opportunity to share what it is like to live and work in Wellington County, including their challenges, successes, insights, and personal recommendations.

During the 2023 EDCO Awards, the County of Wellington's Ride Well Rural Transit service was also recognized with an Honorable Mention in the Innovation in Community Resiliency category.



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# YOUR HEALTH MATTERS

## Plant medicines. Do they work?

By Dr. Laura M. Brown, ND

Plants are gifts to humankind on many levels. They provide us oxygen to breathe, food to eat, beauty to enjoy, aromas to soothe, personalities to appreciate and medicine to treat.

Without plants we would not exist. I dedicate a large amount of my study, practice and hobbies to the reciprocal relationship with our botanical buddies.

Globally, consumer demand for herbal products drives growth in publication of scientifically based pharmacological and clinical research papers. This provides exponential support of traditional practices and precepts of the medicinal purpose of phytotherapy.

The World Health Organization acknowledges that a form of herbal medicine exists in every culture in every country of the world.

Phytotherapy transcends standard, conventional mindsets of medicine. Every plant has a variety of bioactive components that are soluble in water, alcohol or glycerol.

These components can be made into teas, tinctures, tablets, capsules, balms, salves, personal products, cleaning agents, aromatherapy and more. Some plants share common constituents while additionally having other unique properties of their own.

Combining plants may provide a synergistic therapeutic action on both acute and chronic conditions related to any biophysiological process.

When appropriately prescribed, plant medicines cleanse and clear cellular debris, provide nutritional support and support the body's natural mechanism of healing. Side effects, allergies and adverse reactions are possible.

The study of botanical medicine is intense over the four years of naturopathic medical college. It continues with ongoing educational opportunities, daily in practice with review of current scientific literature, and with the treatment and response of patients.

Dose, timing, duration, and interaction with existing conditions and medications are key to safety and success.

Plant medicine, known as phytotherapy, aromatherapy, herbal or botanical medicine, works in chemically complex ways within our chemically complex bodies. Plant medicine treats a multitude of acute and chronic conditions.

Synergistic applications may serve in many ways including; immune modifying, anti-inflammatory, anti-oxidant, antiviral, antibacterial, antifungal, antiparasitic, antidepressant, antianxiety, cough suppressant, mucous membrane soother (demulcent), digestive support, blood modifier (astringent, blood thinning), nerve relaxer (nervine), sleep promoter (sedative), appetite regulator, blood sugar balancer, cardiovascular supporter, cramp soother, hormone balancer, allergy reducer, and organ nourishment.

Questions? Email [drlaura@southend-guelph.ca](mailto:drlaura@southend-guelph.ca)

**April is Volunteer Month**

Thank your volunteers in the April issue of the Pioneer – business card ad is only \$45 (special rate)

[advertisingpuslinchpioneer@gmail.com](mailto:advertisingpuslinchpioneer@gmail.com)

Deadline: March 13

The graphic features a dark red background with the text in yellow and white. At the bottom, there is an illustration of several hands of different skin tones holding up red hearts.

Subscriptions now being taken for boxes of in-season vegetables, herbs and flowers, a share of the harvest, for weekly and every other week packages from late June to late October.

Additional items that can be ordered include eggs and microgreens.

Inclusion of extra local items including sweet corn, honey, maple syrup, strawberries, pumpkins and preserves.



For more information, check out our C.S.A./Farm Share page on our website at [www.corwhinherbsandproduce.ca](http://www.corwhinherbsandproduce.ca) or check out our Facebook page at

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A Farm Share/C.S.A. is a way for a household to get produce, a variety of produce, fresh from the garden/field, from a farmer right in their community.

It is an investment in a farm business and the local food supply.

The produce is harvested when it is ready, not when the boat/transport truck is ready to leave.

## Important Notice Solid Waste Services

### Good Friday Waste Facility and Curbside Collection Changes



All County of Wellington waste facilities will be **CLOSED on Friday, March 29.**

Friday curbside collection will be **RESCHEDULED to Saturday, March 30.**



[www.wellington.ca/sws](http://www.wellington.ca/sws) | 519.837.2601

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# Family Activity

By Julia Preston

March is a special time of year in Canada—maple syrup season. Turning sap into syrup is a magical experience.



But there's much more to our national symbol than a sweet treat. Spend some time this month getting to know Puslinch's maple trees.

## Maple March

Visiting a sugar bush or tapping trees yourself is a great way to learn about maples. But there's more you can do.

Learn how to identify maple trees.



Leaves are the easiest, but you can also figure out what trees are maples by looking at their branches. Maple branches grow in pairs on opposite side of a parent branch.

Collect different parts of a maple tree: keys, leaves, bark, wood, buds, blossoms, sap, syrup... mmm.

Make a rubbing of a leaf or bark with a crayon and piece of paper.

Or make pancakes and enjoy that delicious sweet treat.

## Hike of the month

Take a walk and see how many maple trees, leaves or other parts you can spot. If you're able, march through a sugar bush and see the syrup process in action.



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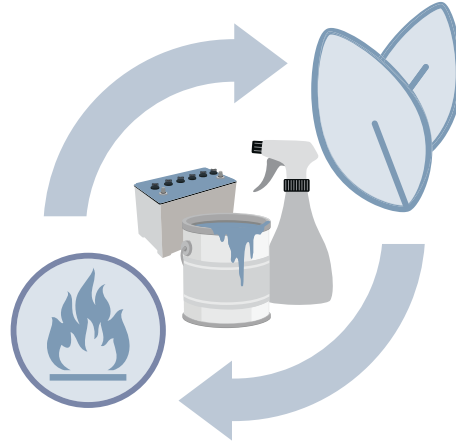
Bring your HHW materials to the County's **Mobile HHW Depot**

## Aberfoyle Waste Facility in **March only**

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Please allow for time at the beginning and end of the  
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# Puslinch Branch, Wellington County Library

For current hours and services, please call the Puslinch Branch 519.763.8026 or visit us online at [www.wellington.ca/Library](http://www.wellington.ca/Library).

**Book Club – First Friday** (Adults)  
Meet with members of your community and join our discussion of books and ideas. Please register.  
Friday, March 1, 1– 2:00 pm

**Scrabble Club** (Adults)  
Join us for casual word building entertainment. Please register.  
Wednesdays, March 6 and 20 from 2:00 – 4:00 pm

**Dungeons and Dragons Club** (Teens)  
Join fellow fantasy fans to build characters and explore new worlds. Please register.  
Thursdays, March 7 and 21 from 5:30 – 7:00 pm

**Hooks and Needles** (Adults)  
Bring your own project and join others for knitting, cross-stitch, and other fibre arts. Drop in. Fridays, March 8 and 22, 11:00 – 12:00 pm

**March Break - Blast from the Past** (Kids)  
Have a T-riffic time making dinosaur crafts! Ages 5 to 9 years. Please register.  
Tuesday, March 12 2:00 - 3:00 pm

**Babysitting Basics Course** (Tweens/Teens)  
This full day course emphasizes safety rules, responding to emergencies, and developing leadership skills. A course fee of \$70.00 cash is due to the instructor on the day.

Participants should bring their lunch, drinks, snacks, pen, and a doll or teddy bear to simulate a baby. Ages 11-15. Please register.  
Thursday, March 14 from 10:30 am – 5:30 pm

**March Break Special Guest - Magic of Scott Dietrich** (All Ages)  
Join Scott Dietrich for a magic show full of fun and hilarity this March Break! Please register.  
Wednesday, March 13 1:00 - 1.45 pm

**March Break - Pirate Party** (Tweens)  
Ahoy Mateys! Come aboard our ship as we set sail for a craft-making adventure! Ages 9 to 13 years. Please register.  
Friday, March 15 from 11:00 am – 12:00 pm

**In Stitches - Beginner Class** (Tweens/Teens)  
Mix and match fabric to make a patchwork coaster. All materials provided. Ages 10 to 14 years. Please register.  
Saturday, March 16 from 10:30 am – 12:00 pm

**Book Club – Third Tuesday** (Adults)  
Meet with members of your community and join our discussion of books and ideas. Please register.  
Tuesday, March 19 2:00 - 3:00 pm

**Story Time** (Preschoolers)  
Our Story Times are designed to help your child get ready for reading. Share stories, songs, rhymes, and activities aimed at developing your child’s early literacy skills. Drop in.  
Thursdays, March 21 and 28 from 11:00 – 11:45 am

**Craft and Create - Sock Rabbit** (Adults)  
Use simple sewing stitches to transform socks into a cuddly Easter rabbit! All materials supplied. No experience necessary. Please register. Tuesday, March 26 from 1:30 – 3:00pm

**Creative Kids** (Kids/Tweens)  
Get crafty and learn new things with DIY and other hands-on activities just for kids. Please register.  
Wednesday, March 27 3:00 - 3.45 pm

**Just for You from WCL**  
Wondering what to read, watch, or listen to next? Wellington County Library staff are here to help! Tell us what you love, and we’ll handpick a selection of titles for you to borrow. For more information, visit [www.wellington.ca/JustForYou](http://www.wellington.ca/JustForYou).

While you’re waiting for Just for You selections, check out the list of new books at the library.

**Fiction**

Colgan, Jenny	<i>Studies at the School by the Sea</i>
Deveraux, Jude	<i>A Relative Murder</i>
French, Nicci.	<i>Has Anyone Seen Charlotte Salter?</i>
Garcia Marquez, Quindlen, Anna	<i>Gabriel Until August</i>
Patterson, James	<i>After Annie</i>
Ryan, Jennifer	<i>#1 Lawyer</i>
	<i>The Underground Library</i>
Scottoline, Lisa	<i>The Truth about the Devlins</i>
Steel, Danielle	<i>Never Too Late</i>
Unger, Lisa	<i>The New Couple in 5B</i>

**Non-Fiction**

Coldstream, Catherine	<i>Cloistered: My Years as a Nun</i>
Goch, Brad	<i>Radiant: The Life and Line of Keith Haring</i>
Kaplan, James	<i>3 Shades of Blue: Miles Davis, John Coltrane, Bill Evans, and the Lost Empire of Cool</i>
Mosconi, Lisa	<i>Menopause Brain: New Science Empowers Women to Navigate the Pivotal Transition with Knowledge and Confidence</i>
Newport, Cal	<i>Slow Productivity: The Lost Art of Accomplishment Without Burnout</i>
Robinson, Marilynne	<i>Reading Games</i>
RuPaul	<i>House of Hidden Meanings: A Memoir</i>
Rus, Daniela	<i>Heart and Chip: Our Bright Future with Robots</i>
Sciutto, Jim	<i>Return of Great Powers: Russia, China, and the Next World War</i>



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Scott Young



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# The New Year and Aggregate

By John McNie



In 2024, the only certainty in Puslinch, greater than the sun and property taxes both rising, is the appearance of yet another gravel pit application.

I know the sun rose today (surprise) and I received my tax letter in the mail (no surprise).

So, it was also no surprise when a sign appeared February 1st on the Lake Farm property, Concession 2 announcing an application for more changes to the County Official Plan, to be followed by changes to the Township Zoning Bylaws and a request to the province for another gravel pit license.

This particular below-water-table (BWT) pit application concerns two hundred acres on the west bank of our Township's Mill Creek composed of 60 percent perfect farmland that puts food on our tables year after year, and 40 percent wetland that stores our water and protects us from worse flooding than we had in 2023.

It is 80 percent bordered by either the Creek or its tributaries as well as a thousand more acres of wetlands forming a huge swath of forest through the centre of our Township that cleans our water and air and provides a home for thousands of deer,

heron, bees and more, all of which makes Puslinch such a special place to live.

The Mill Creek itself is a federally recognized cold-water fish habitat, which means sparkling pools are home to brown and brook trout.

Officially, (and this is just bureaucracy), the Township zones this farm Natural Environment and the Official Plan designates it Core Greenland with no Mineral Extraction Overlay (which means not considered to have significant aggregate value).

There is already an almost two-thousand-acre BWT aggregate pit sprawl on the east bank of the Mill Creek. This sprawl on multiple occasions has required significant and questionably reliable repairs to correct Mill Creek and/or wetland problems caused by aggregate extraction (Ministry of Natural Resources, Township).

This application is especially irresponsible because the Concession 2 rural community has already been defined as "broken by the aggregate industry", (consultant reports, sub-watershed study), and now they want more.

Having grasped at this Lake farm property, the industry has also quietly purchased additional farmland further to the east of this sprawl while making purchase enquiries to prime farmland owners further to the west, putting our remaining community and its supporting environment at even greater risk.

As a script for a horror movie this sounds great but as a script for a healthy, livable rural community, it pushes all the wrong buttons.

Our Township has clearly stated their opposition to any more below-water-table pit licenses in Puslinch until the province clarifies the aggregate situation (presently licensed reserves, dormant pits, progressive rehabilitation, taxes, excess soil dumping in pits and quarries etc.). That's only fair.

Please, before aggregate extraction turns Puslinch into the next "Great Lake", express your support (now, today this minute) for our Council's opposition to more below-water-table pits with a call, email or letter to Mayor Seeley ([jseeley@puslinch.ca](mailto:jseeley@puslinch.ca)).

Equally important, let our County Councillor Bulmer ([matthewb@wellington.ca](mailto:matthewb@wellington.ca)) and our provincial MPP Arnott ([ted.arnottco@pc.ola.org](mailto:ted.arnottco@pc.ola.org)) know how important it is that their levels of government support Puslinch's informed community decision.

For further details contact us at [millcreekstewards@gmail.com](mailto:millcreekstewards@gmail.com).

## The Freehub Community Bike Centre

The Freehub Community Bike Centre is a do-it-yourself, volunteer-run, donation-funded program that operates in the Guelph Tool Library.

Everyone is welcome to visit, and can access a repair stand, common bike tools, common replacement parts, and assistance from our volunteer mechanics.

Our Winter 2023 walk-in hours are: Tuesday 5:30-7 pm Saturday 1-5 pm Appointments can be booked online for time slots during any GTL hours.

We require minimum 48 hours in advance of booking to ensure we have adequate staffing to serve you. We will contact you to confirm your booking after you submit the form.

If possible, please provide a brief description of the type of work you want to complete during your time so that we are best suited to help you.

Guelph Tool Library - [freehub@guelphoolibrary.org](mailto:freehub@guelphoolibrary.org)

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# Soldiers of the Gore

By Marjorie Clark

The Gore lots across south Puslinch were given to British military veterans in the early years of settlement.

These men were professional soldiers from a young age, possibly 14, 15, or 16. They were not sawyers or farmers and could not make use of their reward.

If they did view their Puslinch properties, the sight of their vast tracts of forested wilderness caused them to hasten back to the civilized comforts of the town of York, now Toronto, or a growing centre, such as Guelph, unlikely to return.

However, they did see the investment potential and kept ownership of the land, some for a few years and some for their lifetimes. Thus, settlement began in the Gore about 1842, later than other sections of the township.

Captain Ogden Creighton, sometimes spelled Crichton, was born in England c.1800. He was living in York in 1833. He sold lot 20, rear of the Gore, to two Toronto merchants in 1851 and died on Jan. 1, 1852 in York.

Captain Phillip De Grassi was born in Rome, Italy on May 15th, 1793. He married an English woman, Charlotte Hearn, in Carlsbrooke Hampshire, England in 1813 and served with the British forces in Antiqua in 1813, where their son, Alfo, was born. From 1833 to 1839, records show, that he lived in York, Ontario. He died Jan. 25th, 1878. at his daughter's home in Orillia and was buried in St. James Cemetery in York.

George Thomas Lamprey was born in Dublin, Ireland, in 1783, son of George Lamprey. He was a Captain in the 82nd Prince of Wales Regiment and served in the Peninsular War under Wellington.

He saw a great deal of service and was wounded at Lundy's Lane. He was Colonel of the 6th Gore Militia. He was granted 801 acres in the Gore - Lot 10 front, Lot 11 front, Lot 12 front, all of Lots 16 and 17, and 3/4 of Lot 19 front. He lived in Guelph and died there on Dec. 31st, 1838.

James Clark, born c.1786, son of Peter Clark and Florence Wilson of Kilchenzie Parish, Argyleshire, Scotland, served for many years under Sir John Colbourne.

He was Paymaster of the 52nd Regiment of Foot and awarded the Waterloo Medal. He was granted 800 acres on May 5th, 1831.

Sadly, he died from cholera on Aug. 8,

1832, at Hamilton, on his way to settle his land. His elder brother, John (1781-1865), inherited the land and he and a younger brother, Peter (1793-1863), settled south of Puslinch Lake.

Only one soldier, who received a land grant, settled on his land. William Wade Leslie, born c.1796, of Hollybrooke, Fermanagh, Ireland, attended military school in Enniskillen and became an officer in the British military.

He fought at the Battle of Waterloo. For distinguished service, he was awarded 397 acres. Captain Leslie and his family arrived about 1832.

Captain Leslie lived on his land for four years, when his uncle died in Ireland, leaving him heir to his property. Captain Leslie returned to Ireland to dispose of his inheritance there.

On his return, he embarked from Liverpool on Feb. 5th, 1837, on the "Jane and Margaret". The ship was wrecked off the coast of County Wicklow, Ireland, on Feb. 17th, 1837.

All passengers and William Wade's estate settlement were lost at sea. His son, Squire William Leslie, succeeded him on Lot 37, Gore and the Leslies became a prominent family in Puslinch.




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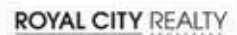
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# Cooks Corner

By Barbara Paterson

*This soup with a touch of curry is one of my favourites - warming and satisfying.*

## Curried Sweet Potato Soup



- 1 tbsp. canola oil
- 2 cloves garlic, chopped
- 1½ cups finely chopped red onion
- 3½ cups vegetable stock
- 3 lbs. sweet potatoes, peeled and cut in chunks
- 1½ tsp. curry powder
- 1 tsp. coriander
- 1½ tsp. honey
- 1½ tsp. ground ginger
- 1 can evaporated milk
- 1½ cups 2% milk
- ½ tsp. salt
- ¼ tsp. pepper
- Dash of cayenne

1. Heat oil in a large pot and sauté onion and garlic until softened.
2. Add stock, sweet potato, curry, coriander, honey and ginger. Cover and simmer until potatoes are tender.
3. Blend until smooth. Add milk to desired consistency. Season with salt, pepper and cayenne.

*A nice chewy cookie! Use fresh cranberries, not the dried ones.*

## Cranberry Pecan Oatmeal Cookies



- 1 cup butter, softened
- 1 cup brown sugar, firmly packed
- ½ cup white sugar
- 2 eggs
- 1 tsp. vanilla
- 1½ cups flour
- 1 tsp. baking soda
- 1 tsp. cinnamon
- ½ tsp. salt
- 3 cups uncooked oatmeal
- 1 cup fresh cranberries, chopped in small pieces
- 1 cup pecans, chopped
- 1 cup white chocolate chips

1. Cream together butter and sugars, add eggs and vanilla.
2. Mix well flour, baking soda, cinnamon and salt and add to butter mixture.
3. Add cranberries, oatmeal and white chocolate chips to batter.
4. Drop by spoonful onto a greased baking sheet and bake at 350°F for 10 to 15 minutes until lightly browned.

# Fun for kids outdoors



Spring is our most popular season. Kids have been inside too long, the world is coming alive, and adventure is on the wind. Guelph Outdoor School Spring Registration opens Wednesday, February 14th, at 10 am for Weekly Outdoor Immersion programs for kids aged 4 – 14.

Give us a call to talk about programs to suit your particular child and get inspired about how nature-connection can support your kid on all the metrics: social/emotional, physical/developmental, and cognitive/academic. Summer camp

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- 4 Age groups between 4 - 14 years
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# Ask the expert

By Sharon Zadorozny

**Question- I love fresh herbs, how do I grow them?**

Fresh herbs are such a wonderful addition to a meal. Buying them, even in the summer, can be expensive and they are not always fresh.

The good news is that herbs are relatively easy to grow, and now is a good time to plan a herb garden.

A herb garden doesn't have to be large; even a space a metre by a metre is a good place to start.

You want a garden you can easily reach into without stepping in it, or conversely you can put in stepping stones. It should be in a location that gets at least six hours of sunshine, has a water source and is close to your kitchen for harvest.

The garden spot should have well drained soil. You should work soil lightly and incorporate organic matter.

The fun then is deciding what to grow. Herbs can be annuals lasting only one season, or perennials that come back every year.

You can grow many from seed though buying seedlings might be a good place to start. Once established, many herbs can withstand or even prefer drier conditions.

Favourite annuals start with basil and parsley. Both need warm weather for germination and growth which often means waiting until June to get them going.



You need to be careful with seedlings; too much water and cool temperatures and they will rot or damp off.

Once established, plants will flourish



in warm weather and pinching new growth will encourage more branching and leaves.

Dill is an annual herb that reseeds every year. It is best started by seed planted early, directly in the garden as it bolts (goes to seed) in hot conditions.



It can be finicky to start in the first year with only a few plants going to seed but usually takes off in subsequent seasons. Seed heads should be removed if you don't want more plants.

Lavender, thyme, sage, oregano and chives are all great sun loving perennials for your garden. Once established they need infrequent watering.



The plants should be trimmed for harvest and size management. Chives are easily divided. The exception is lavender which should be left to bloom as the flowers along with the leaves are used as a herb.

Group these plants together in your garden for easier watering.

Once your herb garden is established, trimming or pinching leaves helps ensure new growth plus keeps perennials from getting woody. And if the plants are getting too large a more

aggressive trim will keep them in check.

Herbs can be used fresh but there are many ways to make the goodness last by drying, putting fresh herbs in oil for short time use or even freezing in ice cube trays with oil. So, this year why not try growing a few of your favourite herbs!

## Seedy Saturday



*"Seedy Saturdays are a remarkable phenomenon. They are not one event, but a series of separate events, which have sprung up across the country, each individually and uniquely organized under the same general themes of encouraging the use of open-pollinated and heritage seeds, enabling a local seed exchange, and educating the public about seed saving and environmentally responsible gardening practices."* -Seeds of Diversity

The Guelph Seed Library is hosting their first Seedy Saturday, which will offer the opportunity to swap and save seeds and to learn gardening skills from local experts.

To accompany this event, we are hosting a variety of vendors who focus on sustainable living and waste reduction.

The event will take place from 10 am to 2 pm on Saturday, March 9th on the main level of Old Quebec Street Shoppes.

We look forward to seeing you there! Registration for workshops and talks is not required, and admission is on a first come, first served basis.

A full schedule will be released on our event page soon. We are looking for a few volunteers to help out with Seedy Saturday. If you'd like to lend a hand, send an email to [info@guelphtoollibrary.org](mailto:info@guelphtoollibrary.org)



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# Emergency Shelter

Last Spring, County staff began working with staff at Stepping Stone and Grinham Architects on the viability of developing 23 Gordon Street in Guelph.

The goal has been to increase the number of emergency shelter beds and transitional housing spaces in downtown Guelph.

The 23 Gordon site is a two-storey building owned by Stepping Stone. Stepping Stone currently operates emergency shelter services on the main level and uses the second storey for administration offices.

Current zoning at the site allows for developments of between three to six stories. Engineering studies for the building indicate that the existing structure could support the addition of one storey.

Grinham Architects has worked with Stepping Stone and the County to develop a project that will support the creation of approximately 24 new

emergency shelter beds and 12 new transitional housing units – in addition to the existing emergency shelter services currently being provided.

## Project Details:

Construction of the project is estimated at \$3.5 million (exclusive of HST, design costs, permit fees, furnishing and equipment).

Staff have secured capital funding for the project in the amount of \$3,941,000 - communication embargos are not permitting staff to announce the sources of funding at this time.

"If experiences of homelessness grow in our community and more shelter space is needed, the floor could be converted from 12 transitional housing spaces into 24 shelter beds," said Warden Andy Lennox.

"This critical project would not be possible without the generous funding the County has received. We look forward to publicly recognizing our funding partners at the appropriate time." "As the Service Delivery Manager for social services in the City of Guelph and the County of Wellington, County


staff will be overseeing the construction management of the project from planning to structural completion, and Stepping Stone will be maintaining ownership of the property," commented Luisa Artuso, Social Services Administrator.

Transitional housing provides individuals with temporary safe and stable housing as an intermediate step between emergency shelters and permanent housing.

Transitional housing is an important part of the housing continuum as it alleviates pressure on the emergency shelter system, helps prevent individuals to return to homelessness, and supports their well-being as staff work with them towards obtaining permanent housing.

Transitional housing can also provide individualized wrap-around support services that could include primary health, mental health, substance use supports, counselling, job training and placement, community activities, and help with life skills.

The tentative completion date for 23 Gordon St is February 2025.



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# Religious Services

*In these ever-changing times, it is wise to double-check the website to determine if in-person services are happening or the event is taking place.*

## ARKELL UNITED CHURCH

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600 Arkell Road at Watson, Arkell, ON  
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519-821-7623  
[www.arkellunitedchurch.ca](http://www.arkellunitedchurch.ca)  
Pastor John Adeyemi  
• Sunday Worship at 10 am.  
• Good Friday, March 29th at 10 am  
Joint Service at Mount Carmel Zion United Church  
• Easter Sunday, March 31st at Arkell United Church  
7 am Sunrise Service at Starkey Hill  
8 am Pancake Breakfast in church hall.  
Freewill offering  
10 am Easter Service

## BAHA'I FAITH

[www.bahaisofpuslinch.ca](http://www.bahaisofpuslinch.ca)  
• You are invited to join us in our study of Reflections on the Life of the Spirit. This is a course leading to a greater understanding of the spiritual nature of human beings. Call 519-767-0636 or email [Isapuslinch@gmail.com](mailto:Isapuslinch@gmail.com) for particulars of dates, times and locations.

## CALVARY BAPTIST CHURCH

454 Arkell Road, Puslinch, ON N0B 2J0  
519-824-1161  
[www.calvaryguelph.com](http://www.calvaryguelph.com)  
Pastors: Patrick Timney and Joe Yang  
• Sunday worship: English 9:30 am  
Chinese 11:30 am  
• Children's Worship: Sunday morning program held during main services.  
• Calvary Youth: For Jr. & Sr. High programs - please go to church website for more information.  
• Adult Bible Study: Thursdays 10:00 am.

## CROSS ROADS BIC CHURCH

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Facebook: *Cross Roads BIC & Cross Roads Youth Group*  
Pastor: Melissa Richer  
*Sunday worship @ home: YouTube 'Cross Roads BIC' or in person via registration @ 'crossroadsbic.eventbrite.ca'*  
[www.youtube.com/channel/UCMKYAskvq1HdGsTiA7UQFsg](http://www.youtube.com/channel/UCMKYAskvq1HdGsTiA7UQFsg).

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519-763-1163 [office@duffschurch.ca](mailto:office@duffschurch.ca)  
[www.duffschurch.ca](http://www.duffschurch.ca)  
[www.facebook.com/duffschurch/](http://www.facebook.com/duffschurch/)  
Pastoral Leader: Rev. Don McCallum  
[donpmccallum@gmail.com](mailto:donpmccallum@gmail.com)  
• Good Friday Pancake Luncheon, Friday  
March 29th, Duff's Church from 10:30 a.m.  
to 12:30 p.m. Suggested \$10 minimum  
donation/person. Proceeds in support of  
Food4Kids through Duff's Outreach.

## EBENEZER UNITED CHURCH

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Webpage: [www.ebenezeruc.ca](http://www.ebenezeruc.ca) - Like us  
Puslinch Pioneer | March 2024 | Page 26

on Facebook  
Minister: Rev. Jeff Werner  
Music Director: John Zadro  
• Regular Sunday Worship, 11:00 am.

## FRELTON STRABANE UNITED CHURCH

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Church Office - 905-659-3380  
[www.freltonstrabaneuc.ca](http://www.freltonstrabaneuc.ca)  
Facebook: *frelton and strabane united church*  
Minister - Rev. Will Wheeler BA M. Div.  
Sunday Worship at 10:30 am  
• Good Friday Service - Friday, March 29th  
at 11 am.  
• Easter Sunrise Service - Sunday, March  
31st at 7:30 am.  
• Easter Sunday Service - Sunday, March  
31st at 10:30 am.

## KNOX PRESBYTERIAN CHURCH, CRIEFF

7156 Concession 1, Puslinch, ON N0B 2J0  
519-824-8757  
[www.pccweb.ca/knox-crieff/](http://www.pccweb.ca/knox-crieff/)  
[www.facebook.com/knoxpresbyterianchurch,crieff](http://www.facebook.com/knoxpresbyterianchurch,crieff)  
• Sunday Worship at 10 am.

## MOUNT CARMEL-ZION UNITED CHURCH

in Morriston at the corner of Church &  
Victoria Streets, Morriston, ON N0B 2C0  
Minister: Rev. Margaret Ruggles  
519-822-8610  
[www.morristonunitedchurch.com](http://www.morristonunitedchurch.com)  
Email: [morristonunitedchurch@gmail.com](mailto:morristonunitedchurch@gmail.com)  
• Sunday Worship at 10:30 am.  
Monthly donations to Chalmers Community  
Services Centre for the month of March is  
canned meat: tuna, salmon, chicken and  
Peanut Butter. Skim milk powder and toilet  
tissue are always needed, and all donations  
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## OUR LADY OF MOUNT CARMEL ROMAN CATHOLIC CHURCH

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519-572-2698 or [rector@stjamesang.ca](mailto:rector@stjamesang.ca)  
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8:30 am Holy Eucharist - Traditional  
10:00 am Holy Eucharist 1st, 2nd, 4th and  
5th Sundays  
Morning Prayer 3rd Sunday  
Sunday School & Nursery at 10 am Service.

# Community Events

*At the Puslinch Pioneer, we like to promote community events and we ask for your co-operation in keeping them under the 50 word count so we can accommodate as many as possible. If your event is taking place outside of Puslinch, or is a for-profit venture, there is a \$25 charge for the listing.*

## ANTIQUÉ & CRAFT SHOW

Date TBD, tentatively Saturday, June 1st. Freelon Strabane United Church, 1565 Brock Rd., Strabane. Do you deal in Antiques? Are you an Artist, a crafter? We are looking for vendors. If you are interested in being a part of this exciting opportunity please contact the Church Office at 905-659-3380 for details.

## BADENOCH MUSIC NIGHT

March 1st and April 5th 7pm at The Badenoch Community Centre 4217 Watson Rd S Puslinch starting at 7pm. First Friday of each month. Everyone Welcome. Info. 519-763-9782.

## BADENOCH WELCOME WEDNESDAY

Open to any and everyone. **Every Wednesday 1 till 4** at The Badenoch Community Centre 4217 Watson Rd S Puslinch. Come for a visit, you might be surprised at what we may be doing. Bring your ideas and stay for a cup of tea. Info. 519-763-9782

## BREAKFAST WITH THE EASTER BUNNY

Whistle Stop Cooperative Preschool is excited to announce our 2nd Annual Breakfast with the Easter Bunny **Saturday March 23rd** at Puslinch Community Centre from 10am - 1:00pm. Pictures with the Easter Bunny - Raffle - Crafts. Cost: \$10 for 10 years and up, \$5 for 3-9 years, 2 years and under free. For Tickets call 519-239-9878. Sold out last year. Limited tickets available.

## COOKING WITH THE SAINTS

**Saturday, March 23rd** at 1 pm. Freelon Strabane United Church, 1565 Brock Rd., Strabane. A fun afternoon of cooking; how to cook and learning about the Saints and then enjoying what we have cooked! Limit of 10 people. Contact Office at 905-659-3380 to register

## EUCHRE

**Friday March 1st** at 7 pm. Freelon Strabane United Church, 1565 Brock Rd., Strabane. For info, call Marie at 905-659-1021.

## GOOD FRIDAY COMMUNITY WORSHIP

**Good Friday, March 29th**, Mount Carmel-Zion United Church will be hosting community worship service at 10am. Olga will be providing music. Following service all are invited to Duff's for Pancake Luncheon.

## GUEST SPEAKER & VINTAGE DESSERT

**Sunday, March 3rd** at 2 pm. A Studies & Studios Event at Freelon Strabane United Church, 1565 Brock Rd., Strabane. Dr. James Tyler Robertson, Assistant

# Inside the Back Page . . .



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Professor of Christian History & Director of Distributed Learning will speak about his book "Overlooked; The Forgotten Origin Stories of Canadian Christianity". Come and listen and enjoy a vintage dessert.

### HOOTENANNY

**Friday, March 22nd** from 7-9 pm at Arkell United Church, 600 Arkell Rd/ at Watson. Sign up for your time in the spotlight or just sit back and enjoy the music

### IRISH STEW SUPPER

**Saturday, March 16th** from 4:30 - 6:30 pm. Freelon Strabane United Church, 1565 Brock Rd., Strabane. Join us as we celebrate St. Patrick with a delicious Irish Stew! \$20.00 per person, \$10 for children under 12 yrs. Call 905-315-8706 to reserve your ticket.

### "IT'S SEW FUN" SEWING GROUP

**Mondays at 10:30 am.** Freelon Strabane United Church, 1565 Brock Rd., Strabane. For info, call Linda at 289-962-6737.

### TECH TUESDAYS FOR SENIORS

**Tuesday March 5 and 19th** at 1 pm. Freelon Strabane United Church, 1565 Brock Rd., Strabane. A time for people to gather, and learn more about Technology. Contact Church Office at 905-659-3380 to register.

### WHEEL OF FITNESS

Freelon Strabane United Church, 1565 Brock Rd., Strabane. **Thursdays** at 10 am. "Flamborough Connects" Trained Instructor. Pre-registration required, call 905-689-7880 or email [admin@flamboroughconnects.ca](mailto:admin@flamboroughconnects.ca).

### WORLD DAY OF PRAYER

A World Day of Prayer service will be held at Mount Carmel-Zion United Church, Morriston, **Friday, March 1st** at 10:00 a.m. All members of the community are welcome. For more info. send a message to [morristonunitedchurch@gmail.com](mailto:morristonunitedchurch@gmail.com).

## Community Announcement

### BIG BROTHERS BIG SISTERS OF GUELPH

Learn to be a kid again! Volunteer mentors needed for local children. Big Brothers Big Sisters of Guelph has five programs with varying levels of time commitment. Call 519-824-5154, email [info@bbbsg.ca](mailto:info@bbbsg.ca) or visit us online at [www.bbbsg.ca](http://www.bbbsg.ca).

### BOOKING AGENTS

#### ARKELL UNITED CHURCH

Contact Peg Lawson at 519-763-8883 or email [schurinklawson@rogers.com](mailto:schurinklawson@rogers.com).

#### BADENOCH COMMUNITY CENTRE

Inquiries call Ami DeVries at 226-979-0355.

#### DUFF'S CHURCH

Contact the church office at 519-763-1163 or email [office@duffschurch.ca](mailto:office@duffschurch.ca).

#### FREELTON STRABANE UNITED CHURCH

1565 Brock Rd. (Brock Rd & 8th Conc W), Strabane, ON. Church Office at 905-659-3380.

#### HISTORIC ELLIS PIONEER CHAPEL

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#### OPTIMIST RECREATION CENTRE AND PUSLINCH COMMUNITY CENTRE

Call 519-763-1226 or email [services@puslinch.ca](mailto:services@puslinch.ca)

#### CROWN CEMETERY PUSLINCH

Crown Cemetery Puslinch is located north of Morriston at Brock Road and Highway 401. It is a non-profit cemetery operated by a volunteer board of managers and a secretary/treasurer. We welcome all denominations for burials. For more information please visit our website at [www.crowncemetery.ca](http://www.crowncemetery.ca) or contact Darlene Harrietha at 519-822-0874 or email [darleneharrietha@gmail.com](mailto:darleneharrietha@gmail.com).

#### EarlyON PLAYTIME

Is a free drop-in program for parents and caregivers with children birth to 6 years. It runs on Tuesdays and Thursdays at the Puslinch Community Centre from 9:30-11:30am. Check the EarlyON Guelph Facebook page for up-to-date cancellations.

#### FREELTON LIONS CLUB

Are looking for new members and volunteers men and women for our club. We sponsored a number of charities over the years. If you are interested in helping or joining please contact Jim Munday at 905-921-0095 or email [jkmunday@bell.net](mailto:jkmunday@bell.net).

#### THE FRIENDS OF MILL CREEK

Meet at the Puslinch Community Centre at 3:30 pm. on the third Wednesday of every month (except August). If you share our passion for protecting this precious resource for future generations, and in developing this resource for the next generation of conservationists, join us. For more information <http://www.friendsofmillcreek.org>.

#### OPP.

If you have a concern about a police matter,

please phone 1-888-310-1122 and request to meet an OPP officer at the Puslinch Township office.

#### OPTIMIST CLUB OF PUSLINCH

Is one of the most active clubs in the Township. Our focus is youth. We meet on the 2nd and 4th Tuesday of each month. Visit [www.optimistclubofpuslinch.com](http://www.optimistclubofpuslinch.com) and fill out an application or call Ken at 519-763-0309 or contact any club member.

#### PUSLINCH FIDDLE GROUP

Meets the 3rd Sunday of each month at Duff's Church, Nanson Hall, from 1 - 4 pm. Come out and bring your fiddle, guitar, etc. and join in some good old fiddle music. Call Paul McDonald 519-763-9764.

#### PUSLINCH LOAN CUPBOARD HOME HEALTH CARE EQUIPMENT SERVICE

is located in Duff's Presbyterian Church.

For assistance call:

Gary Will	519-820-7832
Fred Law	519-767-2462
Dianne Hersey	519-824-6304
Alan Fairweather	519-824-5726
Jen Deter	519-837-5913

#### THE ROTARY CLUB OF GUELPH SOUTH

Meets every Thursday at 7:30 am. Check out [www.rotary7080.org/guelphsouth](http://www.rotary7080.org/guelphsouth) for more information. Contact Celia Clark for membership inquiries: 519-766-1097.

#### METAL RECYCLING BIN - SUNRISE FARM (6920 Conc. 1, Puslinch)

Drop off 'unwanted' metals, e.g. stainless steel, aluminum, copper, tin cans, wire, metal rods, fencing etc. in the 'Gerdaur Ameristeel' recycling bin situated in our parking lot. For more info, contact Lynne O'Brien Sunrise 519-837-0558 x31.

#### WHISTLE STOP PRESCHOOL

Licensed Preschool Program for Children 2.5 - 5 years. Monday, Wednesday and Friday mornings 9:00am-11:30am at the Puslinch Community Centre. For more information visit our website [whistlestoppreschool.com](http://whistlestoppreschool.com) or Contact Sandra Gunson 519-239-9878 or email [whistlestopteacher@gmail.com](mailto:whistlestopteacher@gmail.com).

## Job Mart

#### GRASS CUTTING SERVICE

required for Duff's Church, by the 401. Weekly grass service to include cutting, trimming and removal of debris from mid May to mid October. For details please go to [duffschurch.ca](http://duffschurch.ca)

## Automotive

**ABERFOYLE TRUCK LUBE  
REPAIR AND SALES**  
7 Tawse Place, Guelph  
519 836-3700



**Michael's Mobile Truck &  
Trailer Repair Inc**  
Truck trailer and automotive repairs,  
annual safety inspections  
Aberfoyle 519 780-2710

**VINNIE'S MR. FIXIT**  
Full Service Automotive Repairs  
30 Hayes Avenue 41 Woodlawn Rd. W  
Guelph, ON N1E 5V5 Guelph, ON N1H 1G8  
519.821.8880 519.821.1888

## Bookkeeping



## Cat Boarding

**CatNap Cottages**  
Setting new standards in cat boarding  
Large private suites with windows  
www.catnappcottages.ca 519 766-0511

## Dirt/Gravel Moving

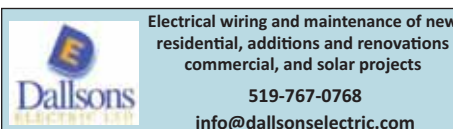


## Moving/Downsizing



## Electricians

**CORE ELECTRIC**  
Residential • Commercial • Industrial  
519.827.7997  
info@CoreElectricGuelph.com  
ECRA/ESA #7009619



## FROST ELECTRIC

**John Frost** 519-829-5105  
john@frostelectric.ca ECRA/ESA #7014426

## Engine Repair

**Frank's Small Engine Repair**  
Repairs to lawn mowers, snow blowers  
and gas powered lawn tractors  
871 Watson Rd. South, Arkell  
519 829-8795

## Farmers' Market



## Financial



## Fire Safety



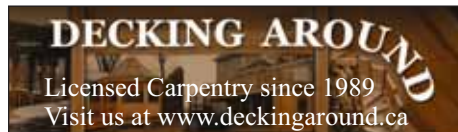
## Health

**SOUTHEND  
NATURAL MEDICINE**  
Dr. Laura M. Brown, Naturopathic Doctor  
southendguelph.ca 519-829-9817

## Home Improvement

**Ball Exteriors Ltd.**  
Siding, Eaves Trough, Windows & Doors  
Soffit, Fascia, Sun Tunnels, Railings  
Free Estimates. Greg Bowles 519-841-0727

**Dave's Home Improvements**  
Repair Work - Aluminum & Vinyl  
Installations 519-835-4018



**FERRARO**  
CONSTRUCTION GROUP INC.  
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Puslinch 519-822-2324

**GBS** **GUELPH BUILDING  
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BUILDING AND LANDSCAPING SUPPLIES  
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**HUBER**  
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Windows ~ Pressure Washing ~ Eavetroughs  
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www.HuberWindowCleaning.com

## Home cont'd.

**PROPERTY MAINTENANCE  
BACKHOE - LOADER SERVICES**  
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Landscaping - Small Retaining Walls  
Mike 519 831-1808

**SHS**  
Concrete driveways  
Concrete stairs  
Decorative concrete  
Excavating  
info.shsconcepts@gmail.com Phone: 519-212-0638

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Jack's Aluminum Ltd 519 822-5000

## Photos

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Guelph, Puslinch & Area  
416-317-3713 maria.phipps@icloud.com

## Restaurant

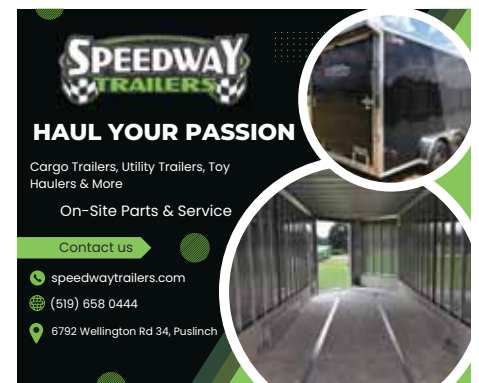
**Space Available**  
Call (519) 763-6564

## Seasonal



**Hayden's Property Maintenance Ltd.**  
Snow Plowing, Sanding & Salting  
PROFESSIONAL LAWN & GARDEN CARE  
Tel: 519-823-2188

## Trailers



## Welding/Fabrication

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MANUFACTURING**  
WELDING, FABRICATION AND REPAIR SERVICES  
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www.abermormanufacturing.ca